

The Signature

Vol. 19 No. 38

Naval Air Station Sigonella, Sicily

Friday, September 27, 2002

SECNAVIST creates ban on smoking

By JO3 Jay Price

Editor

Beginning FY-03, Navy MWR facilities worldwide will no longer support smoking inside their establishments.

According to SECNAV Instruction 5100.13b, all MWR facilities must become smoke free and/or have designated smoking areas by Dec. 7, 2002. Locally, MWR will be creating the smoke free environment Oct. 1, two months prior to the deadline.

"We're trying to support the direction the Navy is going in," said Megan Ryan, MWR Director. "People feel like we are trying to control every aspect of their life. It's not that we are trying to control lives, it is that we are following the directives set by SECNAV."

"There is a big push right now for MWR... the highest visible program for program managers is the whole fitness and wellness element. Trying to make sure people take care of themselves," said Ryan.

"Controlling people isn't what MWR is trying to do," added Ryan, "Smoking is not known to be a healthy habit. It's known to take years off one's life, to cause cancer or lung disease. This is an initiative by SECNAV to have a 'Smoke Free Navy' by the year 2010."

Ryan said that many suggestions to build a room inside MWR facilities for people who smoked were received, but it was decided that the outdoors was more pleasing than sitting in a small, smoke-filled room.

Live Wire Manager Al Naylor was pleased by the actions.

"I'm glad the club is going smoke free," he said, "It's a lot better for me and the staff and those who don't smoke."

Naylor said he had gone home

several times feeling as if he couldn't get the smell off, "I feel like an ashtray. When I leave here, I feel like I had grabbed an ashtray and rubbed it all over my skin and clothes. It's disgusting."

While the quality of life might rise, Naylor believes business will slow down after the change for a short while.

According to Ryan, Navy MWR Headquarters is concerned that participation in clubs and bowling centers, places frequented by smokers, may be affected.

An anonymous patron was eager to put their two cents in, saying, "It won't bother me, it might even help me to quit smoking, but I can say that [MWR will] lose a lot of money. If people can't smoke and drink, they aren't going to drink. I do feel like it violates people's rights. Our country is supposed to be free."

No waivers will be granted exempting or extending the smoke-free implementation date for MWR facilities. In a letter dated Nov. 21, 2000, [SECNAV] sent out guidance outlining various options including special ventilation and smoke containment features to comply with the Executive Order. Any facility that has not completed the facility changes necessary to comply with the Executive Order by Dec. 7 must be smoke free.

Along with the ban on smoking in all MWR facilities, the Hospital's Health Promotions department is creating new ways to help people to stop smoking. Tammy Loper, Health Promotions Coordinator, said there are Smoking Cessation classes every Thursday at the Flight Line Clinic. Loper said that all are welcome to attend, including civilians and local nationals.

"We also have classes starting Oct. 3 that will be held in Mineo. Based on some feedback, we found that a lot of people who want to quit aren't able to because their spouse can't quit. In other words, they have one vehicle while living in Mineo and the spouse can't get to the class. So we were thinking about having classes in Mineo so that both husband and wife can attend," she said. "We also started the Stay Quit support groups, which is for people who have already quit and are in the maintenance phase and need some extra support to quit."

The ban on smoking in MWR facilities was not a decision made by MWR or their affiliates. Ryan concluded by saying any ideas on how to make the quality of life better is highly encouraged.

For details on the MWR policy, see SECNAV Instruction 5100.13b or call MWR at 624-5271. Details on Smoking Cessation classes, times and/or the Stay Quit program, contact Health Promotions at 624-4710.

POW/MIA Day



Photo by PH2 Terry Spain

For centuries prisoners have been taken in times of war. From the Civil War, to World Wars I & II, Vietnam, Persian Gulf and Kosovo, over 570,000 Americans became prisoners of war and over 41,000 are missing. POW/MIA day was created to honor those men and women by recognizing them on the third Friday of September. The POW/MIA Freedom Fighters have created a website to honor the missing by keeping people aware. The website can be seen at www.powmiaff.org.

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the fund will vary, and no longer be arbitrary. Federal regulations require a daily revaluation process, called marketing to marking, of all open-end mutual funds, this refers to adjusting the per-share price of the fund to reflect changes in the funds portfolio or asset value, you as the investor know the true value of your investment on a daily basis, as new people invest into or sell out of the fund. Everyone gets a fair share.

On day three, something is found wrong with a by-product of the second company, and the news spreads rapidly. Fearing the worst, investors choose to sell, thus the price losses 50 percent from \$50 to \$25 dollars a share. Of course back at the fund, the assets have declined, too, because the funds assets are entirely in the second company stock. The two shares the fund holds have declined a total \$50, as noted, and are worth just \$50. The accounting department at the fund calculates the losses or the new value per share of the fund by adding up all these assets, now \$5. This is called Net asset value.

Load vs Load, is (Load) simply the investment and how the funds operates, and usually has an application attached to it, all transactions, including purchases, sales and most importantly dividing. Please read the Prospectus very carefully before investing or sending money!



Photo by JO3 Jay Price

Mutual Funds

Article courtesy of Navy News Wire

A mutual Fund is a company that combines, or pools, investor's money and generally stocks or bonds. Ideally, a fund's size and resultant efficiency, combined with experienced manage, provide advantage for investor's that include diversification, expert stock and bond selection, low cost, and convenience.

In terms of Legal structure a mutual fund is a corporation that receives preferred tax treatment under the U.S.

internal Revenue Code. The asset of a mutual fund consist almost entirely of the securities it holds in its' portfolio. The most common type of fund is called an open-end fund, which allows investors to buy and sell stocks in it on a regular ongoing basis.

The mutual fund issues shares of stock to investors in exchange for cash. It is interesting to note that funds do note that funds do not issue a predetermine amount of stock, as do most corporation; new shares are issued as each investment is made. Investors thus become part owners of the fund itself, and thereby the assist of the fund. The fund, in turn, use investor's

cash to purchase securities, such as stock and bonds.

Suppose we start a brand new fund, the you Fly Higher Stock Fund (YFHSF; symbol). On the first day of operation receives \$100 from John Doe. At \$10 pure share, Mr. John Doe receives 10 shares. On day two, YFHSF buys two shares of another company, for \$50 each. We still have a pre share of value of YFHSF of \$10, because the total asset of the fund are still worth \$100 (two shares of the other company at \$ 50 each), and there are still 10 shares of the fund outstanding. However, from this point on, the share value in

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Italian phrase
of the week...

Castagna.



(Chestnut.)

SECURITY BLOTTER



Helping make the community aware

CRIME STOPPER'S HOTLINE 624-6389

Sept. 16 - Sept. 22

The following incidents were reported and categorized as follows:

Traffic accidents without injuries - 10

Traffic accident with injuries - 2

Car break-ins - 3

DUI - 0

DUI's 2002 - 20

DUI's 2001 - 33

The

Signature

The Signature editorial office is located at:

Naval Air Station Sigonella, Sicily

PSC 812 Box 3020

FPO AE 09627.

Telephone: 095-86-5440; DSN 624-5440

Commanding Officer

Capt. Timothy L. Davison

Public Affairs Officer

Lt. Steve Curry

Deputy Public Affairs Officer

JO1 Craig Coleman

Editor

JO3 Jay Price

Staff Writer

SN Michelle Watkins

Community Relations

Alberto Lunetta

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Direct Line

CMDCM(AW/SW/FMF) Anthony Evangelista
NASSIG Command Master Chief



I have had the distinct pleasure of service as Command Master Chief for Naval Air Station, Sigonella for just over a month and appreciate greatly the opportunity to write to you today.

The goal of these short paragraphs will be to share my vision and philosophy regarding leadership (positively influencing people and events) and Sailor development – all with a keen eye toward mission accomplishment. To remain the most powerful Navy in history and assure the freedom of our nation as we engage in our global war on terrorism we must first win the war for people. Often that happens one Sailor (and their family) at a time.

What can you do to lead your Sailors? Glad you asked. First, define Reality and Be positive. In "Leadership is an Art" Max Dupree

writes: "the first responsibility of a leader is to define reality, with the last to say thank you. In between the two, the leader must become a servant and a debtor."

Your positive attitude is central in seeing our young men and women stay with us throughout their first enlistment and consider staying for a career. Given the sacrifice these young people are prepared to make, leadership must remain uncommonly positive. Retired CJCS and now Secretary of State Colin Powell, in his lessons on leadership, charged that "optimism is a force multiplier and the bedrock that supports any leadership plan." Begin with perpetual optimism and never give up. Build on the example of 'Battle Stations' at RTC Great Lakes.

It is a test, a challenge and a confidence builder; it is a significant emotional event for those who go through the process.

One only has to witness the completion ceremony the following morning to see just what it means for those recruits to don the hat of a Sailor emblazoned in gold with the letters "NAVY." Keep that pride momentum alive as you develop your Sailor in your squadron/unit/command.

What else can you do? Serve your Sailors. Balance their day. Plan it, with purpose, skill and knowledge. Focus on respect and results. Stress that character matters: "A Sailor is what a Sailor does," especially when no one is looking.

Covenant leadership requires us to ensure our Sailors have the opportunity to grow smarter, richer and fitter each day. Also, that they have latitude to make mistakes. A structured, well thought out plan that forces the Sailor to exceed his current levels of skill, confidence and wellness keeps our covenant to lead them to personal success, and victory in every mission. Sailors who are confident, capable and respected, win – and stay Navy.

The Pulse

PA continues to show growth

Article courtesy of USNH Sigonella

The number of Physician Assistants (PAs) in the United States continues to grow, with Physician Assistants playing an increasing role in the health care system. The United States Bureau of Labor Statistics (BLS) projects that the number of PA jobs will increase by 53 percent between 2000 and 2010.

The BLS predicts the total number of jobs in the country will grow by 15 percent over this 10-year period.

Here at Sigonella we have three PA's stationed at the Naval Hospital. They are: Lt. Keith Hutchins (Flight Line Clinic), Lt. Mike Morton (Emergency Department / Flight Line Clinic), and Lt. James Rogers (Family Practice / ACC).

PA's are licensed, certified professionals who practice medicine as delegated by supervising physicians.

They provide patient care services that would otherwise be performed by physicians. As part of their comprehensive services, PA's take medical histories, perform physical examinations, order and interpret lab and radiological tests, diagnose and treat illnesses, suture lacerations, assist in surgery, and write prescriptions.

On Oct. 6, PAs in the United States and around the world in the armed forces will celebrate National Physician Assistant Day. It was on that day in 1967 that the first class of PAs (made up of former Hospital Corpsmen, and Army Medics) graduated from Duke University in North Carolina.

PA's are employed by solo physician practices, health maintenance organizations, group practices, nursing homes, and hospitals. PAs also serve as commissioned officers in all branches of the military and serve as members of the White House medical team caring for the President and Vice President.

A national report on PA's, working with physicians as a team, showed that solo physicians who utilize PAs can increase the number of patients seen.

Recent studies conducted by the Kaiser Permanente Center for Health Research found patient satisfaction levels with physician assistants high, ranging from between 89-96 percent.

Aspects of patient satisfaction examined by the study included interpersonal care, confidence in provider, and understanding patient problems.

The US Naval Hospital, Sigonella, is looking for candidates in the local area who would qualify as a Medical Lab Technician or Medical Technologist. Call Mrs. A. Randazzo at 624-3792 or E-mail Arandazzo@sig.med.navy.mil. The closing date is Oct. 7.

Ombudsman recognize volunteers



Photo by SN Michelle Watkins

Stacie Ostrom, Ombudsman Coordinator cuts the ceremony cake as Capt. Tim Davison looks on. NASSIG Ombudsman held their annual recognition luncheon at Sig Inn to recognize Ombudsmen and the hard work they put into the program.



Combined Federal Campaign-Overseas '02 starts Oct. 1 and ends Nov. 15. Campaign representatives are taken from each command in order to reach each person, base-wide, military or civilian, to give them the chance to donate in the largest charity organization. With over 1,400 charities available pledges can go to truly noteworthy causes. For details, contact your CFC keyperson or call Lt. Clarke at 624-5280.



M&M Cookies

By Bea Cook

Contributing writer

1 cup brown sugar (firmly packed)
½ cup granulated sugar
1 cup shortening
2 eggs
1-1/2 teaspoonfuls vanilla
2-1/4 cups flour
1 teaspoon baking soda
1 teaspoon salt
1-1/2 cups M&M's

Cream sugar, shortening, eggs and vanilla. Add flour, soda, and salt. Stir until well blended. Add M&M's. Mix well. Shape dough in 1-inch balls and place on ungreased cookie sheet. Cook for 10-12 minutes at 375°. Enjoy!

S.A.F.

Dogs: 1
Cats: 0
Puppies: 1
Kittens: 3



Call 624-3200 for the Stray Animal Facility if you are looking for a particular animal (ie. Breed, size, color or age).

From the Fleet



Motorcycle Training Now Mandatory For Sailors In Europe

By JO1 Cindy Gill
NAVEUR Public Affairs

LONDON (NNS) – Sailors, civilians and their dependents in Europe who travel by motorcycle are now required to complete a safety course prior to registering and riding their bikes.

For those who have already taken the course, a change of duty station will mean a mandatory refresher course.

“In the last three years, there have been 16 fatal motor vehicle accidents within the NAVEUR Theater, of which 35 percent involved motorcycles,” said Jim Walter, NAVEUR Public Safety Director.

Walter said the numbers are alarming, and the first line of defense is training geared specifically to the countries where the Sailor is based. The U.S. Navy Motorcycle Safety Foundation course provides the curriculum for certification.

It was determined that a change to NAVEUR policy was needed to better educate Sailors who choose to ride motorcycles. According to Walters, the entire NAVEUR Traffic Safety Program is under review.

“We are customizing the Traffic Safety Program to fit our needs in Europe, and hopefully to protect our Sailors,” said Walter.

After reviewing the NAVEUR accident reports, it was apparent that similarities existed in the majority of the accidents.

Motorcycle accident victims had not attended safety training in Europe, and personal protective equipment was not worn or was not worn properly.

According to the accident reports injuries sustained in nonfatal accidents included broken bones, memory loss, leg amputation and paralysis.

The review has prompted the requirement of adding the Motorcycle Safety Foundation (MSF) basic and refresher courses to the program.

In hopes of stemming accidents, the MSF course is designed to make riders aware of the peculiarities of their host country.

“Riding, even driving in Europe is a distinctly different experience than in the U.S.,” said Walter. “Traffic moves faster on some European roads, slow moving vehicles are mixed in with traffic moving at a very fast pace, traffic signs and lights are not always obeyed, merging is conducted at closer tolerances, etc.”

Walter said traffic safety is a challenge to control beyond the front gate at foreign duty stations. Here in Europe, public safety controls out in town aren’t what Americans are accustomed to he explained.

Different cultures throughout Europe have different attitudes toward things like helmets and other personal protective equipment (PPE).

All U.S. Navy personnel in Europe are effected by the policy changes, and are obligated to comply with the requirements, whether on base or not, on duty or not.

Mandatory PPE include helmets that meet or exceed U.S. Department of Transportation standards, impact/shatter resistance eyewear or helmet shield.

Clothing includes long sleeve shirt or jacket and full leg trousers. Full finger gloves and sturdy boots or over the ankle footwear round out the basic attire to enjoy the wind on the road.

Cyclists can be hard for motorists to see. The last item of PPE is a brightly colored reflective vest. In daylight the bright color stands out attracting attention to the rider, and at night, the reflective material makes a nearly invisible rider more visible.

While based in Europe, the list of things to see and experience can be daunting. Tour-

ing by motorcycle can be a fun way to experience other cultures. See the county, but be safe as well.

Defending and Exercising Our Right to Vote

Special message from the Secretary of the Navy

WASHINGTON (NNS) — Since Operation Enduring Freedom (OEF) began, our men and women in uniform have performed magnificently in the struggle against world terrorism. Your valor, on the battlefield and off, at sea and in the air and at military installations across the world inspires all those who cherish freedom.

As we mark the first anniversary of the attack launched against our country, Americans from all walks of life and political persuasions will be rededicating themselves to preserving our way of life. Once again, the United States Navy and Marine Corps will be called upon.

This November, Americans will exercise a sacred right for which so many heroes past and present have sacrificed since this nation’s founding - the right to vote. To those who protect and defend this precious right, I ask that every Sailor and Marine take the time to vote in this year’s elections.

Choosing who we wish to govern our nation is something our enemies find particularly threatening. One way to show them they will not succeed is for every eligible American to vote this year.

If you can, vote. If you are not registered, please do so. If you need assistance, contact your commanding officer or command’s voting officer.

The right to vote is one of those precious things we enjoy as Americans. History tells us that for freedoms to continue, they must be exercised. By voting, you will be sending terrorists a special message: “America will not be intimidated.”

Help the Library

The library is looking for donations of used or unwanted books and/or baked goods for a fund drive to raise money for the Library to buy new books. The donations are needed for Autumn Fest on Oct. 25 and 26. Please contact Kathleen by email at katitaly@yahoo.com or 095-896320. Donations will also be accepted during the Autumn Fest.

Car Fund Raiser

As Fredrick Hunter left the island, he left in the hands of the Navy Chaplains his 1987 Lancia Tempra. Hunter left Lt. Chaplain Myhand the power of attorney to sell the vehicle for \$2,200. Half the proceeds received will go to the Religious Offering Fund. Support your community by owning this vehicle in good faith. To get details, call Chaplain Myhand at 624-5231.

3 Doors Down

3 Doors Down – Live in Concert! The Multi-Platinum Rock Band “3 Doors Down” is coming to entertain Sigonella, bringing a little piece of American Rock n’ Roll overseas as they embark on a goodwill tour for the U.S. Navy! The concert is free and will be held in the NEX Staff Parking Lot. For more information, call 624-5604.

Substitutes

Stephen Decatur High School needs qualified substitute teachers for Middle School and High School. Interested people should contact Maria Bailey at the school at 624-4285 (or fax 624-3248).

Births

August 14, 2002
Cynthia and Christopher White
Marina Irene-Alaniz White
19 inches, 6 pounds 15 ounces

September 4, 2002
Elizabeth and Joseph Amavisca
Isabel Leticia Amavisca
19 ½ inches, 6 pounds 4 ounces

September 4, 2002
Bronwyn and Isaac Philips
Samuel Isaac Philips
20 ½ inches, 9 pounds 9 ounces

September 4, 2002
Corena and Derek Whidden
Emily Lauren Whidden
8 ¾ inches, 7 pounds 5 ounces

September 4, 2002
Mary Grace and Patrick Hughes
Samantha Grace Hughes
19 ½ inches, 7 pounds 8 ounces

September 5, 2002
Aubrey and Jeremy Stalling
Gavin Matthew Stalling
20 inches, 8 pounds 5 ounces

September 13, 2002
Kelly and Gene Wynn
Kara Nicole Wynn
22 ½ inches, 9 pounds 5 ounces

September 14, 2002
Pamela and Gerard Morris
Benjamin Thomas Morris
21 ¼ inches, 9 pounds 1 ounce

September 18, 2002
Dunia and Richardo Webb
Kayla Mariel Webb
18 ½ inches, 5 pounds 12 ounces

September 18, 2002
Niquita Johnson and Roscor Davis III
Roscor Marquise Davis
19 ½ inches, 7 pounds 2 ounces

Recap Update

Phase I Marinai coming soon



Photo by PH2 Terry Spain

Contractors continue work on a fence in preparation for the opening of Marinai.

By JOC(SW) Priscilla Kirsh
Contributing Writer

NAS Sigonella continues to make milestones in the long-term recapitalization project.

Daily work and construction continues, which will result in a full range of top quality facilities upon completion in late 2005-2006.

For those of us who were here at the start of the recapitalization, it’s impressive to see the progress the base has made in the last few years.

One of the next projects scheduled to come on-line is Phase I of Marinai Housing. The first residents to occupy this brand new housing complex will move in mid-October.

“The final inspection for Marinai will be held in the first two weeks of October, then it will be accepted,” said Lt. Cmdr. Leif Ballast.

“Assignments to Marinai will be the third week in October. This will give us time to correct any deficiencies and to grow green yards before occupancy,” said Housing Director Neil Snyder.

Phase I of Marinai includes 88 units. As the lease expires in Oct. for Costanzo Housing, those residents will be the first to occupy Marinai. Eventually, Sigonella will go from 11 total housing units to three.

Phase II, 100 units, is scheduled for occupancy in mid-February, which will include residents of NAS I Officer’s Housing. Paterno Housing residents will follow in August 2003.

Upon completion in FY 2005, Marinai will offer a total of 526 units to the Sigonella community.



By Alberto Lunetta
Community Relations

Italian News

SICILIAN CULTURE AND LIFESTYLE

Bronte hosts Pistachio Festival

Experience the sights and smells of fall in Bronte, a beautiful town on the western slope of Mt. Etna, and plan on attending the famous pistachio festival from Sept. 27 through 29. Festival participants can sample a variety of pistachio-based dishes such as desserts, cakes, ice cream, honey, Nutella (hazelnut spread with a chocolate taste) patisserie and savory dishes such as pasta with *pesto* sauce (made as the usual *pesto* but replacing the basil with pistachio), *ravioli*, *salsiccia* (pork sausage) and *arancini* (breaded rice balls filled with *ragù* and cheese).

The festival also features arts and crafts (made from lava stone and wood) and other local produce such as cheeses, salami and more. Booths will be set up at different sites: piazza Spedalieri (pistachio based dishes), via Cavallotti (food vendors), piazza Giovanni XXIII (local produce), via Madonna di Loreto (antiques) and piazza Gagini (arts and crafts).

The pistachio is one of the oldest cultivated nuts with a history going back 100,000 years. It was first farmed in the Middle East in Iran and Syria from where it spread into Greece and the rest of Europe.

Pistachio is also mentioned in the Old Testament. In ancient times, pistachios were a privilege for royalty and the elite. In the first century AD, Ancient Romans introduced pistachio in Italy and later on, during medieval times, as the Arabs settled in Sicily they brought it from their native lands.

Thanks to its resistance to extreme weather conditions, pistachios are cultivated on the volcanic slopes of Etna.

Bronte boasts the largest pistachio tillage in

Sicily, as it has been cultivated in its area since the second half of the 19th century. Every year 30,000 quintals of pistachios (one percent of the total world production) are harvested in Bronte.

Before you leave the festival, remember to tour some the main town's attractions. Guided tours in English to the local monuments and historic buildings and churches are available daily on request. For more info call 095-7747256.

The *Castello di Nelson* (Nelson's Castle) is a must-see stop. It is located in the neighboring town of Maniace about eight miles from Bronte. The Castle was built in the 18th century on the ruins of a medieval abbey erected on a basaltic rock by Queen Margaret of Navarra in 1173 and belonged to the famous British Admiral Horatio Nelson, the one who defeated the French at sea during the Napoleonic Wars.

King of Naples Ferdinand I gave it to Nelson in 1799 as an award for the support that the British admiral gave him to put down a rebellion that broke out in Naples.

According to historians, Nelson never visited the estate even though his heirs lived in the castle until 1940 when they were forced to leave as Italy declared war on England.

In 1943, after the Allied's landing in Sicily, the Nelsons were given their property back but later decided to sell it to Bronte's Municipality in 1981. Today, the castle's complex is a magnificent museum and a cultural center where art exhibitions and conferences are held.

The castle preserves precious curios and artworks owned by Nelson such as medals, maps, paintings, military dispatches and orders, furniture, archeological findings, clocks, and even a set of glasses and a bottle that the admiral used just before his death, during the Battle of

Trafalgar.

The castle also houses a Norman church where valuable paintings and sculptures are preserved.

Among them is the 11th century Byzantine painting that depicts the Virgin Mary.

Before you leave the castle, stroll through its magnificent four hectare-park featuring gardens dotted with lava stone sculptures, pines, cypresses, willows, ashes, magnolias, horse chestnuts, wisteria, pergolas and rose hedges.

The castle is open daily from 9 a.m. to 1 p.m. and from 3 to 6 p.m. Admission is Euro 2,60 for adults and free for children up to 10 years old. Groups of 10 people pay Euro 1,60. Adults over 65 pay Euro 1,30.

The Sanctuary of the *Santissima Annunziata* is another highlight of the Bronte. It features a renaissance façade and houses precious marble statues by Antonio Gagini and collection of 18th century paintings.

For more information call the Castle ticket office at 095-690018.

Chestnut festival kicks off in Trecastagni

Bring your family to enjoy an amazing chestnut festival that will be held on Sept. 28, 29, and Oct. 5, 6, 12, and 13 in Trecastagni. Booths will be set up in *Piano Pucita*, a park located near the church of San Alfio in the Trecastagni historic center. Festival participants can purchase hand crafted ceramics, wrought iron and lava stone objects and taste some local food such as roasted chestnuts, pistachios, apples, pears, grape, *porcini* mushrooms, cheese, *salsiccia* (pork sausages), cakes and more. The festival is open from 10 a.m. to noon and from 6 p.m. to midnight.

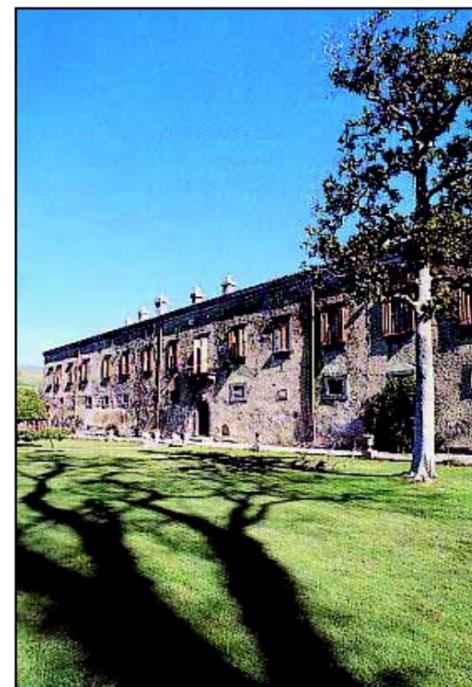


Photo courtesy of Bronte tourist office

The Castello di Nelson (Nelson's Castle) is one of the must-see stops in the Bronte area. Plan to visit it while you attend the famous Pistachio Festival from Sept. 27 through 29. The festival features a variety of pistachio-based dishes such as desserts, cakes, ice cream, honey, Nutella, patisserie and savory dishes such as pasta with pesto sauce, ravioli, salsiccia, and arancini.

Navy knowledge building

JO2 Jd Walter

Task Force EXCEL Public Affairs Office

WASHINGTON, D.C – The Navy's revolution in training is creating new educational tools and opportunities for Sailors throughout the Fleet. Now, Navy education and training is also creating a new way for Sailors to manage their careers via the Internet. The Navy Knowledge Online (NKO), the knowledge management portal, gives Sailors instant access to all training and educational information related to their occupational field.

Knowledge management is the gathering of organizational processes, systems, methodologies, visions, and resources into a centralized location. For Sailors, the knowledge management portal will identify career paths, milestones, and educational tools and opportunities. For the Navy, this will result in greater operational efficiency and eliminate organizational redundancies.

To develop the portal, the Navy has teamed with Appian, a provider of large scale software solutions.

"We wanted to provide every Sailor with a personalized gateway to the Navy's knowledge base for all professional and personal development," said Rear Adm. Kevin Moran, commander Naval Personnel Development Command/director, Task Force for Excellence through Commitment to Education and Learning. "We selected Appian based on their track record."

The faceplate of the portal will be individualized Web pages that Sailors can customize. This portable Web page will be assigned to Sailors during boot camp and will remain accessible throughout their Navy careers. The portal will give Sailors access to the most relevant and up to date career information as easy as point, click, and learn.

"This is going to give Sailors access to what is most important to them, the information required to excel, both professionally and personally," said Moran. "And it is going to allow them to take maximum advantage of the tools and opportunities available to them, no matter where they are stationed or deployed."

To learn more about the development of the knowledge management portal, visit www.excel.navy.mil. To visit NKO visit www.nko.navy.mil.

Family Advocacy Program

By Tonya Sonnier

Contributing writer

Signonella's Family Advocacy Program (FAP) is staffed by dedicated professionals providing counseling and education to the community. Carol Lucius, LCSW, is the Family Advocacy Representative (FAR). Carol relocated to Signonella in March 2001 from Key West, Florida. John Smith, LCSW, is a Family Advocacy counselor and has been with the staff for one year. Alvin Wong, LCSW, is the newest Family Advocacy counselor. Together, Carol, John and Alvin have over 60 years of clinical social work experience. The staff also consists of Cindy Becker, MSW ACSW, Sexual Assault Victim Intervention Program Coordinator, Donna Powers, Youth and Parent Support Coordinator/Ombudsman Program Manager and Suzzy Currey, FAP Administrative Assistant.

The Family Advocacy Program addresses prevention, identification, intervention, treatment and follow-up of spouse abuse, child abuse, child neglect and sexual assault. FAP strives to preserve military careers and promote readiness by strengthening the family unit. When an abuse or neglect case is identified, our counselors provide family, individual, and marriage counseling until the case is resolved. The Family Advocacy Program does not recommend administrative actions, but provides support and treatment to families in need. When necessary, referrals are made to other social service agencies within the community e.g. chaplains, ombudsmen, Emergency Shelter Care. A lending library will be available for public use on Oct. 1, 2002.



Week at a glance

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For information on community events call MWR at 624-5271.

Step with Debbie at 6:30 a.m.

HOROSCOPES

ARIES: Family responsibilities are mounting. Do your job and don't ask for favors. Travel will be favorable and bring you the greatest rewards. Authority figures may be less than accommodating if you have done something deceitful.

TAURUS: You may not get your facts correct this week; double-check before making any statements. Attend to things that you should have done last week. Romance will develop through work related activities. Stick to your own projects and by the end of the week you'll shine.

GEMINI: You can sell your ideas to those who have the money to back them. Pamper yourself for a change. Try to include the one you love in your plans this week.

CANCER: Your ability to ferret out secret information will lead you to an inside scoop on an amazing financial deal. It is best not to upset the apple cart if you learn information that may damage a colleague's reputation. You may have a problem with coworkers if you try to tell them what to do. Take time to catch up on overdue correspondence.

LEO: You may want to take a serious look at your goals and objectives. You may find yourself in a predicament with family members. Arguments could prevail. You need to do your own thing and work on making yourself the best you can be.

VIRGO: You may be tempted to spend too much on entertainment or luxury items. Do not let in-laws upset you. Sudden changes regarding friendships are likely to occur if you have tried to change others. You may want to get involved in some kind of creative group.

LIBRA: Be an observer before getting involved. Money can be made if you use your ingenuity. You can enjoy the company of others and come in contact with an ideal mate, if you get out and mingle. Cutbacks at work will be a cause for worry.

SCORPIO: Unfortunately, your personal life may suffer from a lack spare time. Plan to do things with your faithful pet or with youngsters who have interesting hobbies. Changes in your home may be disruptive and upsetting. You can get good solid advice from relatives or close friends you trust

SAGITTARIUS: Romance could be exciting if you are spontaneous. False information from someone trying to start problems is likely. Love could develop at social events that are work relate. You can make money if you concentrate on producing services or goods that will make domestic chores easier.

CAPRICORN: You may be confused regarding your love life. Make arrangements to meet friends at your local dance club. Take care of any dealings with government agencies. You're on the right track and you can make money if you are willing to go out on a limb.

AQUARIUS: It might be best to spend time fixing up your premises and making changes that will be appreciated. Your outgoing, aggressive nature will attract someone you've been eager to meet. You should be able to get involved in an interesting proposition this week. You will be erratic and quite likely to make personal mistakes.

PISCES: Love can be yours if you get out and about. Your creative ideas must be put to good use. Get the red tape and the unwanted paperwork out of the way. Think of starting a new business or emotional partnership.



THE MOVIE CONNECTION



Theater Schedule

Friday, Sept. 27

5:30 p.m.: Austin Powers In Goldmember (PG-13)
8 p.m.: Blood Work (R) **
10 p.m.: MIB 2 (PG-13)

Saturday, Sept. 28

11 a.m.: The Crocodile Hunter (PG)
2 p.m.: The Country Bears (G)
4:30 p.m.: Eight Legged Freaks (PG-13)
7 p.m.: Blood Work (R)
9:30 p.m.: Austin Powers In Goldmember (PG-13)

Sunday, Sept. 29

1 p.m.: Stuart Little (PG)
3:30 p.m.: MIB 2 (PG-13)
6 p.m.: The Road To Perdition (R)

Monday, Sept. 30

5:30 p.m.: Eight Legged Freaks (PG-13)
8 p.m.: MIB 2 (PG-13)

Tuesday, Oct. 1

5:30 p.m.: K-19: The Widow Maker (PG-13)
8:30 p.m.: Austin Powers in Goldmember (PG-13)

Wednesday, Oct. 2

5:30 p.m.: The Crocodile Hunter (PG)*
8 p.m.: Blood Work (R)

Thursday, Oct. 3

5:30 p.m.: MIB 2 (PG-13)*
8 p.m.: The Road to Perdition (R)

Friday, Oct. 4

5:30 p.m.: Signs (PG-13)
8 p.m.: The Adventures of Pluto Nash (PG-13)**
10 p.m.: Austin Powers in Goldmember (PG-13)

Saturday, Oct. 5

11 a.m.: The Country Bears (G)
2 p.m.: Stuart Little (PG)*
4:30 p.m.: The Adventures of Pluto Nash (PG-13)
7 p.m.: The Road to Perdition (R)
9:30 p.m.: Blood Work (R)

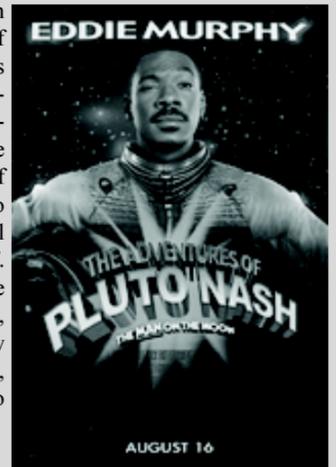
Sunday, Oct. 6

1 p.m.: The Country Bears (G)
3:30 p.m.: Eight Legged Freaks (PG-13)
6 p.m.: Signs (PG-13)

*** Future Re-release **Sneak Preview *Last Showing, (PNO- no children admitted)
(All times and movies are subject to change. For more information on the schedule, call the movie hotline at 624-4248).

The Adventures of Pluto Nash (Rated PG-13)

Pluto Nash, the owner of a nightclub on the Moon in 2087, finds himself in hot water when he refuses to sell his club to the local mob, looking to take over the lunar turf. One of the things Pluto will have to deal with is an evil clone of himself, as he is determined to reveal the identity of the man who is behind all the mischief.



Cast: Eddie Murphy, Randy Quaid, Rosario Dawson.

TRIVIA

What is the first book published in the US?
What is Audrey Hepburn's real name?
In which dictionary can you find the word 'supercalifragilisticexpialidocious'?

In the pilot episode of Seinfeld, what was Kramer's chosen name?
How big was William Shakespeare's vocabulary?

(Answers on page 6)

Best Sellers-- Body Sprays



Caress Refreshing: Botanical Bliss
Aphrodisia Naturals Body Spritz
Caress Refreshing: Wild Blossom
Philosophy Message



Healing Garden Cumber Therapy Mist



They did what?

Free Falling Lessons!

A parachute instructor was videotaping the lessons he was giving to a group of trainees. He had attached the video camera to his helmet so that it would capture the entire day of instruction. The group of enthusiastic beginners went up in the plane, and the instructor led them through preparations for the jump.

When they reached the jump site, the students and instructor jumped from the plane with the tape still running. A few minutes later, the instructor realized that he had been so focused on preparing his trainees for the jump, which needed to be perfect for the sake of the videotaped lesson, that he had forgotten to strap on his own parachute.

Off the Rack!

Life is Beautiful

Roberto Benigni is the clown prince of Italian cinema and *Life is Beautiful* is his masterpiece. Benigni wrote, directed and starred in this amazing film.

But his career has had its ups and downs. Movie lovers with a long memory may remember Benigni's American film debut in *Son of the Pink Panther*, the worst film in the *Pink Panther* franchise, but he's been a major star in Europe for years and he put behind him his early American flop with this film, winner of the Grand Prix at the Cannes Film Festival and the Best Foreign Film Academy Award in 1998.

In *Life is Beautiful*, Benigni is man with a sunny, optimistic personality and an immense love of life who knows the power of imagination and fantasy. Imagine a modern-day Charlie Chaplin with an Italian accent. The movie starts as a romantic comedy featuring Benigni's character Guido's courtship of a lovely schoolteacher named Dora (Nicoletta Braschi). But things don't remain so light. It's Europe in the early 1940s and dark clouds of fascism and war are racing toward Italy. This will change Guido and Dora's world forever.

The film's darker themes combine with the comic and romantic moments to produce emotional reactions all the stronger for the contrast between tears and laughter. The movie covers a number of themes. It examines the importance of optimism, it shows that fantasy is seductive, it looks at the nature of friendship and it demands that we believe that the human spirit can achieve extraordinary feats when the protection of a loved-one is at stake. *Life is Beautiful* is a cinematic balancing act that Benigni pulls off perfectly.

Don't speak Italian? No worries; rent the DVD, which has both the subtitled and dubbed versions.

By JO1 Craig Coleman