

# The Signature

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Naval Air Station Sigonella, Sicily

Friday, May 17, 2002

## 41st Storm highlighted in Italian Aeronautical magazine

By Alberto Lunneta

Community Relations

A recent article published in the "Rivista Aeronautica," the official Italian Air Force magazine, highlighted the mission of the Italian Air Force 41st Storm, other Italian Air Force Tenant Commands, and their great relationships with NASSIG.

The article also features an interview with Colonel Claudio Salerno, the Commanding Officer of Sigonella and of the 41st Storm. In describing the mission, Salerno pointed out that the 41st Storm sets a perfect integration example between Italian military forces. To better illustrate his point, he explained that Italian Air Force crews fly the "Atlantic Breguet" aircraft with Italian Navy personnel. "Although they belong to two different military forces, and they are proud of it, the Atlantic joint crews establish strong ties of camaraderie because they have common goals," said Salerno.

The end of the Cold War brought a diminished need for antisubmarine warfare, one of the main functions the 41st Storm. But new security threats worldwide have required the enforcement of law, including laws against smuggling illegal drugs and migrants. "Last year, the 88th Antisubmarine Squadron conducted over 1,000 flight hours in fighting illegal immigration. Once a vessel transporting illegal immigrants is spotted by our aircraft patrol, we notify the Italian Navy that boards the ship and escorts it to the nearest port," said Salerno.

Regarding the future of 41st Storm, Salerno said that Sigonella would include the 30th Antisubmarine Storm currently located in Cagliari that will soon be closed. "In order to facilitate the relocation of this squadron, we are building new infrastructures including a new hangar, a 120,000 square-meter apron, new barracks in the area of the Catania airport and a new main gate for both bases which will increase the security level of the installation and the safety of the surrounding roads.

As for American presence at Sigonella, Salerno explained that the two military forces live and operate together in harmony, mutually respecting their responsibilities and authorities. Joint activities include, "Crisis Management training" carried out by firefighters and health workers on the flight line or runway, sports, joint security training and exercises such as DOGFISH, a NATO multi-national training including antisubmarine, anti-surface, and coastal surveillance operation.

U.S. Forces in Italy, Salerno added, are governed by the long-standing bilateral NATO SOFA Agreement (1951) and the 1954 Bilateral Infrastructure Agreement (BIA), commonly referred to as the "Shell Agreement," which was also recently integrated by technical agreements such as the Memorandum of Understanding and Tricarico-Prueher Agreement.

"Section VI of the Shell Agreement begins with the quote, 'The base is placed under Italian command.' This means that all U.S. training/operational activities are previously monitored by the Italian authorities through the Italian Commander for approval and coordination according to the regulations of the host nation. All this assures a perfect operational integration between the two forces. Few people know, for instance, that both Italian and American personnel run the air traffic control tower, which is the direct responsibility of Italy. Sigonella air traffic control tower also assist the Reggio Calabria and Catania civilian airports," Salerno said.

Overall, Salerno said the relationships between Italian and U.S. militaries are fruitful, friendly and assure effective cooperation.

## Nelms named Regional Sailor of the Year

By JOC(SW) Priscilla Kirsh,  
Deputy PAO

CE1(SCW) Cajan Nelms is a dynamic petty officer who leads from the front. Her dedication to the Navy, NAS Sigonella, and the Public Works Department led to her selection as Regional Sailor of the Year.

Before becoming a Zone Manager for Public Works, Nelms was the Electrical Branch Operations Petty Officer and Low Voltage Work Center Supervisor, where she led 13 Sailors and 15 local nationals in four work centers. She credits her success to those who have worked for her.

"Not only have I had great support from my chain of command, the Sailors who worked for me made me successful by being

the very best," said Nelms.

"CE1 Nelms is the consummate leader. She has succeeded by placing the interests of her troops and the base first," said Public Works Officer Capt. Robert Raines.

Her work centers' extensive achievements are a testament to her exceptional leadership qualities. Under her direction, her shops executed 48,800 man-days of electrical logistics support, preventive maintenance and repairs.

Additionally, they successfully completed 3,500 service calls and 190 projects with impeccable safety and quality, directly contributing to the department's 29 percent reduction in lost-time accidents from the previous year.

Nelms' leadership skills ex-

tend well beyond her department. She's active in the Sigonella command and the community. "Being successful is not only doing your job to the best of your ability, it's also being active in other areas," she said.

Nelms is the president of the First Class Association and is active in the CFC and Navy/Marine Corps Relief Fund Drives. She plays an integral role in PWD's mentor program and is a coach for Tiny Tots Sports. An indispensable member of the Command Assessment Team, she successfully led 17 members in conducting the command climate assessment.

"One of the keys to being successful is doing things because it's good for you. Being active in

other areas helps you grow both personally and professionally," said Nelms.

Nelms is honored to represent NAS Sigonella as Sailor of the Year. "It's a great feeling to know that your chain of command supports you as much as mine does."

After being selected as the best of the best in the region, Nelms recently spent a week in Rota competing as a finalist in the Commander in Chief, U.S. Naval Forces Europe Sailor of the Year Week.

"It was a great experience for me, I'm so glad to have made it to that level, and I'm thankful for all the support I've gotten."

## CMDMC Mihelich bids farewell

By JOC(SW) Priscilla Kirsh

Deputy PAO

It's more than just a title. It's a vow one takes to take care of junior Sailors, to provide them leadership by example, and guidance when needed. The command master chief is the Sailor's advocate, the direct link between the enlisted community and the commanding officer. He or she spends the majority of the day talking to Sailors, providing support to family members, and briefing the commanding officer on the issues that affect the Sailors he's responsible for. The blue shirt is the command master chief's priority every minute of every day.

In his third tour as a command master chief, CMDMC(AW/NAC) Wayne Mihelich has been taking care of Sigonella Sailors and family members since July 1999. As he prepares for his departure, we reflect on his tour of duty at NAS Sigonella.

### Why did you decide to go into the CMC Program?

I was in VQ 2 as a petty officer second class when I met Master Chief John Craigie. My wife worked for him while she was on active duty and I got to know him very well. I saw the way he did things to help Sailors and their families. Because of his example, I set my sights on becoming a command master chief so I could help others.

### As CMC, what is your main job?

Assisting the command in taking care of military members and their families. I'm also the direct link to the commanding officer for all the enlisted Sailors.

### What is the most rewarding thing about being a CMC?

Being able to help people when they really need it. It's rewarding to help Sailors be productive members of our Navy and also productive citizens when they get out of the service.

### What is the most challenging part of being a CMC?

Working with so many different personalities can be challenging. It can also be challenging working through the system to get things done for people, to get what people actually need.

### How does your tour here at Sigonella compare to previous tours?

Sigonella has been the most challenging because of the amount of work we do here and the size of the command. I came through here in 1977 on detachment and the base was laid back. Today it's the "Hub of the Med," the most important Naval Base in Europe, and are continuously involved in making sure America's national policy is carried out.

### Did you have specific goals in mind when you received orders to be Sigonella's CMC?

I wanted to be a part of the team that could make this the best duty station in the Med. We achieved that as evident by our winning the Installation Excellence Award in 2000.

### After I got here I saw two things that I wanted for the base.

We need the EAWS Program here. We now have it for the Executive Transport Department aircrew. Because of their deployment schedule we were able to get their type duty changed to Type 4, which allows us to have an EAWS program for them. We have also submitted a letter requesting the maintainers at ETD be allowed to participate in the program. We've also been asked for information by the Fleet Master Chief we developed concerning establishing the EAWS program for overseas Naval installations. I've been pushing this program since I arrive in Sigonella, the squeaky wheel gets the grease, and our chain of command is still looking at this issue.

I also saw the need for a Navy Leadership Training Unit here, not only for Sigonella but for the Sailors throughout the Med. We didn't have sufficient courses being taught to get every Sailor the education they need and deserve. The stand up or the NLTU in Sigonella will happen in FY03.

### What are some of the biggest changes you've seen here since reporting?

The recapitalization is the biggest change. This base is finally getting the facilities it deserves for the quality and quantity of work we do, to include new government housing, family housing and barracks, the new NEX/DECA complex and all the MWR facilities coming in the future. I was fortunate to be able to participate in the planning stages for much of this. This is a much better base because of what the people have put into it.

### What did you enjoy most about your tour here?

I enjoyed working with both the team of Americans and the Italians that make up our community. I really enjoyed being part of this team. Without team effort we never would have gotten where we are today.

### What will you miss most about Sigonella?

I will miss the true group of professionals here who care about their jobs and our base.

### Do you have any parting words for the Sailors here?

Enjoy every duty station and make the best of wherever you are. Travel and be part of the local culture. Take the parts of these new cultures and make them part of you, I think you will find you are a better person for it. Always ask the question, if you don't, the answer will always be no. Do what you know is right, a person's integrity is something no one can take away from us, we can only give it away.

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## Italian phrase of the week...

Dove si trovano le spiagge più belle della Sicilia?

(Where are the most beautiful beaches in Sicily?)



## SECURITY BLOTTER



## Helping make the community aware

CRIME STOPPER'S HOTLINE 624-6389

May 06 - May 12

The following incidents were reported and categorized as follows:

- Traffic accidents without injuries - 8
- Traffic accident with injuries - 6
- Car break-ins - 5
- DUI - 1
- DUI's 2002 - 11
- DUI's 2001 - 33

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## Signature

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## Direct Line

Capt. Tim Davison, NASSIG  
Commanding Officer



There seem to be a number of questions raised recently regarding the Flight Line Clinic Sick Call and appointment policy.

The clinic's staff and the Navy IG Quality of Life Survey team recently took a constructive look at the Flight Line Clinic (FLC) appointment process and concluded it is well within standard; however, there is always room for improvement. Both the staff and IG team concluded that performance improvement as well as community-wide education would enable the staffs to deliver better healthcare.

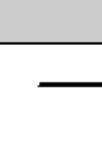
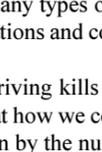
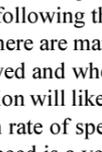
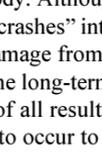
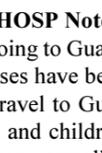
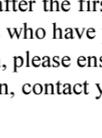
All active duty members should receive their healthcare at the NAS II FLC. Personnel have been assigned a Primary Care Provider (PCP) to improve continuity and quality of care. Every attempt is made to schedule routine healthcare visits with the PCP. Open Appointment Access is utilized at the FLC, meaning patients who are triaged as Acute or Urgent will be worked into the appointment schedule based upon medical urgency and provider availability. Patients with non-urgent medical problems may schedule routine appointments in person at the FLC or by calling 624-6296.

Effective use of Open Access and routine appointments, rather than the former Mass Sick Call clinics, minimizes time away from the workplace and insures that the most ill patients are seen first. To continue to improve patient access and healthcare, the FLC will be making further improvements.

There are now two Triage nurses assigned to the FLC to assist with walk-ins and Triage. This has already reduced patient dissatisfaction, but more importantly helped them see those patients that are "really" sick with minimal wait. The staff is developing a sick call screener program to help meet patient demand and improve the training and morale of our junior corpsmen. There will also be adjustments in the availability of Acute appointments to meet demand.

Naval Hospital Sigonella continues to work on proactively informing the community on healthcare and available treatment. *The Signature* and AFN routinely publicize medical updates, information on wellness, and medical services at the hospital and FLC. The professional medical staffs at the Naval Hospital and FLC are dedicated to providing our community the best medical care and treatment possible. If at any time you have questions regarding healthcare, please do not hesitate to contact either medical facility. Customer Service Representative may be reached at 624-4831/4601.

## School Yard Rules Event Schedule

	Noon	Free BBQ
	1 p.m.	Start Kick ball
	2 p.m.	Hopscotch
	4 p.m.	Tetherball
	6 p.m.	Water tag
	7 p.m.	Dodge ball
	8 p.m.	GEEP
	9 p.m.	Tug of war
	10 p.m.	Four square
		Trike races
		Kick ball con't
		Free BBQ

## The Pulse

### Buckle up for safety

Lt. Cmdr. John Raheb

Contributing writer

Many types of injuries can occur from motor vehicle crashes. They can vary from minor abrasions, lacerations and contusions to broken bones and damage to internal organs of the head, chest, abdomen or spine.

Driving kills more people each year than any other mode of transportation. With that in mind, we look at how we could prevent ourselves from being a statistic. Not everyone obeys the speed limit, that's proven by the number of police it takes to catch "speeders." The real hunt is catching those who do not choose to strap themselves in their vehicle in case of collision. Speeders cause not all collisions, and even following the speed limit could wind up fatal or worse, crippling.

There are many factors involved in the outcomes of these collisions. Most importantly are the speed involved and whether or not there was a seatbelt or airbag used. A seat belted passenger in a low speed collision will likely walk away with minimal or no injuries. The same unrestrained passenger traveling at a high rate of speed might be seriously injured or killed.

Speed is a very important factor in that it dramatically increases the energy of the forces applied to the body. Although the car may crash into a wall, the occupant's body undergoes a "secondary impact" as it "crashes" into the windshield, steering wheel, or console. Seatbelts and airbags are designed to limit the damage from these secondary impacts and thereby decrease the injuries.

The long-term effects of these injuries can be severely disabling, psychologically traumatic, and not least of all result in the loss of ability to stay in the armed forces or hold a job. Truly tragic given they seem to occur to many people in the prime of their lives, and that they are usually preventable.

Save your life, buckle-up.

#### NAVHOSP Note:

Going to Guam? Public health officials in Guam have reported an outbreak of measles on the island. No cases have been reported at the Naval Hospital Guam. However, naval personnel and their families who travel to Guam are still at risk of contracting measles if they are not adequately immunized. All adults and children over 12 months of age should receive two doses of MMR vaccine prior to travel. Children normally receive the first dose of MMR at 12 months. They may receive the second dose 28 days after the first. Children less than 12 months old, children who will not be traveling to Guam, and adults who have previously been immunized do not need additional vaccines. If you will be traveling to Guam, please ensure that you and your family are adequately protected against measles. For more information, contact your primary health care manager.

## Community Relations: NCTS hosts orphanage

By ET3 Charly Williams

Contributing writer

Naval Communications and Telecommunications Station(NCTS) command sponsored orphanage, "Di Casa Famiglia Orphanage Institute", on a NASSIG base field trip recently.

The first stop was to HC 4, where Lt. j.g. Rocky Burns met the children and took them around a static display of an MH-53E. "The children imagined themselves as pilots and crewmembers as they took their turn in the cockpit and as passengers," says YN1 Michael Hall, event coordinator.

After checking out every nook and cranny of the helicopter, the children continued on to NAS II Fire Department. There they received a presentation given in Italian by the NASSIG firemen. The children were able to view many capabilities of the fire engines. "The firemen showed the children how to raise the hook and ladder and discharge fire engine hoses," says Hall. The children also got to try on helmets and oversized boots, allowing them to capture the full effect of what fireman must go through.

From there it was back on the tour van and to the NAS II galley for lunch. The children had a once in a lifetime opportunity to meet the United States Ambassador to Italy, the Honorable Mel Sembler. The children presented the Ambassador with a hand-made gift.

"NCTS sailors had as much difficulty saying good-bye to the children as they had saying good bye to us," said Hall.

Many thanks, and a CO's Bravo Zulu, went out to all of the enthusiastic volunteers; YN1(SW) Michael Hall, ET1(SW) Eric Burns, IT1 Sondralyn Dailey-gray, CE1 James Ulfers, ET2(SW) Jennifer Gibson and ET3 Charly Williams who all agree that today's event was a complete success.



### Chicken Tetrazzini

Bea Cook

Contributing writer

1 can (10 3/4 ounces) Cream of Mushroom or Fat Free Cream of Mushroom Soup  
3/4 cup water  
1/2 cup grated Parmesan cheese  
2 tablespoon chopped fresh parsley or 2 teaspoons dried parsley  
1/4 cup chopped red pepper or pimiento (optional)  
2 cans (5 ounces each) Premium Chunk Chicken Breast, drained  
4 cups cooked spaghetti

Mix soup, water, cheese, parsley, pepper, chicken and spaghetti in saucepot. Heat through.

You can save prep time by cooking the pasta ahead of time. Toss with a bit of oil to prevent sticking and refrigerate for up to three days in a sealed container.

photo



# From the Fleet



## CNO Promises Greater Empowerment for Chief Petty Officer

By JOC Walter T. Ham IV, CNO Public Affairs

WASHINGTON (NNS) — Chief of Naval Operations Adm. Vern Clark vowed to improve growth and development opportunities for the Navy Chief Petty Officer community at the recent CNO/MCPON Senior Enlisted Advisory Panel at the Washington Navy Yard.

"I believe we have under-invested in the growth and development of our Chief corps. I'm going to do everything I can to bring resources to bear to turn that around," the CNO told the Navy's 42 Fleet, Force, Regional, and CNO-Directed Master Chiefs, who represent every enlisted Sailor in the Navy. "I have great expectations on what you are going to bring to this institution."

To train Chief Petty Officers for their new responsibilities, Clark called for the establishment of a Chief Petty Officer University at the Naval Postgraduate School in Monterey, Calif. - similar to the recently established Flag University for Navy's flag officers.

"This is about equipping and empowering the senior enlisted leadership of our Navy so that you can have the kind of impact that is required of you," the CNO said. "You are more than a communications conduit."

The CNO also reemphasized his commitment to Task Force Excel and its impact on mission accomplishment and the personal growth and development of all Sailors.

"We invest in our future by investing in our people," Clark said.

"This is so we can build a fighting machine that is going to bring them back alive. This is so we are able to represent the vital interests of this nation in the far corners of this earth. This is about equipping and empowering people who are able to lead us to that kind of objective."

"Everyone of you are here because you're going to affect thousands of people," the CNO said. "So the hour and a half spent here is touching the whole Navy."

## Military Apprenticeship Program Awards 20,000th Certification

By Ed Barker, CNET Public Affairs Staff

PENSACOLA, Fla. (NNS) — "Join the Navy to see the world and learn a trade" is a slogan that holds true for Sailors who participate in the United Services Military Apprenticeship Program (USMAP). The program recently reached a major milestone by awarding its 20,000th journeyman certificate.

The Chief of Naval Education and Training (CNET) manages the USMAP program, which has been in place for over 20 years. The program is in partnership with the U.S. Department of Labor, and is designed to certify Navy, Marine Corps and Coast Guard personnel in industry-standard occupations.

"The numbers are pretty impressive," said Peggy Johnson, CNET USMAP administrator. "Our Sailors, Marines and Coast Guardsmen have dedicated over 242 million man-hours to the program, which covers 99 percent of current rates or Military Occupational Specialties (MOSs). We currently have over 13,000 active participants in the program, and hope to enroll even more."

Virtually every enlisted person in the sea services can find a program that will result in a professional certificate. For some it is obvious; a hull technician qualifies as a plumber. For others, the correlation takes a little research; a gunner's mate can qualify as an electronics mechanic. The program consists of the servicemember's documented work experience (On-the-Job-Training) and related technical instruction.

The advantages of becoming industry certified can be significant: "I've had Sailors write to me

after retiring from the Navy and tell me the certification made a \$12,000 difference in starting salary," said Johnson. "One Navy cook was hired to work in the kitchens at a Marriott hotel, at a 40 percent higher rate of pay based upon his professional certification."

"Individuals who successfully complete the USMAP are issued a certificate of completion of apprenticeship from the U.S. Department of Labor and are known as the most highly skilled craftsmen in the industry," said Steven Opitz, USMAP team leader for the Department of Labor. "We are working to make sure the private sector recognizes that people in the military are highly trained, experienced workers who are ready to do the job - it's a gold mine for industry."

Apprenticeship is a plus for junior Sailors planning to stay Navy as well. "It really helps the younger guys, say an E-4, to understand their rate," commented Petty Officer First Class James Rutherford, an instructor at the Naval Air Technical Training Center in Pensacola, Fla. "And someone who's new to a command and has earned a USMAP certificate might be placed in a supervisory position much sooner than someone who hasn't."

"It also helps the young Sailors when it comes time for the rating exams," said Rutherford. "The program has you doing things that are directly related to your rate, like tearing down and rebuilding equipment. That first-hand knowledge can help a lot in answering exam questions."

USMAP apprenticeships range in length from 2000 - 10,000 hours, up to 50 percent credit may be awarded based on prior work experience in the applicable trade. A logbook is kept that documents participant's work on a daily basis.

"Time spent documenting work experience is well worth the effort," said Johnson. "Upon transition into the civilian community it's an outstanding way to show documentation of military training and experience in a way that's understandable to civilian employers. Some trade unions even guarantee membership based solely on USMAP certification."

## New Volunteer Orientation

This orientation is required for all new Red Cross volunteers to become familiar with the history and services provided by the organization. Local policies and procedures will also be explained. It will be held on May 28, from 10 a.m. to noon.

## Healthy Pregnancy & Baby

Training will be held at EDIS on May 21, from 4:15 to 7 p.m. Expecting mothers and partners will meet one day a week for three consecutive weeks. The curriculum includes changes of mother and baby during pregnancy, the process of labor (ex: relaxation and breathing methods) and care of the baby after birth. Register at the Red Cross office. Admission fee is \$5 and cost of the book is \$8.

## Road Closures

There will be a NAS II road closure today, from 7:30 a.m. to 7 p.m. due to pavement of asphalt. Road closure will start at the PMO office Bldg. 617 and continue on to Hazmat Bldg. 733. SS 385, located just past Mineo Housing will be closed for construction and will reopen June 7.

## Airline Strikes

The main Italian Airline workers unions (pilots, air traffic controllers, airport clerks and workers) announced a series of potential local and national airline strikes. The strikes have not been confirmed by the airports or union officials. Contact your airline directly for flight information. The Alitalia toll free line is 800-650055.

May 24, from noon to 4 p.m. (Naples Airport)  
May 26, from noon to 4 p.m. (National)

## Fire Safety Tip

Now that winter is almost past, it's a good time to disconnect your bombola heater bottle and store it. If you'd like to transfer the gas bottle from your bombola heater cabinet to a charcoal grill, ensure that you change the nylon "O" ring when connecting to the grill regulator. Check all your connections with some soapy solution to check for any possible gas leaks.

## Win A Trip

MWR is launching the "Celebrate a Monumental Fourth" contest. 10 lucky winners and guest will enjoy the ultimate American holiday to Washington D.C. for the 4<sup>th</sup> of July weekend. To enter, simply go to [www.mwr.navy.mil](http://www.mwr.navy.mil) and select "Saluting Sailors and Their Families," and click on "Celebrate a Monumental Fourth." Contest entries will be accepted now through June 3.

## Stephen Decatur Art Show

Stephen Decatur will be holding its annual student art show May 28 through June 1. Parents and the community are invited to view the exhibit from 8 a.m. - 3 p.m. daily.

## Sig Teens Can Win

MWR is sending a total of 90 Navy teens (ages 12-17) to camp this summer, all expenses paid! These aren't just any old camp, they could go to:

- ID Tech Camp, Los Angeles
- National Outdoor Leadership, Idaho
- Aloha Adventure Camp, Maui, Hawaii
- High Cascades Snowboarding, Mt. Hood, OR
- Theatre Camp, Columbia Gorge School of Theatre
- Woodward X-Sports, Woodward, Penn.
- Learn to Sail in the Caribbean, Tortola, Virgin Islands
- Mountain View Soccer Camp, Lake Placid, NY
- Sea World/ Bush Gardens Adventures, San Antonio

Simply log onto [www.mwr.navy.mil/mwrprgrms/youth\\_scholar.htm](http://www.mwr.navy.mil/mwrprgrms/youth_scholar.htm), submit your entry to win. Don't just sit around all summer, have something to talk about on the first day of school!

## LDO Packages

If you are submitting a LDO package for FY-04, you can find some good information at [www.persnet.navy.mil/pers211/index.html](http://www.persnet.navy.mil/pers211/index.html), or call Lt. j.g. Lewis at 624-9202.

## EOD Is Looking For You!

Do you have what it takes to be a Navy EOD Technician? The only way you'll know is by taking the screening test. Here in Sigonella you're lucky to have EOD Mobile Unit Eight onsite, they'll give you all the necessary information and support you'll need to make it all the way. Dive in by calling EN1(EOD) Schmitz at 624-6411 or log onto [www.sicily.navy.mil/eod/eod.htm](http://www.sicily.navy.mil/eod/eod.htm), don't hesitate, do it today!

## Parking lot blues

By YN2 Edward Poole

Contributing writer

You drive around and around, looking, searching for a space to park in. After several times through the lot you notice a space (even though it's not a legal space) that you could fit your vehicle in. You tell yourself "you'll hurry and get back from running errands;" or maybe you're late for work, and don't feel like parking far away, so you park on a road side or a yellow curb.

Even though the parking on NAS I and NAS II is a major issue right now, parking illegally is not the answer. In fact, it only causes more problems; congesting parking lots, impeding the flow of traffic for buses and blocking emergency vehicles on roadways.

If caught, it will eventually keep you from driving on-base or losing your gas coupon privileges. If you're caught parking illegally on-base three times in a year, you will lose your base driving privileges for 30 days. If you continue to park illegally after the 30 day suspension and acquire three more parking citations (equaling six), you will lose your gas coupon privileges as well. Have you noticed what gas would cost out of pocket?

The Commanding Officer and Security are getting tough on illegal parking. There are already several personnel who will receive a 30 day suspension letter soon, and approximately 64 Sigonellans have been issued at least two citations already this year.

A good solution is using the alternate parking areas. Public Works Department has been working adamantly toward relieving some of the parking stress. Until the parking crisis is completely resolved on both bases, please use the areas that have been provided as well as the current spaces available (spaces clearly marked for parking). On NAS I, lots have been opened west of the Mini Mall as well as off-base parking across from the Navy Lodge. On NAS II, the lot east of the galley always has vacant spaces.

Having your base privileges revoked for 30 days is much more inconvenient than having to drive around a few extra minutes or walk a little. Stress put on single vehicle families would be enormous if you couldn't come on-base to shop, or pick up your children from school.

This situation is not going to change overnight. Being in the military we're taught to adapt to the situation presented to us. Please adapt to the current parking issues and obey the Commanding Officer's policy on parking. If it's not a designated parking space, don't park there.

## Where are your children?

By NASSIG Public Affairs Office

As we approach the warmer weather here in Sicily, our time in the outdoors will increase. There will be more trips planned, more barbecues and more socializing with friends and neighbors.

Before planning your activities, it's important to remember NAS Sigonella's policy (NASSIGINST 1752.2b) on leaving children unattended. This policy is there for the protection of our children and youth.

- Children below the age of 8 may not be left alone for any period of time.
- Children 8 to 9 years of age may be left alone for up no more than one hour, sunup to sundown.
- Children 10 to 11 years of age may be left alone for no more than two hours, sunup to sundown.
- Children 12-15 years of age may not be left alone for more than eight hours at a time, on a day and/or evening basis.

The instruction also provides guidance for appropriate babysitting ages for children.

- Children ages 12-13 years of age may provide care to other children on a day and/or evening basis for no more than four hours at a time.
- Children ages 14-15 years may provide care to other children on a day and/or evening basis for no more than six hours.
- Children 16-17 years may care for themselves and others on an overnight basis.

## Get involved with SAC

By Stephen Decatur School

Last call for candidates for next year's school year! The School Advisory Committee (SAC) is a Department of Defense established and locally elected body charged with advising school principals on matters within the jurisdiction of the school and DoDDS. The next school year will be an exciting one with the division of Stephen Decatur into separate Elementary and Secondary Schools. As announced in the Jag Journal, the SAC is soliciting candidates for membership on the Academic Year 02-03 School Advisory Committees. Vacancies currently exist on the Elementary School SAC (for both parent and professional employee positions) and the Secondary School SAC (professional employee positions only). Persons eligible to serve on School Advisory Committees shall be:

- a) Parents of students enrolled at Stephen Decatur, or
- b) Professional employees at Stephen Decatur, or
- c) in some cases, students enrolled in Stephen Decatur

Eligible individuals who would like to help chart the course for our schools are invited to contact the current School Advisory Committee Chairperson, Mike Fitzpatrick, at 624-6676 during the normal work week or to respond via e-mail to [fitzpatrickm@hc4.sicily.navy.mil](mailto:fitzpatrickm@hc4.sicily.navy.mil). Expect to see ballots forwarded to individual households in the beginning of June."



An E-6 was found guilty of drunken operation of a vehicle and was awarded 45 days restriction, 45 days extra duty, forfeiture of \$1055.00 pay per month, and reduction to the next inferior pay grade.

An E-3 was found guilty of wrongful appropriation and debt, dishonorably failing to pay. The member was awarded 60 days restriction and reduction in rate (suspended for six months).

An E-3 was found guilty of drunk and disorderly and was awarded 45 days restriction, 45 days extra duty, reduction to the next inferior pay grade, and forfeiture of \$619.00 pay per month for two months (suspended for six months).

An E-3 was found guilty of assault and was awarded 30 days restriction and 30 days extra duty.

An E-3 was found guilty of unauthorized absence and disorderly conduct, drunkenness. The member was awarded 60 days restriction, forfeiture of \$619.00 per month for two months, and reduction to the next inferior pay grade.

An E-2 was found guilty of failure to go to appointed place of duty and assault consummated by battery. Member was awarded 45 days restriction, 45 days extra duty, reduction to the next inferior pay grade, and forfeiture of \$552.00 pay per month for two months (suspended for six months).

By Alberto Lunetta  
Community Relations

# Italian News

## SICILIAN CULTURE AND LIFESTYLE

### Sigonella participates in Nissoria Sept. 11 Memorial

On May 11, a delegation from NAS Sigonella took part in a touching memorial and



Photo courtesy of Dr. Mario Chiara

**Capt. Tim Davison, NASSIG Commanding Officer and Dr. Rino Francaviglia unveil a memorial stone carved in honor the victims of the brutal Sept. 11 attacks.**

dedication ceremony that was held in a small park located in the historic heart in Nissoria, a town nestled in the Erei Mountains in the Enna province.

Capt. Tim Davison, NASSIG Commanding Officer, and Capt. Thomas Dansak, Command Chaplain, and Dr. Rino Francaviglia, a representative from the American Consulate in Naples joined the local civilian and military authorities in attending the event.

Lieutenant Col. Andrea Pace also participated in the ceremony representing the Command of the Italian Air Force 41<sup>st</sup> Storm.

Dr. Angelo Marco Murgio, mayor of Nissoria and Dr. Mario Chiara, a member of his staff, organized the event that included the emotional unveiling of a memorial stone to honor the victims of the brutal Sept. 11 attacks.

Two sons of Italian immigrants to Nissoria, who were also among the ones who left for work at the Twin Towers the morning of Sept. 11 and never returned, were also honored during the dedication of the park.

After the dedication ceremony, the small but talented Nissoria City Band performed the Italian and the American anthems drawing cheers and applause from the attendees which also included family members of the two people lost at the World Trade Center.

"Our hearts and souls come together on this day to remember specifically those two Sicilians as well as all the citizens of the world who were sacrificed in a terrible, unbelievable fit of aggression. I am honored to be a part of the ceremony today, as well as a guest in your beautiful town. I'm also very grateful for the friendship you extend to me and the rest of Naval Air Station Sigonella,"

Davison said during the ceremony.

Following the ceremony, the NASSIG delegation and the other authorities visited the Nissoria cathedral and the local "Museo Etno-Antropologico e della Cultura Contadina," (an amazing museum located inside the renamed "Sept 11. Park") which preserves archaeological ethnographic, historical and folk-art objects related to the customs and the life of local countrymen.

The museum acquaints visitors with work tools, agricultural implements, transportation, food processing, home furnishing (interior of a peasant house), eating tools, footwear, clothing, decorating elements, books, coins, photos, manuscripts and sacred objects such as statues and paintings.

The museum is open every day from 9 a.m. to 1 p.m. and from 4 to 8 p.m. Admission is free.

### "Infiorata" Festival starts

If you want to discover one of the most beautiful Baroque towns in Eastern Sicily, plan to attend the Infiorata (flower decorations), a picturesque festival that will be held in Noto from May 17 through 21.

Noto is a living museum of archeology and arts that has been at the crossroads of different civilizations such as Greek, Roman, Muslim, Byzantine, Arabic, Norman and Spanish.

After a terrible earthquake in 1693, the city was rebuilt in a magnificent rosy stone featuring a unique Baroque style.

Due to its finely ornate decoration and carvings, the city earned the name of "Giardino di Pietra" (garden of stone).

The tradition of decorating the main

streets of the city was originally imitated from the one that is annually organized in Genzano, a small village located in the center of Italy where petals were traditionally spread to decorate the itinerary of a procession honoring the Virgin Mary.

In 1980, the administrators of the time decided to start this festival by inviting the masters from Genzano to decorate Noto with flowers for the first time.

Thus, Sicilian artists learn the techniques of this ancient art and later on to reproduce these artworks.

This year, the Infiorata celebrates the 100<sup>th</sup> anniversary of Walt Disney's birth organizing, as usual, a competition for the best sketches.

Today at 6 p.m. the "Infioratori," (flower decorators) start to fill the drawings with colorful petals and plants until dawn.

Via Corrado Nicolaci, one among Noto's main streets will be covered by a mantel of flowers although smaller decorations will also be set up in some adjoining roads, courtyards, balconies and squares.

On Sunday, a spectacular Corteo Barocco (Baroque parade) featuring over 200 people dressed as 18<sup>th</sup> century nobles, knights, dancers, musicians, flag waivers starts at 3 p.m. from the city public gardens and proceeds throughout the main roads of the historic center.

Musicians accompany the parade playing Baroque music.

Arts and crafts, antique and food fairs will be open all day long in piazza S. Camillo, piazza Municipio (main square) and piazza Mazzini.

## Ad Space



Friday, May 17

Saturday, May 18

Sunday, May 19

Monday, May 20

Tuesday, May 21

Wednesday, May 22

Thursday, May 23

Week at a glance

Week at a glance

# Photo

## HOROSCOPES

**ARIES:** Don't let yourself get rundown. Problems with ear, nose, or throat are likely. Don't let your partner get away with spending too much of your money. Hide your cards and learn to say no. You should feel a little more stable about your position; however, don't be surprised if a job offer comes your way.

**TAURUS:** Be sure to get involved with those who can introduce you to unusual forms of entertainment. Do not expect too much from others. Female members of your family may be difficult to deal with. You will feel so much better about yourself if you can control your addictions. Set your goals and stick to your guns.

**GEMINI:** Things will be emotional with your mate. Make love, not war, and all will be fine. You need to keep busy doing things that you both enjoy. Difficulties with children will surface if you try to break a promise you made. Rest and relaxation may be required; minor health problems will prevail if you don't watch your diet.

**CANCER:** Try not to get involved in other people's problems. Family outings should include visiting friends or relatives. You should be getting into self-improvement projects. People you live with will not be terribly happy with you regardless of what you do this week. Changes at home will be necessary.

**LEO:** You will have to be sure not to burn the candle at both ends. Your irritability will lead to family squabbles. Take time to reevaluate your motives regarding friendships.

**VIRGO:** Be sure to catch up on overdue correspondence and help those you love find solutions to their dilemmas. You can make gains if you look at long-term investments. You may want to have a heart-to-heart talk with a close and trusted friend.

**LIBRA:** You should be doing something special with children. Your input into their activities will help bring you closer together. You can make some favorable changes to your looks. You will attract members of the opposite sex readily, but be careful that you don't spend too much time with a person belonging to someone else. Sudden romance could end just as quickly.

**SCORPIO:** Be sure to spend time helping children with projects that are too difficult for them to accomplish alone. Overstatement will be your downfall. Avoid lovers who already have a relationship, even if it is a bad one. Tell them to get out of the mess they are in and then you'll consider getting together with them.

**SAGITTARIUS:** Get busy doing all those things at home that you have been putting off for so long. Someone you live with will get angry if you are neglecting your duties. You may find out that someone has not been completely honest with you. Be willing to listen, but don't be fooled.

**CAPRICORN:** Get involved in groups that will help you meet established individuals. Romance may be likely if you travel. Make decisions about your professional objectives. Don't push your opinions on others this week or you may find yourself in the doghouse.

**AQUARIUS:** You need to interact with others if you want to expand your knowledge. Reciprocate by offering helpful hints. You can make new friends and experience new things if you do a bit of traveling.

**PISCES:** Take the time to sort out your personal papers and double-check your financial investments. Enjoy the company of relatives this week. Friends and relatives may be hard to take this week. Don't blow situations out of proportion or you could find that others will misinterpret what really happened.



## THE MOVIE CONNECTION



# Photo

### Monster's Ball (Rated R)

This is the story of three generations of racists living and hating in the South today, and the interracial relationship that challenges their prejudice. Hank works at the local prison's death row, where an African-American inmate is being prepared to die. No one in the family is prepared for what happens when Hank falls in love with the widow of the executed man and she doesn't know he was involved with his death, either. Cast: Billy Bob Thornton, Halle Berry, Heath Ledger, Sean Combs.

### Spirit: Stallion of the Cimarron (Rated G)

Follow the adventures of a wild and rambunctious mustang stallion as he journeys through the untamed American frontier. He is captured by the Calvary, is broken, and becomes a mount. Spirit defies being broken, even as he develops a remarkable friendship with a young Lakota brave. He also finds love with a beautiful paint mare named Rain on his way to becoming one of the greatest unsung heroes of the Old West. Cast: Bryan Adams, Matt Damon, James Cromwell, and Daniel Studi.

### TRIVIA

- 1) Before breaking his ankle at the age of 14... had dreams of becoming a soccer player.
- 2) What has the equivalent of sugar-sweetened human sweat and salt concentration?
- 3) Which game was originally called "mignonette" and was invented in a Holyoke, Massachusetts YMCA in 1895 by William George Morgan.

(Answers on page 7)

### Best Sellers-- Running Shoes (under \$100)

	<i>New Balance 835</i>	
	<i>Asics Gel Lyte 2000</i>	
	<i>Nike Air Zoom Elite</i>	
	<i>Adias Taper TC</i>	
	<i>Saucony Grid Swerve Ti</i>	



## They did what?

### Feeling a little bloated?

**A man went to the hospital after he had consumed, along with a large amount of alcohol, the panties of a local stripper. After he sobered up, he waited for the panties to pass through, but they never emerged. He began to feel bloated. That's when the fearless fellow tried to fish them out with a hook constructed from a wire coat hanger. The predictable result; he was not able to snag the panties, but instead ripped gashes along the length of his esophagus. He died from the effects of a massive infection, removing himself from the breeding population.**

## Off the Rack!

### The Score



Frank Oz has a way with story telling, always ready to add a twist or make suspense linger just a bit longer.

Nick (Robert De Niro) is an aging crook waiting for the day to retire, doing odd jobs just to pay off his bills to keep his jazz club alive.

Enter Max (Marlon Brando), Nick's agent in crime, offering a heist that would help Nick retire royally.

The only problem is the heist is in Nick's hometown, where he has decreed he would never do a heist where he could be tracked down.

Of course, that creed is broken once Jack (Edward Norton) is introduced and proves the job could be done.

Jack's alter ego, Brian is a handicap that he uses to enter the high security building as a night crew janitor.

It's only when Jack's regular ego that blocks the way to the score, making a great twist to the average burglar movie.

Oz puts a lot of emphasis on trust in the movie, which I must insist the viewer pays close attention to. There are no trading sides in this movie, but there were times I hoped they all make it out as friends. The fact that you can relate to Nick makes it almost all right for him to actually commit the crimes he does.

I give this movie four stars only because I would have liked a stronger ending, one that would stand up and kick me, leaving me dazed.

All in all, this was a great movie, another one to add to the collection of favorites, and will see again. **JO3 Jay Price**



# Safety in the sun

By SN Michelle Watkins

Staff writer

Staying properly hydrated is an important key to remember during the summer season. Drinking water throughout the day is essential to remaining properly hydrated. If you work out be sure to drink plenty before, during and after. Exercise causes you to perspire and lose water.

Once you are thirsty it means that you are mildly dehydrated. While juices and sports drinks are good for you, water is the best sports drink and hydrates you quicker, according to fitness director Melissa Perkins.

Playing out in the sun can be fun but it can also be harmful to your health. Drink plenty of fluids, be aware of heat illnesses, and look for their warning signs. Heat stroke, heat cramps, and heat exhaustion are common heat illnesses.

Heat stroke is very serious and is considered a medical emergency. It can lead to seizures, coma, and ultimately death if not treated. Warning signs include dry, red skin and feelings of nausea. Heat stroke alters the levels of consciousness and can even lead to disorientation.

Signs for heat cramps include cramping in the abdominals, legs or arm muscles. Heat cramps also cause a person to feel fatigued, hot, and perspire profusely. Dizziness is a common symptom of heat exhaustion.

When these symptoms occur promptly remove the person to a cooler environment. If conscious, give them small sips of cool water. Loosen clothing to regulate body temperature. Never immerse them in water, it will cause them to go into shock. For heat stroke place cold packs in the armpit and groin regions and on the back of the neck to cool off body temperature. Loosen clothing and use a damp washcloth to wipe the face and back of the neck.

Before planning an activity outside, be familiar with the flag conditions. You can find them posted on the front door at both of the fitness centers. Remember the flag conditions can change throughout the day depending on the weather. They are posted for your safety and to make you aware of how hot or humid it is outside. Green flag condition means unrestricted activity. Yellow flag is for people who have been adjusted to the weather 12 days straight in that particular heat environment. Red flag is seasoned personnel who have been working out or have done physical work, or who have been working in that particular environment for 12 weeks. All activity is restricted during black flag conditions.

The gym offers other alternatives to exercising in the heat. Instead of running outside use the treadmill, stair stepper, stationary bikes, or cross trainer. The gym also provides other aerobic sports such as racketball, basketball or volleyball and provides a weight lifting room. Be aware of what time of day it is. Plan your workout earlier in the morning or later on in the day. Minimize the risk of heat illness or sunburn during the worst part of the day, which is 11 a.m. to 2 p.m.

Whether you are planning to go running or to the beach, remember to carry sunscreen. "It only takes one bad sunburn to get skin cancer," said Perkins. Over time over exposure to the sun and lack of sun block can cause skin cancers such as melanoma.

Sunscreens come in many strengths, know which is best for you. Lighter skin tone requires a heavier strength of sun block such as SPF 30 while darker skin tone requires a lesser strength. If skin is sensitive and prone to burning a baby sunscreen with SPF 30 might work best.

Take precautions now to avoid cancer in the future. Routinely check your arms and face. The most important and overlooked place is the back. Check the skin for dark spots, sun freckles and moles, look for changes in color or shape. Is there an irregular color or shape? If so go see your doctor right away to check it out.

Wear clothing that draws moisture away from the body. Wear light colored and breathable fabrics such as cotton. Do not wear too much that it will cause you to sweat heavily, but not too little that will cause you to sunburn and be over exposed to the sun.

Sunglasses do not have to be expensive to protect the eyes. Sunglasses are important and protect the long-term health of your eyes. Results from studies show long hours in the sun without eye protection are linked to cataracts, muscular degeneration and damage to the eye's surface.

Eye specialists encourage consumers to buy glasses that block out 99 or 100 percent of all ultraviolet (UV) light. Some glasses say that UV absorption is blocked up to 400 nm. That is the same as 100 percent UV absorption. The color and degree of darkness does not indicate the lenses ability to block UV light.

Hats also provide extra protection from the sun. According to Perkins hats with a full size brim that cover the neck provide extra shade from the sun and work best when longer periods of time are spent in the sun.

Summer time means vacation, travel, cookouts and fun at the beach.

To enjoy your time stay hydrated, wear the proper clothes and protect yourself from the sun. Next time you plan to enjoy the warm days and sunny skies, remember not to forget your sun block and play safe in the sun.

## Ad Space

# AFN Sigonella television schedule

CET	Friday, May 17	Saturday, May 18	Sunday, May 19	Monday, May 20	Tuesday, May 21	Wednesday, May 22	Thursday, May 23	Friday, May 24	CET
00:00	ESPN News	ESPN News	Late Friday	Sports cont.	ESPN News	ESPN News	ESPN News	ESPN News	00:00
00:30	Movie: Ghosts of Mississippi	Movie: The Man with the			NBA	NHL	NBA	NHL	00:30
01:00				Seinfeld					01:00
01:30				Spin City					01:30
02:00				Entertainment Tonight					02:00
02:30				WWF Superstars					02:30
03:00		Movie: Honeymoon in Las Vegas		America's Black Forum	Inside the NBA		Inside the NBA	ESPN News	03:00
03:30				Meet the Press	Headline News	Headline News	Headline News	Headline News	03:30
04:00	Headline News				ABC World News	ABC World News	ABC World News	ABC World News	04:00
04:30	ABC World News				ESPN News	ESPN News	Headline News	ESPN News	04:30
05:00	ESPN News	Headline News	Headline News	Headline News	ESPN News	ESPN News	Headline News	ESPN News	05:00
05:30	NBC Nightly News	ABC World News	Hour of Power	ESPN News	NBC Nightly News	NBC Nightly News	NBC Nightly News	NBC Nightly News	05:30
06:00	Sesame Street	ESPN News	Creflo Dollar	Sesame Street	Sesame Street	Sesame Street	Sesame Street	Sesame Street	06:00
06:30		NBC Nightly News	Coral Ridge Hour		Sagwa	Richard Scarry			06:30
07:00	Teletubbies	Dragon Tales	Christopher Closeup	Harold and the Purple Crayon	Wheel of Fortune	Wheel of Fortune	Blues Clues	Teletubbies	07:00
07:30	Wheel of Fortune	Clifford	Cafe Video	Wheel of Fortune	Oprah Winfrey	Oprah Winfrey	Wheel of Fortune	Wheel of Fortune	07:30
08:00	Oprah Winfrey	Mary Kate & Ashley	Little Bear	Oprah Winfrey			Oprah Winfrey	Oprah Winfrey	08:00
08:30		Rugrats	Between the Lions		Port Charles	Port Charles			08:30
09:00	Port Charles	Jackie Chan	Family Movie	Port Charles	Guidina Light	Guidina Light	Port Charles	Port Charles	09:00
09:30	Guiding Light	Lizzie McGuire		Guidina Light			Guidina Light	Guidina Light	09:30
10:00	General Hospital	Junkyard Wars			General Hospital	General Hospital			10:00
10:30			Rugrats	General Hospital			General Hospital	General Hospital	10:30
11:00	Headline News	This Old House	Outward Bound	Headline News	Headline News	Headline News	Headline News	Headline News	11:00
11:30	Judge Judy	Motor Week	And the Movies	Headline News	Judge Judy	Judge Judy	Judge Judy	Judge Judy	11:30
12:00	Today	Entertainment Tonight	Headline News	Today	Today	Today	Today	Today	12:00
12:30			Air Force News						12:30
13:00		WWF Smackdown	MLB						13:00
13:30									13:30
14:00	Arthur	my little girl		Winnie the Pooh	Mighty Ducks	Hey Arnold	Rugrats	Arthur	14:00
14:30	The Proud Family	King of Queens		Wild Thornberries	As Told by Ginger	Disney's Mouseworks	Squigglevision	The Proud Family	14:30
15:00	7th Heaven	Enterprise	WWF Superstars	Horrible Histories	Nick News	Croc Files	Pokemon	7th Heaven	15:00
15:30				Even Stevens	The Amanda Show	Bonehead	Men in Black		15:30
16:00	Jeopardy!	Law & Order	Andromeda	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	16:00
16:30	Headline News			Headline News	Headline News	Headline News	Headline News	Headline News	16:30
17:00	CNN	Headline News	NBA	ESPN News	ESPN News	ESPN News	ESPN News	CNN	17:00
17:30	Headline News	Navy/Marine Corps News		Headline News	Headline News	Headline News	Headline News	Headline News	17:30
18:00	The Simpsons	ESPN News		60 Minutes	7th Heaven	The Steve Harvey Show	Dharma & Greg	37th Annual Country Music	18:00
18:30	That 70's Show	Headline News				Bernie Mac Show	Titus		18:30
19:00	Survivor IV	Heroes of Iwo Jima		Survivor IV	Movie: The Simple Life of	Dark Angel	Frasier		19:00
19:30							The Drew Carey Show		19:30
20:00	Alias			Survivor IV Post Show		Boston Public	ER		20:00
20:30									20:30
21:00	Headline News	NHL Playoffs		Headline News	Headline News	Headline News	Headline News	Headline News	21:00
21:30	Tonight Show w/ Jav Leno			Tonight Show w/Jay Leno	Tonight Show w/Jay Leno	Tonight Show w/ Jav Leno	Tonight Show w/Jav Leno	Tonight Show w/ Jav Leno	21:30
22:00									22:00
22:30	Late Show w / Letterman			Late Show w/Letterman	Late Show w/Letterman	Late Show w / Letterman	Late Show w/Letterman	Late Show w / Letterman	22:30
23:00									23:00
23:30				ESPN News	ESPN News	ESPN News			23:30

Ad Space