



# The Signature

## Signonella, Sicily

Vol. 21 No.3

Jan. 23, 2004

### TOP STORIES

**Philanthropist Elizabeth Kenowsky Fisher, co-founder of the Intrepid Museum, Fisher House and Fisher Armed Services Foundations passed away Jan. 15. At 90, Elizabeth was most known for her lifetime support and commitment to improving the quality of life for the benefit of members of the armed forces, veterans and their families, in company with her late husband Zachary.**

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**In a rating name change that better reflects their professional expertise, Mess Management Specialists (MS) will now be known as Culinary Specialists (CS).**

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**There are many benefits to volunteering with the Red Cross other than another line to fill on your brag sheet. Many people volunteer because they have free time and would like to do something that would benefit their community.**

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**The Stephen Decatur High School Varsity Boys Basketball team easily topped Marymount Royals 55 - 19 on Jan 16.**

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**Naval Air Station Signonella gathered at the NAS I Chapel to celebrate the life of Dr. Martin Luther King Jr. Jan. 16.**

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## From crows to anchors

### hopeful petty officers take E-7 exam



Chief Information Systems Technologist Pamela McCaddin and Chief Information Systems Technologist Christine Hanna talk amongst themselves during the E-7 Advancement Examination held in the Naval Air Station Signonella NAS II Fitness Center. About 381 first class petty officers from NAS Signonella took the exam hoping to don the khakis of a chief petty officer.

Story and photos by JO3 Steve Weaver  
Staff Writer

They came from their homes in Mineo, Maranai, and Motta. They woke up early on Jan. 15, ate a bowl of crispy wheat and cleared their minds of all the studying they've been doing. They entered the NAS II fitness center at 6:45 a.m., sat down and prepared to be tested.

This wasn't just any test. It was the test that can qualify these Sailors for chief petty officer selection board later in the year, making these petty officers into chief petty officers.

After Lt. j.g. Jose Peralta gave the signal to begin the test at 8 a.m., the center which usually is host to the sounds of squeaking shoes and shouts of "give me the ball" was now silent enough to hear a pin drop. The Sailors recalled what they have learned over their careers in the Navy, and in the past few weeks, to apply it to the 200 questions that lay before them.

The 359 Sailors in the Fitness Center, and 22 who took the exam in the galley, are hoping for the sound of another pin, that of a chief's anchor being affixed to their collar. The test brings with it a fair amount of pressure.

"The guys taking the test are all under a lot of pressure because it comes around once a year," said exam proctor ITC Anthony Ellis of NCTS. "You have a lot of time to study, but the pressure is on the day of the test. You have so much competition."

"If you let it get to you the pressure can be great because you get this once a year and your whole career is based on it," said ETC Kieran Fitzpatrick, COMSTA NRTF Niscemi LCPO and exam proctor. "It can be very discouraging to go cycle after cycle and not get promoted to chief."

One Sailor who has taken the exam more than once is MA1 Sidna Hopkins of Security. The key for him was preparation. "Either you prepare or you don't," he said. Hopkins was sure about one thing, though. "It was hard."

The testing environment has gotten more difficult. "The test is 200 questions now, so it's much more military related...general knowledge type questions," said ITC Pamela McCaddin, command career counselor for NCTS and exam proctor. "I think it's a more intensive environment now. People have to work a lot harder to"

Chiefs, page 11



## Fair put on to put the word out about safety

Story and photos by AN Michelle Hartgraves  
Staff Writer

Don't cross the street with out looking both ways. Don't touch the hot stove. You might have been engrained with certain precautions growing up as a child. They were meant to keep you safe and out of harms way. These lessons were given to help prepare you for real life.

Accidents happen everyday around the world. That is why it is important to always think about safety. Precautions today can prevent serious injuries and permanent consequences in the future.

The Safety Department put on a Safety Fair Jan. 16. All bases Navy wide are required to put on the mandatory fair in hopes of reducing mishaps by 50 percent in the next two years as per

Safety fair, page 10



CE1 Sherri Bergeron and CE3 Ryan Trammal discuss their displays during the Safety Fair. Their displays, just one of the Public Works tables, promoted electrical safety.



## Direct Line

**Capt. T.L. Davison**  
**NASSIG**  
**Commanding Officer**

Chief of Naval Operations, Adm. Vern Clark recently came out with his 2004 CNO Guidance...Accelerating our Advantages. I wanted to share with you some of his vision over the next few weeks.

This past year was marked by extraordinary accomplishments. It was also a year in which we learned more about who we are and where we're headed. Our Navy's performance in Operations ENDURING FREEDOM (OEF) and IRAQI FREEDOM (OIF) demonstrated more than just combat excellence. It proved the value of readiness. It highlighted our ability to exploit the vast maneuver space provided by the sea. It demonstrated the importance of the latest technology in surveillance and attack. Most importantly, it reaffirmed the single greatest advantage we hold over every potential adversary: the genius of our people contributing their utmost to mission accomplishment. We at NAS Sigonella should be very proud of the major part we played as a primary logistical supply point for moving personnel and supplies through these areas of operation.

Readiness, advanced technology, the maritime domain, and the genius of our people—these are our asymmetric advantages. We are in a position to continue to build upon and recapitalize these strengths, to innovate and experiment, and to push the envelope of operational art and technological progress. After all, winning organizations never rest—they are always on the move! It is our job as leaders to continuously seek improvements and Accelerate Our Advantages over the coming year. Our ability to project persistent, sovereign combat power to the far corners of the earth now and in the future depends on it.

Of course, many of you are familiar with the CNO's Top Five Priorities: manpower, current readiness, future readiness, quality of service and alignment. Let's discuss manpower. I can't run this base alone. I need each and every Sailor, chief, division officer, department head and civilian employee, whether American or Italian, to lead from the front. Keeping track of our Sailor's progress is paramount in becoming a well-equipped force for the fleet.

We are winning the battle for people. Last year we built on our mentoring culture, emphasized our commitment to diversity, and piloted elements of the *Sea Warrior* structure needed to capitalize on the revolution in training and detailing. The momentum is fantastic. Higher quality recruits, historic retention rates, innovative incentive pay pilots, reduced attrition, competitive reenlistments and detailing, and outstanding deckplate leadership continue to make this the highest quality workforce the Navy has ever seen.

One way to attract Sailors here was the development of the Assignment Incentive Pay that established incentive pay for various geographic assignments. Sailors are now able to compete for select jobs in duty stations across the globe. Right now, AIP for Sigonella is around \$400 per month (\$450 for E7 and above) for all rates except for IT's (which is \$700 for E4-E6 and \$900 for E7 and above).

We have a lot to offer in way of services and experiences for our Sailors and their dependents. NAS Sigonella is the place to come, work and play! Thanks for being here!

## The Pulse

### Provider spotlight



### Dr. Kevin Kahn

*Courtesy U.S. Naval Hospital Sigonella*

Dr. Kevin Kahn is one of the two orthopedic surgeons here in sunny Sigonella. He has been here for a year and a half and came here from his Orthopedic Surgery Residency at Oregon Health Sciences University. Dr. Kahn's goal of practice is to provide high quality, readily available, and easily accessible orthopedic health care to service members and their families and to local national employees. He earned his B.A. at Princeton University followed by his M.D. at Emory University School of Medicine. He is certified under the American Board of Orthopedic Surgeons. Dr. Kahn is an athletic person enjoying hiking, camping, and most sports in general.

**SECURITY BULLETIN**

**CRIMESTOPPER'S HOTLINE**  
**624-6389**  
**Jan. 12 — Jan. 18**

The following incidents were reported and categorized as follows:

- Traffic accidents without injuries - 7
- Traffic accident with injuries - 3
- Car break-ins - 0
- DUI - 1
- DUI's 2004 - 1
- DUI's 2003 - 58

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## Letter to the Editor

Grazie mille, Shipmate Peregrino!

It's been ten days since my family and I left St. Louis en route to our duty station in Bahrain following our holiday leave. Seven long days of waiting in line at commercial airports in Threat Level Orange, waiting for hours on end for AMC flights that were filled to capacity and still being 94th on the Space-A list. Seven long days of staying at Navy Lodges in three different countries and riding in lurching C-5's with a very pregnant wife and a barking two-year-old. Seven long days with my back going out somewhere on the tarmac in Rota, Spain, and punctuated with yet another 24-hour layover in Sicily. Seven very long days.

We finally arrived at NAS Sigonella II on Friday, and were unaware that we'd need to lug our three suitcases, two carry-ons, carseat, diaper bag and stroller to NAS I. We got about as far as the bus stop across from the AMC Terminal, and a certain Sailor driving by on his lunch break took great pity on us. (More than likely he noticed me cursing out my Samsonte luggage that tipped over into the road. Either way, he did stop.)

"You folks look like you could use a ride" he shouted out of his dinged-up, white Navy pick-up truck. I sort of nodded, because I couldn't move my head completely no thanks to the muscle spasms in my shoulder. "OK, I'll pull around and get you. Wait right there," he said.

Petty Officer Reyes Peregrino of HC-4 went out of his way to help us load our luggage and took us all the way to the Navy Lodge at NAS I, and in doing so, demonstrated what it means to be a true Shipmate. It may not have seemed like a big deal to him at the time, but my wife, Jennifer, claimed he was our angel for that day.

I want to publicly thank you, Petty Officer Peregrino—you are a true shipmate, and you really helped us out this past week. I salute you for taking the time to help my family and I when we needed it most, and without our asking.

This may have very well been the most obnoxious week of travel we have ever experienced as a family. But thankfully, Sailors like Petty Officer Peregrino—who actively live out our Navy's core values—helped make it a lot more bearable. BZ, shipmate! With deepest appreciation to Petty Officer Peregrino and HC-4,

**Lt. Garrett Kasper and Family**  
**COMUSNAVCENT, Bahrain**

## NJP results

**E-6 Violation of UCMJ art. 91 (Insubordinate conduct towards a superior non-commissioned officer) Restriction to the limits of Naval Air Station Sigonella (NAS II) for 15 days (10 days suspended for six months); extra duties for 15 days (10 days suspended for six months); reduction to the next inferior pay grade (suspended for six months.)**

## Fire safety: gas appliances

*Courtesy NASSIG Fire Department*

Sigonella residents are reminded to follow all safety precaution signs, labels or manufacturer's instructions when attempting to ignite any gas appliances such as clothes dryers, stoves, bombola or hot water heaters. Recently a Mineo resident was accidentally burned by a hot water heater while attempting to re-light the pilot flame in her hot water heater. The Housing Department has maintenance personnel that will adjust, repair or replace any faulty equipment discovered. The Housing trouble desk for all "block" government housing is 624-4092 or after hours, 335-739-1578.

All station personnel are encouraged not to attempt or make any adjustments or repairs on any gas equipment or devices such as tanks, igniters, meters, regulators or gas sensors. Only a trained licensed technician with the proper tools and experience can make these repairs.

Residents living on the economy are encouraged to replace any out-dated "blue" hose lines which can be found on most bombola heaters, dryer or stove connections. Remember, the date stamped on the blue IMQ rated hose is the date of expiration, not the date of manufacture! Hoses should be changed after 5 years of use, or if it's past its expiration date. Use clamps to secure your connections, and check for any leaks by simply applying a soapy solution to the charged line and tank neck valve. If any bubbles appear, recheck your hose or connections. Keep your spare bombola tanks outside in the shade if possible. Do not attempt to transport a leaking bombola bottle until the gas has completely escaped and the valve is securely closed.

## "Seize the Day"



**By Chaplain Joe Carlos**  
**Command Chaplain**

We've met people who for some reason like to live in the past—the good old days in some assignment—and we've no doubt met Sailors who tell us how great life will be in the future when they leave the Navy—the fantasy of making thousands of dollars a month for little work. The gist of this article is to live today—neither in the past, nor in the future. God engages us in the present moment.

In the classic and powerful film "Dead Poets Society" Robin Williams, the new professor in a boy's boarding school, stands behind a group of students as they gaze at the school's trophy cabinet, and he whispers: "Carpe Diem." There is a great deal of truth in what he teaches them: seize the day. Only a fool fails to learn from past experiences. If we don't learn from our mistakes, our decisions and their consequences, then we can count on repeated failures. We don't live in the past, but we learn from it.

If we have no goals for the future, then we turn the direction of our lives over to emotions and whims. Direction implies definition and discipline. We clearly know what we are about, and we can "turn to" in order to accomplish our goals. Some choices fit

and support our direction; other behaviors aren't even negotiable. They simply don't fit our plan.

Carpe Diem. Seize the day. God engages us in the present moment—not in the past, which is gone, and not in the future that we hope for. If we are here in Sigonella on our first assignment after A school, or if we are an officer here on our twilight tour, it makes no difference. It's true that the senior officer will have more experience and perhaps a network to plug into, but God meets us now regardless of race, religion, rank or anything else. We could be homesick and wondering what to do when the weekend comes, and—if God is good—we get some liberty. Having no car, our possibilities are limited; but there is a bus that brings us to Catania and it's train and bus station. There are ITT trips, like the World War II Battle Tour on Feb. 1 that brings you to the place where the Allied troops first landed on Italian territory. Go for it. Hook up with another Sailor and seize the day—get out of the barracks and take advantage of the opportunities surrounding you.

Let part of your weekend, whether in garrison or out on liberty, be spent with your God in a church, chapel or some sacred space. Carpe Diem. God is with us here and now, in each moment. It's not too much for us to spend some of our time with God. Learn from the past. Hope for the future. God meets us now, in this present time and space.

## NAS Sigonella Worship Opportunities

**Catholic Mass**  
 Saturday 5 p.m. Chapel (NAS II)  
 Sunday 9 a.m. Chapel (NAS I)  
 Sunday 9 a.m. in Italian 41\*  
 Stormo Chapel (NAS II)  
 Sunday 11 a.m. Community Center (Mineo)

**Protestant Traditional Service**  
 Sunday 9 a.m. Chapel (NAS II)

**Protestant Worship**  
 Sunday 9 a.m. Community Center (Mineo)  
 Sunday 10:45 a.m. Chapel (NAS I)

**United Pentecostal Church, International**  
 Sunday Noon Chapel, (NAS II)

**Church of Jesus Christ of Latter Day Saints**  
 Sunday 1 p.m. Chapel (NAS I)

**Church of Christ**  
 Sunday 3:30 p.m. Chapel (NAS I)

**Jewish Shabbat Service**  
 Last Friday of the month 5 p.m. Chapel (NAS I)

**Weekdays**  
 Daily Catholic Mass 11:30 a.m. (NAS I & II Chapels)  
 Wednesday Protestant Bible Study  
 4:45 p.m. (NAS II Chapel)  
 For more details, call 624-4295 or 624-9049.

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# NAVY NEWS

## Military supporter Elizabeth Fisher dies

By JO2 Kimberly Rodgers  
Navy NewsStand Staff

WASHINGTON (NNS) — Philanthropist Elizabeth Kenowsky Fisher, co-founder of the Intrepid Museum, Fisher House and Fisher Armed Services Foundations passed away Jan. 15. At 90, Elizabeth was most known for her lifetime support and commitment to improving the quality of life for the benefit of members of the armed forces, veterans and their families, in company with her late husband Zachary.

Born in Allegheny County, Pa., Elizabeth served overseas with the United Services Organization in World War II, entertaining troops, volunteering for the Veterans Bedside Network and visiting the wounded in field hospitals.

The Fishers were instrumental in transforming the historic aircraft carrier USS Intrepid (CV 11) into a floating museum, contributing millions of dollars to the campaign. Because of their tireless efforts, the Intrepid Sea, Air & Space Museum opened in August 1982.

In 1983, Elizabeth, together with Zachary, a former, prominent New York City builder, formed the Zachary and Elizabeth M. Fisher Armed Services Foundation, through which they made significant contributions to families of military personnel lost in the line of duty, including the families

of the victims of the 1983 Marine barracks bombing in Beirut. The Foundation continues to make contributions of \$25,000 to numerous military families who have lost loved ones under tragic circumstances through the establishment of the Intrepid Fallen Heroes Fund.

In 1990, Mr. and Mrs. Fisher began the Fisher House program, dedicating more than \$20 million to the construction of comfort homes for families of hospitalized military personnel, according to Intrepid officials. More than 30 Fisher Houses now operate at military bases and at several Department of Veterans Affairs medical centers throughout the nation, saving families millions in lodging expenses each year.

In 1995, Secretary of the Navy John Dalton made the announcement that the second ship of the Bob Hope-class of sea-lift ships would be named USSNS Fisher (T-AKR 301) in honor of Zachary and Elizabeth Fisher, for their commitment to improving the quality of life for our nation's Sailors, Marines, Airmen and Soldiers.

Dalton said, "There is no way to repay the Fishers for their decades of support, but this gesture, naming a ship in their honor — is the Navy's way of saying thank you very much."

## Mess Management Specialist rating name changes

From Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — In a rating name change that better reflects their professional expertise, Mess Management Specialists (MS) will now be known as Culinary Specialists (CS).

"The name change more appropriately describes the duties and mission of the rating, aligns the rating with today's commercial culinary profession, and enhances the rating's professional image," said Senior Chief Culinary Specialist (SW) Joe Donellan, rating technical advisor and Supply Corps enlisted community manager.

The rating's progression from cook to commissary man, to mess management specialist, and finally to culinary specialist, is a natural one and in keeping with the Navy's tradition of defining a Sailor's occupation in modern terms.

Mess specialists, page 10



**Mess Management Specialist 1st Class John Myers checks the temperature of lobsters in the enlisted galley aboard the guided missile cruiser USS Princeton (CG 59). Princeton is deployed as part of Operation Strike Force conducting missions in support of Operation Iraqi Freedom.**

## Soggiorno seminar coming soon

On Tues. Jan. 27, the Staff Judge Advocate's office will conduct a Soggiorno Permit application seminar in training room 562A (near the Duomo Conference Center). The soggiorno permit grants permission to stay in Italy assuring compliance with Italian immigration laws. Failure to comply with Italian immigration laws will result in deportation. If you have any questions about applying for permesso di soggiorno, if you need to add a family member to a soggiorno, if you are PCSing to another base in Italy, if your soggiorno or receipt letter has been lost or stolen, please attend the seminar. For further information, please contact Mary Herbert at 624-5154.

## IT's earning A+ certification

Lt. Brandon Davis  
Center for Information Technology

**GREAT LAKES, Ill.** — To ensure Sailors in the information technology field are given the same opportunities to demonstrate technical proficiency as their industry counterparts, the Information Technology Specialist A school introduced Computing Technology Industry Association A+ certification. Recently, class 03290 joined the certified ranks, and made Navy history by achieving 100 percent class certification.

When, in September 2002, the school revised its curriculum to support A+ certification requirements, the pilot classes averaged no higher than 20 percent certification rates. But by integrating graphic intensive presentations and introducing innovative computer component displays, the school made significant improvements in both the delivery and content of the information systems curriculum, with the goal of 100 percent certification.

Additionally, instructors were required to become 100 percent certified and demonstrate curriculum mastery through staff training. But, while many school staff members believe improved instructor training has paid dividends toward improved certification rates, they don't believe that tells the

whole story. IT1 Charles Moore, class 03290 primary instructor, said the key to success is motivation and building a team environment.

"To ensure no Sailor gets left behind, I encourage group studying and teamwork," he said in regard to the importance of leadership and teambuilding in the classroom. "A large part of a class's overall success depends upon how well the class grows as a team and accepts learning as the team's primary mission."

Lt. Todd Dombrowski, school officer in charge, is thrilled about the progress his staff and Sailors have made in the A+ certification process, averaging close to a 90 percent certification rate during November 2003.

"This achievement is a credit to the resourcefulness and competitive spirit of our Sailors. The Navy pays for these professionals to earn an industry certification that will benefit the Fleet, their Navy careers, and beyond, so it is in everyone's best interest to see them succeed."

Increased certification opportunities and curriculum development are just a few of the initiatives underway within the IT community. To learn more, visit the Center for Information Technology page on Navy Knowledge Online at [www.nko.navy.mil](http://www.nko.navy.mil)

## Overseas Housing Allowance, Utility, Move in Housing Allowance survey

From the Manpower Office

The survey is for uniformed service members who live in privately leased housing and receive OHA.

It is very important that you participate, your response affects you and every person in this command.

The data collected in this survey will determine the OHA utility allowance and MIHA for Naval Air Station Sigonella.

**Background.** Annually, the Per Diem Travel and Transportation Allowance (PDTATAC) conducts the OHA utility and MIHA survey to collect utility and recurring maintenance expense data from service members who receive an overseas housing allowance.

Every three years, additional questions are added to collect move-in expenses from service members. PDTATAC uses this data to compute scientifically accurate OHA utility and MIHA move-in allowances for service members world-wide.

**The 2003 Survey.** In the past, the survey was distributed by mail to a sample of service members. Because many service members felt that their utility and move-in expenses were not considered when the rates were calculated, this year all Service members who

reside in privately leased quarters overseas and receive an overseas housing allowance will have an opportunity to complete the survey on the internet.

To complete the surveys, respondents should have actual bills or records of their utility expenses and maintenance expenses for the last twelve months. They will be expected to compute a monthly average for each of these expenses.

For the MIHA survey they will be asked to report actual moving in expenses. Most respondents might find it easier to take the survey at home in conjunction with their spouses. Do not convert your euro expenses to dollars. On the local currency box, please do not put the Euro sign and no decimal points on your numbers. For example, \$107.95 is rounded to \$108.

To log in to the online survey (<http://www.milsurveys.com/OHA>), service members will be asked for their Social Security Number. This is to ensure that the member is eligible to complete the survey; once the survey is completed, responses will be held in strictest confidence.

The survey then issues a "ticket number" which the service

## Sexual Assault Victim Intervention

SAVI offers a Sexual Assault Hotline staffed with trained Advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

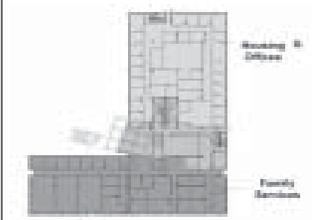


## Administration building

The trailers you've seen in front of the Stephen Decatur School (DoDDS) contain the collateral equipment and furnishings for the Administration Building. The contractor is loading the equipment and furnishings into the building through the end of January and we will start moving people into the building even before they finish. Fleet and Family Services Center and Housing will be moving in first from Jan. 26 to Feb. 11 because they are on the ground floor and we need to demolish their buildings as soon as possible to make way for more parking. The second floor offices including Training, Navy Marine Corps Relief Society and Human Resources Offices will be moved into the building from Feb. 12 to 24. Each of the organization's new office locations in the Administration Building are shown on the attached drawing for reference.

**How SIG 2.3 Affects You:** With the opening of the Administration Building we will open the southern half of the western parking area (98 Parking Spaces) which should provide us some relief from parking congestion.

If you have any questions about SIG 2.3 construction, contact Lt. Darren Hale at [hale@nassig.sicily.navy.mil](mailto:hale@nassig.sicily.navy.mil).



## Living Pattern Survey

All military spouse and single parents (NASSIG/TEN-ANT Commands) are invited to participate in the Living Pattern Survey (LPS). The purpose of this survey is to determine the Cost of Living Allowance (COLA) paid to the servicemembers stationed in high cost overseas locations. COLA helps maintain purchasing power so you can purchase about the same level of goods and services overseas as in the United States. It is noted that there are significant actual cost differences between U.S. and European common market goods and services. COLA is intended to maintain maximum standards.

The questionnaire is designed to identify where and how you purchased goods and services. The viewpoint should be from the actual householder who typically runs the household. The information obtained from this questionnaire is used in planning and completing a separate Retail Price Data Collection that forms the basis for prescribing your COLA. It is very important that you participate!

The LPS survey can be accessed on our website address: <https://207.132.131.134/manpower>. The survey takes approximately 20 to 30 minutes to complete.

Deadline is Jan. 31.

members can use if they wish to complete the survey in more than one session.

In locations where internet access is not possible, please call Manpower Office at 624-6535 or 5719 to request for hard copy.

The time and effort you spend answering the survey questions will enable the Department of Defense to determine accurate OHA utility rates and MIHA.

Deadline for submissions is Jan. 31.

**MOMS Club of Marinai, NAS Sigonella, Sicily. We will be having a Mom's Night Out Open House Saturday, February 7, 2004 at 7pm. We are asking that anyone interested contact me, the Founder and President, Melissa C. at 624-1277.**

## News Briefs

### NMCRS Birthday Celebration

The Navy-Marine Corps Relief Society is 100 years old. Come join the centennial celebration, today from 2 to 3:30 p.m. at the NAS II Galley.

### Spouse Tuition Assistance Program

The Navy-Marine Corps Relief Society is hosting the Spouse Tuition Program. The Application period for 2003-2004 Term 4 is Feb. 9 until March 10. Open only to spouses residing with the active duty service member stationed at overseas locations. The program provides a grant up to 50 percent of tuition to full-time or part-time students enrolled in degree or certificate programs in institutions approved by the U.S. Department of Education. Call for an appointment now at 624-4212 (appointments fill up quickly). Open from 9 a.m. to 4 p.m.

### FFSC Moving

FFSC will close Jan. 26 and reopen on Feb. 2 in their new location, building #319 directly across from the Stephen Decatur School. All Indoc and OCR classes will now be held in the new building after Feb. 2.

### Need a Babysitter

Did you know that the Red Cross maintains a Babysitter's List of NASSIG youth who have completed babysitters training? The list can only be given to persons with current ID cards who must come to the Red Cross office and sign for it. Please take advantage of this free service (only the list is free). There are presently 28 on the list and in areas such as: 205 Housing, Marinai Housing, Mineo Housing, Motto, Misterbianco, Acireale and Santa Maria di Licodia. Call the Red Cross at 624-5446 or 624-5921.

### Volunteers Needed

The Navy Marine Corps Relief Society is currently looking for individuals that are E-6 and above who are responsible, caring individuals who would be able to assist us in carrying our after hours contact phone.

Call Nohealani Pakola, Chairman of Volunteers, NMCRS at 624-4212 or stop by the office.

### Exam Schedule

Navy College will be offering the following exams: CLEP/DANTES/EXCEL/SIOR on Jan. 27, ACT on Jan. 28 and the SAT on Jan. 29 at 7:45 a.m. Results for all exams taken through Nov. 26 need to be picked up at the Navy College Office. To sign up for the exams call 624-2511.



By Alberto Lunetta  
Signature Staff

# Italian News

Sicilian culture and lifestyle

## No more receipts

When I recently read in the news that one can leave a store without being obligated to retain a *scontrino* (receipt), under the penalty of being severely fined for breaking Italian financial laws, I was somewhat relieved. The elimination of the obligation for the *scontrino* represents one of the most interesting changes in the Italian fiscal system and it's definitely good news for customers. But don't get me wrong, stores are still required to have cash registers both for book-keeping purposes and also because they must issue receipts upon customer's request.

"The important news is that patrons won't be fined anymore by our plainclothes patrols. However, I strongly recommend always asking for the *scontrino* and keeping it. It is an essential tool for being reimbursed, or to return defected merchandise you have purchased. Yet, goods under guarantee (machines, electronic equipment, cameras, etc.) cannot be repaired nor replaced without the proof of purchase from a shop," said Giuseppe Saraceno, Chief Master Sergeant of *Guardia di Finanza* (Italian Financial and Economic Police) who is in charge of the 1<sup>st</sup> Tax Police Division that falls under the command of Captain Carmine Lo Perfido.

The *scontrino* measure was first established in 1983 and since then it has been creating a lot of anxiety in both

patrons and retailers. The rationale behind that law was the fact that many business owners were found cheating on taxes.

But the problem was that customers weren't sure who had to issue the receipt. For instance, very few people knew that bookshops weren't required to give *scontrini*. And yet, there were different obligations for ice cream streets vendors on motorcycle and the ones on a tricycle.

Furthermore, customers couldn't force retailers to issue receipts, without calling *Guardia di Finanza* patrol, but they were liable for an expensive fine in the (unlikely but possible) event of being caught without it. *Guardia di Finanza* plainclothes patrols used to lurk outside restaurants, bakers, hairdressers, etc. to make sure that a proper receipt had been issued.

There were even "paradoxical" cases that made the national media front pages. Once, an unaccompanied five-year child (who obviously had no cognizance of the law) got a \$1,000 ticket (later reduced to \$20) for buying a lolly-pop. Another time, a bar's cashier got a \$50 ticket for opening a chocolate box and eating one without having printed a receipt. The bar owner was fined with \$250, and he was not happy with her.

*Guardia di Finanza*, is a military police corps, whose main objective is tax offense control. Even though the exist-



**Guardia di Finanza, is a military police corps, for tax and financial crimes whose activities also include fighting smuggling and drug-trafficking, safeguarding and auditing state and regional revenues and expenses, immigration control, surveillance at sea for financial police purposes, maintaining public order and safety and military defense of the borders.**

ence an armed force conducting company and store audits might be somehow uncommon to Americans, as they are more familiar with the similar "civilian and unarmed" IRS agency, this uniformed tax police are actually part of a long established European tradition. It has been around for over 300 years. *Guardia di Finanza* was created in 1774, under the name "Light Troops Legion" by will of the King of Sardinia. Its tasks included preventing, investigating and reporting financial evasions and violations, anti-smuggling and drug-trafficking activities, safeguarding and auditing state and regional revenues and expenses, immigration control, carrying out surveillance at sea for financial police pur-

poses, maintaining public order and safety and military defense of the borders.

This military corps is directly placed under the authority of the Minister of Economy and Finance, and is a law-enforcement agency. This means that they have the same authority as *Polizia* and *Carabinieri*. "We are mainly a tax police agency but we do a lot more. You can also see us pulling over motorists or even escorting a judge," says Chief Master Sergeant Franco Ferranti, Catania Command Press Officer and OIC of the "117 Tax Fraud Hotline" that has been set up to report to collect information on tax and social security fraudsters.

"Any American who is refused a receipt after specifically asking for it, can call us dialing 117 and we will send a patrol to take care of it. We are ready to take calls in English," added Ferranti.

So, even if it is not mandatory anymore, to be safe always remember to ask: "*Vorrei lo scontrino*" (I'd like the receipt).

## Jazz concerts in Sicily

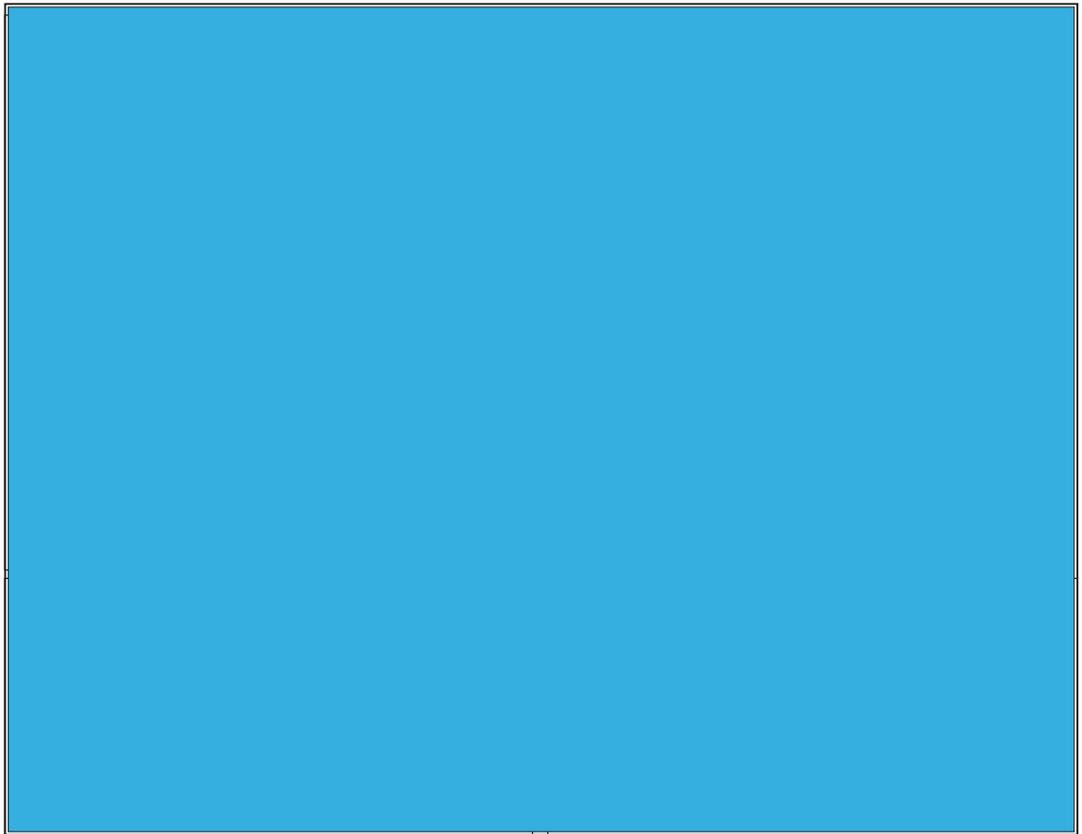
Plan to attend the concerts of Jeff Berlin, a living a legend of the electric bass who will be performing in Sicily from Feb. 4 through 6.

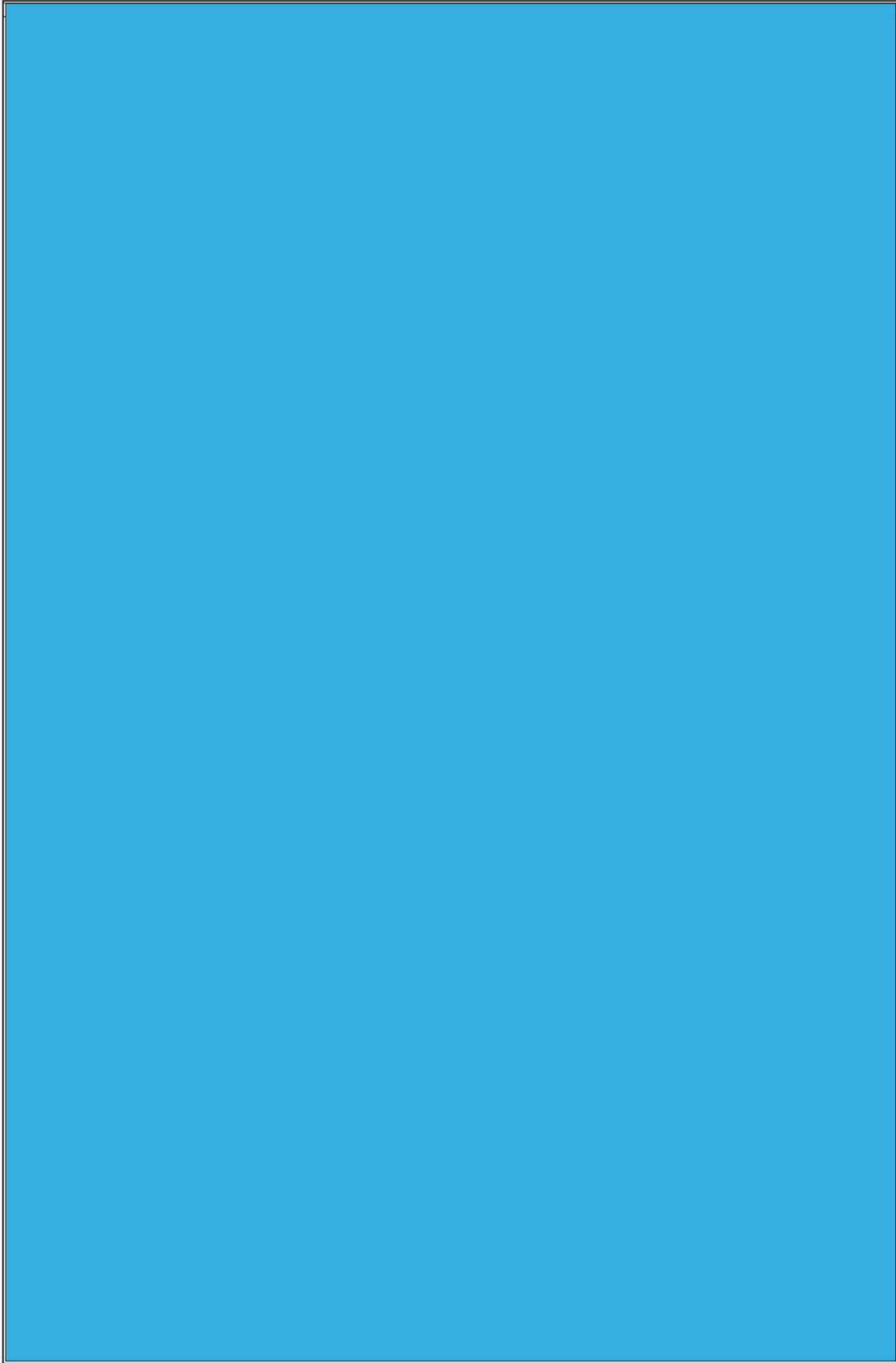
The concerts, which will begin at 9:30 p.m., will take place in the following venues throughout Sicily: Catania-Feb. 6 at the ABC Theatre in via Pietro Mascagni n. 92, Siracusa-Feb. 5 at the Vasquez Theatre located in via Filisto n. 5 and Messina-Feb. 4 at the Savio Theatre in via Peculio Frumentario.

For more information and tickets call *The Brass Group* at 095-7465174 or 347-6372592. To purchase tickets you can call Ticket Box Office at 095-72225340 for the Catania concert. If you decide to attend the other concerts contact the following agencies: Sud Dimensione Servizi 090-343818 or Savio Theatre at 333-8290900 (Messina concert) and Ortigia Viaggi Ticket's Box 0931- 411671 or ASAM at 0931-21539 or 335-6665835.



**Giuseppe Saraceno, Chief Master Sergeant of Guardia di Finanza (Italian Financial and Economic Police) who is in charge of the 1<sup>st</sup> Tax Police Division since 1992, explained the new regulations on the issuing of receipts.**







SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

# COMMUNITY CALENDAR

23	Navy Marine Corp Relief Society 100th Birthday Celebration 2 to 3:30 p.m. NAS II Galley No School		24	Horse Trekking Trip AU Call 624-4271	
25	Agrigento Valley of the Temples & St. Leone Beach ITT Call 624-4396	26	Special Additions 1 to 3 p.m. Comm. Bldg Rm. 203 Call 624-4291	27	National Diet Month 11 a.m. to 3 p.m. free diet sodas Take 5
28	ACT Exam 7:45 a.m. Navy College Call 624-2511	29	Liberty Sailor Special play three games for free including three shoes 12 to 8 p.m. TENPINS	30	Catania History ITT Call 624-4396 No School
31	Ski Mt. Etna AU Call 624-4271	1	World War II Battle Tour/ Carrubo Agrituristic Farm ITT Call 624-4396	2	
3	Mineo Game Board Days Mineo Rec Center	4	St. Agata Shopping Trip ITT Call 624-4396	5	Ping-Pong Tourney 4 p.m. Mineo Rec Center
6	Sicilian Puppet Show ITT Call 624-4396	7	Oliver Twist Live in Concert 10 p.m. JOX Call 624-5187	8	Chiaramonte Gulfi & Olive Oil Shopping ITT Call 624-4396
9	Spouse Tutition Assistance Program application period until March 10 NMCRS Call 624-4212	10	Horse Trekking on Mt Etna AU Call 624-4271	11	
12	Lost Penny Day 11 a.m. to 5 p.m. buy a hotdog or small nachos for just one penny at Take 5	13	Valentine's Day Party 3 to 4 p.m. BLAST Call 624-3172	14	Valentine's Day Dinner ITT Call 62-4396

<b>Friday Call</b>	<b>Sat., Jan. 24</b>	<b>Sun., Jan. 25</b>	<b>Mon., Jan. 26</b>	<b>Tues., Jan. 27</b>	<b>Thurs., Jan. 29</b>	<b>Fri., Jan. 30</b>
<b>Fri., Jan. 23</b>	Join AU for some high speed fun. Go go-karting in Villasmundo. Minumum of eight to go. Call 624-4271. Tour Pollina, a medieval town in Madonie Park with a castle and amphitheatre. Then indulge in fine ceramic shopping in St. Stefano. Call 624-4396.	Explore the Agrigento temples then stop at St. Leone Beach for some grub at a local restaurant. Call ITT at 624-4396.	Heat up your lunch hour with lightening paced matchesracquetball matches and intense competition. at the NAS II Gym. T-shirts and awards will be given out.	January is National Diet Month. Liberty will help you keep your New Year's resolution with free diet sodas at Take 5 from 11 a.m. to 3 p.m. while supplies last.	Play up to three games for free including the price of shoes at TENPINS from 12 to 8 p.m. if your a single or unaccompanied Sailor E-6 or below. Bring your military ID and barracks room key to redeem your games.	Learn the history of the Elephant Square in Catania. Visit Ursino Castle, Crociferi Street and the Greek Ampitheatre with its Odeon. Call ITT at 624-4396.





## Word Find

Current U.S. Navy Admirals



- |           |               |          |             |
|-----------|---------------|----------|-------------|
| AMES      | ENGELHARDT    | KEATING  | STUFFLEBEAM |
| ARCHITZEL | FAGES         | KONETZNI | TRACEY      |
| BOZIN     | FALLON        | KUBIC    | ULRICH      |
| BROOKS    | FARGO         | LAFUER   | ZORTMAN     |
| BROWN     | FRY           | MAYO     |             |
| CHURCH    | GLAMBASTIANI  | MCCREARY |             |
| CLARK     | GROSSENBACHER | METZGER  |             |
| CRENSHAW  | HART          | MOORE    |             |
| DAWSON    | HOEWING       | MORAN    |             |
| DORAN     | HOLMES        | REMPF    |             |
| DUNNE     | IASIELLO      | SLAVONIC |             |

# SCHOOL NEWS

## SDS yearbook committee seeking sports photos

The Stephen Decatur School Senior Year Book Committee would like to include sports-related pictures in this year's Year Book. Please help us remember our Senior year days by providing us those fantastic shots of all sports we in SDS participated in. We are looking for digital and conventional paper pictures. POC: José D. Peralta, Class of '04, 624-6504. Please forward all pictures to peraltaj@nassig.sdsic.navy.mil or to: José D. Peralta, PSC 825, P.O. Box 601, FPO AE 09631 or directly to the SDS Student Affairs Office, ATTN: Senior Year Book Committee. Thank you for your support at the games.

## First birthday bash at Crater Pub



A birthday boy blows out the candles at MWR's first Birthday Bash celebrating the January birthdays at Naval Air Station Sigonella. Those in attendance received cake and champagne while partying the night away. Celebrating your birthday in February? Stop by the Crater Pub or call 624-5271 for more information on the Birthday Bash.

## TRIVIA

- 1) What does the Icelandic phrase "Hvað ertu gamall?" mean in English?
- 2) The artist Botticelli's masterpiece that was painted c. 1485 was called "The Birth of \_\_\_\_\_".
- 3) This man had the distinction of being named "Time" magazine's Man of the Year for 1938.
- 4) What is comedian Carrot Top's real name?
- 5) What is the chemical name for H2S(aq)?

(Answers on page 13)

## Movie Connection

WTT's Theater Schedule

<p><b>Friday, Jan. 23</b></p> <p>6 p.m. <i>Timeline (PG-13)**</i></p> <p>8 p.m. <i>Veronica Geurin (R)**</i></p>	<p><b>Monday, Jan. 26</b></p> <p>6 p.m. <i>The Matrix Revolutions (R)</i></p> <p>8:30 p.m. <i>Love Actually (R)*</i></p>
<p><b>Saturday, Jan. 24</b></p> <p>1 p.m. <i>Looney Tunes: Back in Action (PG)</i></p> <p>3:30 p.m. <i>Cheaper by the Dozen (PG)</i></p> <p>6 p.m. <i>Gothika (R)</i></p>	<p><b>Wednesday, Jan. 28</b></p> <p>6 p.m. <i>Gothika (R)</i></p> <p>8 p.m. <i>Veronica Geurin (R)</i></p>
<p><b>Sunday, Jan. 25</b></p> <p>1 p.m. <i>The Haunted Mansion (PG)</i></p> <p>3:30 p.m. <i>Veronica Geurin (R)</i></p> <p>6 p.m. <i>The Matrix Revolutions (R)</i></p>	<p><b>Thursday, Jan. 29</b></p> <p>6 p.m. <i>Scary Movie 3 (PG-13)</i></p> <p>8 p.m. <i>Timeline (PG-13)</i></p>
	<p><b>Friday, Jan. 30</b></p> <p>6 p.m. <i>Honey (PG-13)**</i></p> <p>8 p.m. <i>The Missing (R)**</i></p>

\*\* Future Re-release \*\* Sneak Preview \*\* Last Showing  
(All times and movies are subject to change. For more information on the schedule, call the movie hotline at x4248)

## Midway Moves into Broadway Pier

By JOI Chris Halsey  
Mobile Public Affairs Team Detachment 119

SAN DIEGO (NNS) — The decommissioned aircraft carrier Midway has found a new home and a new mission. Port of San Diego tugboats pushed the 74,000-ton aircraft carrier across San Diego Bay Jan. 10, and parked it at the Broadway Pier near Downtown San Diego to serve as a naval museum. Commissioned on September 10, 1945 as USS Midway (CVB-41), the ship was decommissioned in 1992.

According to Pete Clayton, chief engineer for the USS Midway Museum, the 1,000-foot-long aircraft carrier steamed down the California coast after being mothballed in Bremerton, Wash., to receive recently restored aircraft at Naval Base Coronado.

In its 47-year career, the famed aircraft carrier saw action in numerous conflicts including World War II, Korea, Vietnam and Desert Storm. Midway also traveled through every ocean on the planet and was once considered the largest warship in the world. Now, the famed carrier will serve thousands of naval enthusiasts as a floating museum and event facility.

Ryan Radici, manager of the Fish Market restaurant, watched the Port of San Diego tugboats push the historic aircraft carrier by his terrace.

"It's very exciting having the Midway over here," the 27-year-old, Clairemont, Calif., native said. "She's now one more reason to come spend a day on the pier."

Thousands of San Diegans flocked to North Island and Harbor Drive to see the new attraction berth at the Navy Pier across the street from Commander, Navy Region Southwest headquarters. Among the crowd were

former crew members of the famous ship.

Master Chief Boatswain's Mate (SW) Brett G. Young, command master chief for Reserve Readiness Command Southwest, served on Midway as a deck seaman from 1978 to 1979.

"As the ship gets closer, I remember all those days I spent side-cleaning the starboard side in Yokosuka, Japan," said Young. "This ship brings back lots of memories. We worked hard and we played hard on that ship."

According to many of the former crew members, the ship still has that "Midway Magic," a term coined while the ship was forward deployed in Japan. According to Billy Parcell, a former photographer's mate on Midway, the term comes from the Japanese word "Majutsue."

"It means no matter what happens, we are ready to answer the bell," said Parcell. "Whenever the president asked where the nearest carrier was in the Orient, he was asking where was the Midway."

More than 200,000 Americans have served aboard Midway, now known as the San Diego Aircraft Carrier Museum. But former shipmates are not the only ones drawn to the Midway-class carrier. Ned Bixby, a 60-year old native of Carlsbad, Calif., said, "There are millions like me who have not been in the Navy but who love and want to experience the Navy. This ship is our chance to do that."

For more information on Midway's history with the U.S. Navy, visit: [www.chinfo.navy.mil/navpalib/ships/carriers/histories/cv41-midway/cv41-midway.html](http://www.chinfo.navy.mil/navpalib/ships/carriers/histories/cv41-midway/cv41-midway.html).



A tugboat tows the decommissioned aircraft carrier Midway into San Diego bay. Midway will be moored temporarily at Naval Air Station North Island, Calif., to take-on restored historical aircraft and will soon be homeported across the bay in San Diego, as the centerpiece for our nation's biggest museum devoted to carriers and naval aviation.



# Volunteer with the Red Cross

By Rachel Morken  
Staff Writer

There are many benefits to volunteering with the Red Cross other than another line to fill on your brag sheet. Many people volunteer because they have free time and would like to do something that would benefit their community. Red Cross volunteer orientation is held the second and fourth Tuesday of each month from 10:00 until 11:30 a.m.

Volunteering also gives you an opportunity to utilize your talents. "Volunteering lets people learn other skills and get experience for when they go back to the states," stated Cecil Goodman, the station manager for Sigonella's Red Cross chapter.

Most people who volunteer are placed in the hospital, but there is a plethora of other areas a Red Cross volunteer can work in. "We match volunteers with their needs," said Cecil Goodman. We need instructors for CPR and

water safety, along with lifeguards and people to do lifeguard training. There are also leadership positions available at the Red Cross. Volunteers can do a wide range of things, from case-work, to managing fundraisers, to keeping records and reports.

To make it easier to volunteer the Red Cross provides child care reimbursement as funds are available. They also keep track of volunteer hours and records transfer to other bases.

When you are ready for this rewarding experience either contact the Red Cross or go to their orientation. Orientation covers information about the organization, the history, services, local policies and procedures, volunteer opportunities and services, and how new volunteers would fit in. "We are very flexible and make it easy to volunteer. Orientation is twice a month to give more opportunity to attend. We can also do the orientation one-on-one if they can't come in during the scheduled times," stated Cecil Goodman.

# Don't make the same mistakes trying to lose that unwanted holiday weight

By JO1 (SW) Brian Johnson  
Staff Writer

Every year many Americans put on an average of six to 12 pounds during the holidays, which lead some of them to make New Year's resolutions about shedding that unwanted weight. Unfortunately for them, the weight doesn't usually stay off, but with some help we'll tell you how to shed and keep off those pounds. In fact, according to Dr. Gay Riley, one in three Americans are on a diet.

Each year Americans in the pursuit of losing unwanted weight spend over \$50 billion on everything from diet pills and weight loss programs to low calorie food and diet drinks. But these schemes aren't long term solutions for most people.

The best way to shed pounds and keep them from returning is by "changing eating habits permanently and make healthy eating a way of life," said Lt. A. B. Campbell, Registered Dietician.

Avoiding the cheesecake and ice cream is difficult and can take a lot of will power for some people. "A person must consider fitting favorite foods into a permanent eating lifestyle and not consider these foods taboo," Campbell said. "Also work with a health care professional such as a doctor, dietician or other healthcare provider to get support and feedback on programs."

In fact, including a healthcare provider of some kind is important if you've been dieting off and on for many years. According to National Association to Advance Fat Acceptance website, extreme dieting can result in anxiety, depression, tiredness, lowered self-esteem, decreased attention span, weakness, high blood pressure, hair loss, gall stones, heart disease, constipation and in extreme cases death. Furthermore,

it was reported from National Institutes of Health and other studies that 98 percent of people who lose weight gain it back within five years and 90 percent of those gain back more weight than they originally lost. One leading researcher has gone so far as to say "dieting is the leading cause of obesity in the U.S."

However, changing your eating habits to something healthy, normal and permanent has been shown to be the most effective and long term solution to shedding unwanted weight. According to the National Association to Advance Fat Acceptance, people need to learn to eat normal, which is being able to use some moderate constraint in your food selection, but not being so restrictive that you miss out on pleasurable foods.

Of course changing your diet isn't always easy and that is where dieticians can help. "A dietician will ask a patient for their diet history, frequency of exercise and ask if they have diabetes, high cholesterol, heart disease etc.," Campbell said. "Then a dietician will provide examples of healthy eating based on the patient's food preferences as well as information to make the plan flexible and fit into a busy lifestyle. A dietician does not judge what a person eats as good or bad, but rather acts to suggest what the patient should eat and how favorite foods can fit into the plan."

In the end, if you want to keep the weight off, exercise and eating right are the best solutions. "Regular exercise and not counting every calorie, as well as avoiding skipping meals will help increase the odds that weight will stay off permanently," Campbell said. "In addition, talk to other people who have successfully kept extra pounds off for more than a year and remember to do what works for you and not try to do exactly what someone else has done to lose weight."

# Express shipment of unaccompanied baggage available to Sailors

From Naval Supply Systems Command Public Affairs

MECHANICSBURG, Pa. (NNS) — Sailors on permanent change of station (PCS) or temporary duty orders can ship unaccompanied baggage to new duty stations, according to the Navy Family Services Division of the Naval Supply Systems Command (NAVSUP).

Sailors can have unaccompanied baggage shipped by express services to new duty stations in three-to-seven days in the continental United States and in 10-to-14 days overseas. To qualify, Sailors must be on permanent change of station (PCS) or temporary duty orders and

must have a legitimate need, such as a short reporting date to a deploying ship or a PCS without authorized leave in between.

The program covers items of necessity, such as clothing, cooking and eating utensils, small appliances, etc. Furniture is not included in this program.

Sailors who want more information about express shipment of unaccompanied baggage should contact their local Personal Property Office, check NAVSUP's Web site at [www.navsup.navy.mil](http://www.navsup.navy.mil), or contact the NAVSUP Household Goods Helpline at 1-800-444-7789.

Order of the Eastern Star,  
Roger E. Brooks Chapter #44 Red & White ball

Time: 6 p.m. to 2 a.m. Place: Italian Officers Club

Date: Feb 14

Dress Code: Semi-formal, you don't have to wear Red & White

POC T. Spain 3404951773

I. Sellers 3401502676



# SPORTS

## Jaguars Basketball 'steals' victory from Marymount

Story and photos by JO3 Steve Weaver  
Staff Writer

The Stephen Decatur High School varsity boys basketball team easily topped Marymount Royals 55 - 19 on Jan 16.

The 7-1 Jags took it to Royals early, grabbing the tip off and scoring the first points of the game. They then stole the inbound pass from Marymount and scored. This happened multiple times. The score ballooned to 8 - 2 as the Jaguars took advantage of their quickness.

Marymount couldn't get past Sigonella's stifling defense in the first quarter as the Jags maintained intense pressure on the Royal's backcourt. Getting the ball past the Jags into a position to score in the first quarter was an oddity for Marymount. The Jags kept up the pressure and managed to hold their opponents to only four points at the end of the first quarter.

This continued as both teams played the clock down to halftime as the Jags held a commanding lead 40 - 8.

Marymount settled down a bit in the second half, scoring a fair amount of points, but it wasn't enough against a team that was bigger and faster.

The Jaguars played their kind of game. "I give them credit that they didn't play down to the level of their opponents," said Sam Miller, assistant coach. "Sometimes you can do that."

The team has made up for the departure of a few players. "Considering we lost a lot of players from last year, they're looking real good," Miller said. "We lost a lot of key players last year for us. The guys are playing excellent with the loss that we had from last year."

"We lost six people from last year," said Timothy "Big Mo" Morris. "We have a lot of freshman and sophomores, so we lost a lot of experience. What we lost in experience we gained back in speed."

"We were down one of our returning starters, Jose Peralta, due to injury (injury suffered during the football season), but he's coming back from it," Miller said. He's just now coming back from that. He's still a little slow, but he's coming around." The team doesn't have just one star player. "You'll have



A Marymount player gets a face full of Jaguars during the game on Jan 16. The Jaguars easily topped the Royals 55 - 19.

them from game to game," said Miller. "It's been a team effort."

The up-and-comers are plentiful, such as Josh Mendoza and Brian Ortiz, who have improved since the beginning of the season. "The pulse of the team is Paul Nicholson," Morris said. "He's a constant steady performer. We're also impressed with a new freshman coming in Mike Simpkins. Basically all of our starting five...they're all playing great right now."

The Jaguars don't have an easy schedule to deal with ahead of them. "Based on our strength of schedule, we have one hard game left, which is in Aviano, which is our last game of the season," Morris said. The Jags split two games with their rival Naples earlier in the season, leaving them tied at 7-1 records each. Aviano is the only undefeated team as of Jan. 16. The Jags have yet to play America Overseas School of Rome (AOSR), Livorno and Aviano. Then come the playoffs in Aviano. "That's what makes it so hard," Morris said.

When asked if they can repeat this year as league champions the coaches replied, "We'll wait and see."

Come out and cheer on the Jaguars as they take on AOSR tonight and tomorrow.



A Sigonella player spots up for a jump shot in Stephen Decatur High School's win last Friday.

## The Lane

### Miles for Life

Rack up running and biking miles for great prizes. Fun run, treadmill and stationary bike miles also count towards your Miles for Life total. Redeem your award when you reach distance milestones ranging from 100 to 5,000 miles. Prizes include a CD player, a heart rate monitor, a windbreaker and more. Sign up at either fitness center for a small fee. Call 624-4483 or 624-5243 for more information.

### Super Bowl XXXVIII Tailgate Party

We have a the grill and we will have the game. Come watch the showdown of the year for the NFL Championship at JOX. We'll have free food, giveaways and more until the last play of the game. Grilling starts Feb. 1 at 8 p.m. Pre-Game at 9 p.m. Tailgate party begins at 11 p.m. For more information, call Jon at 624-5187.

### Run for the Heart of It

Sign up early for this 10K fun run to Motta. The run will take place Sat. Feb. 7. T-shirts and awards given for all participants as well as finishing off the morning with breakfast. Sign up at either fitness center. The run will start at 8 a.m. at the NAS I fitness center.



# George Washington strike group to deploy

*From U.S. 2nd Fleet Public Affairs*

NORFOLK, Va. (NNS) — Nearly 7,600 Sailors will leave their homeport as the USS George Washington (CVN 73) Carrier Strike Group (GWCSG) deploys to the Central Command area of operation Jan. 20 in support of the global war on terrorism.

The strike group wrapped up a month-long Composite Training Unit Exercise (COMPTUEX) in mid-December, successfully completing a series of complex training events, which included naval surface fire support training and air-to-ground bombing off the coasts of Virginia, North Carolina, Georgia and Florida. COMPTUEX is an intermediate level exercise designed to forge the strike group into a cohesive, fighting team and is a critical step in the pre-deployment training cycle.

This training exercise marked only the third time a strike group used the comprehensive Training Resource Strategy (TRS), which better coordinates use of existing East and Gulf Coast range training facilities, and improved simulation technology to prepare combat ready forces. The previous two strike groups to use TRS were the USS Enterprise (CVN 65) CSG and the USS Wasp (LHD 1) Expeditionary Strike Group.

Commanded by Rear Adm. H. Denby Starling II, commander, Carrier Group 8, the GWCSG includes the Norfolk-based aircraft carrier George Washington with its embarked air wing, Carrier Air Wing (CVW) 7, the Norfolk-based guided-missile cruiser USS Vella Gulf (CG 72), the Norfolk-based guided-missile destroyer USS Bulkeley (DDG 84), and the combat logistics ship USNS Supply (T-AOE 6) from Naval Weapons Station Earle, N.J. HMCS Toronto, a Canadian Halifax-class patrol frigate, will also deploy with the GWCSG. Additionally, the Norfolk-based submarine USS Albany (SSN 753) is a part of the GWCSG.



The Norfolk, Va. based nuclear powered aircraft carrier USS George Washington (CVN 73) underway while conducting Composite Training Unit Exercises (COMPTUEX) in preparation for their upcoming six-month deployment.

## New Galley Hours

**MEAL RATE**  
Breakfast- \$1.70  
Lunch - \$3.30  
Dinner - \$3.30  
Brunch - \$3.75  
Holiday Meal \$5.40  
Night Meal :  
If Breakfast Menu \$1.70  
If Dinner Menu \$3.30

**MEAL HOURS NAS II GALLEY**  
Breakfast  
Mon. - Fri. 5:30 to 8 a.m.  
Saturday 5:30 to 7:30 a.m.  
Sunday 7 to 9 a.m.  
Lunch  
Mon. - Sat. 11 a.m. to 1 p.m.  
Sunday 10 a.m. to Noon (**Brunch**)  
Dinner  
Mon. - Sun. 4 to 6 p.m.  
**NIGHT**  
Mon. - Sun. 11 p.m. to 1 a.m.( Duty on watch only)

**NAS I GALLEY**  
Breakfast  
Mon. - Sat. 5:30 to 7:30 a.m.  
Sunday 6:30 to 7:30 a.m.  
Lunch  
Mon. - Sat. 11 a.m. to 1 p.m.  
Sunday 9:30 a.m. to 12:30 p.m.  
Dinner  
Mon. to Sun. 4 to 6 p.m.

### Mess specialists from page 3

Culinary Specialist 2nd Class Matthew Myers, aboard USS Bataan (LHD 5), believes the name change will have a positive effect when Sailors transition back to civilian life.

"We'll finally be able to compare our knowledge and training to the civilian world, which will allow an easier transition into the culinary field," he said. "I really like it."

Aboard USNS Comfort (T-AH 20) Senior Chief Culinary Specialist (SW) Jack Slattery said he felt the change will "definitely help in enabling our civilian counterparts to better identify with our job as opposed to the term "Mess," which is a contradiction in terms when you think about the sanitation standards we're expected to maintain."

Personnel in the MS rating will be automatically converted to the CS rating effective immediately with the release of NAVADMIN 012/04. Request for conversion from Sailors or commands is not required.

The rating badge of crossed keys and quill superimposed upon an open ledger is being retained for Culinary Specialists.

### Safety fair from page 1

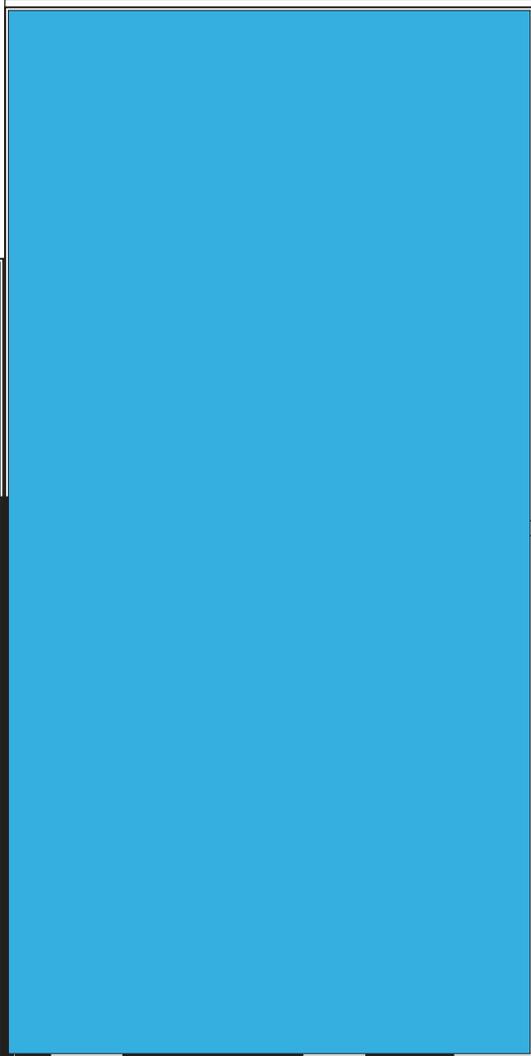
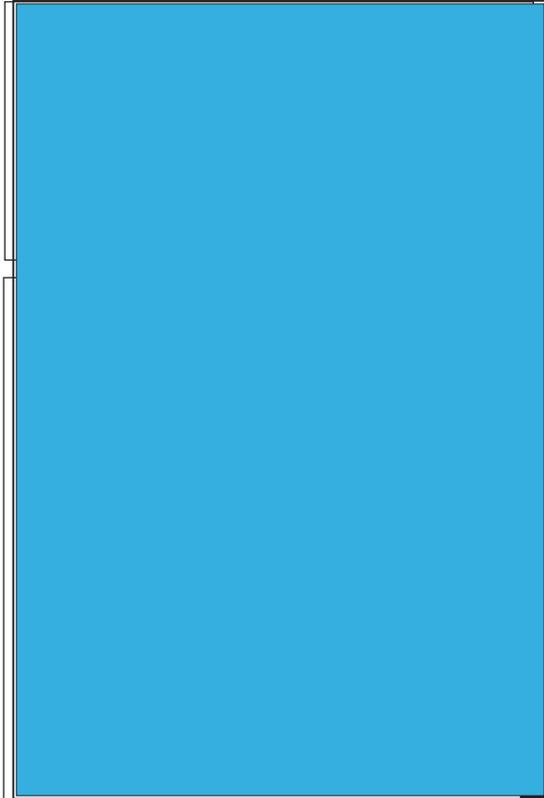
Commander of Naval Europe (CNE).

"Do it for Life" was the slogan for the booths set up. "The goal of the fair was to make everyone think safety, every waking minute of the day, from the moment they wake up to the time they put their head down at night; 24 hours a day," said Safety Specialist Carmelo Menta.

Booths were set up from approximately nine different departments covering issues ranging from motorcycle, electrical and traffic, and sports safety, first aid and hazardous material.

"I thought we would have more people show for the fair but overall the turn out was pretty good," Menta stated.

According to Menta, by putting on the fair, the Safety Department hopes to help prevent fewer injuries from occurring in the future.





**Chiefs from page 1**

get to this position and to be able to make chief."

PH1 Jeremy Siegrist with the Photo Lab, who took the test for the first time, noticed the difficulty. "Not so much pressure, but it was definitely difficult," he said. "I'm confident I passed, but it's very tough to make chief."

It's difficult to make chief, but it's also difficult being a chief. "Being a chief is one of the best things that ever happened to me," said McCaddin, who has been a chief for several years. "It's a lot of hard work. You have a lot more responsibility and a lot more is expected of you as a chief. You really have to excel and work hard to maintain those levels that's expected of an individual as a chief."

Ellis has another point of view, being a chief for just a year. "Coming from first class to chief is a big step," he said. "You're in a leadership role. You just have to take care of a lot of things that you didn't as a first class. I like it because you get to take care of your troops."

The Sailors taking the exam have got what it takes. "I think there's a good majority of them in there who have what it takes to be a chief," said McCaddin. "I see a lot of outstanding individuals in there who have awesome potential to excel."

"It's very exciting for me to see my shipmates out there taking a stab at it," said Fitzpatrick. "There's guys that I'm really rooting for and I'm certainly hoping will get advanced and initiated into the ranks of chief petty officer."

There is also a chance to see a Master Chief Petty Officer of the Navy come out of Sigonella. "There are some truly outstanding Sailors in there and you never know what's going to happen in the future," said McCaddin. "I think it's entirely possible."

Most of the Sailors will be looking forward to later this year to see how they did. "The results come out in the early part of July or later part of July," said PNC Eduardo Stana, PSD ESO LCPO. "The packages for E-7 are due in May."

"I hope the best for them and we hope to see them in August when the initiation cycle starts," said McCaddin.



Sailors concentrate on their questions during the E-7 Advancement Examination held in the Naval Air Station Sigonella NAS II Fitness Center. About 381 first class petty officers from NAS Sigonella took the exam hoping to don the khakis of a chief petty officer.

By Lt. Jg. John Ferrari  
Staff Writer



# NASSIG "Remembers! Celebrates! Acts!" on the legacy of MLK

Story and photos by  
JOI Craig Coleman  
Staff Writer

DCCM(SW) Gregg Steven told an audience gathered in the NAS I Chapel about the real reason we celebrate the birth of Dr. Martin Luther King, Jr. Jan. 16. Steven said that King was not only a black leader, but an American leader.

Steven made the remarks as guest speaker at the Dr. Martin Luther King commemoration sponsored by the NAS Sigonella Heritage Committee. Steven said King stood for not only the black race, but for every race in the struggle for equal rights. "When I see (video) clips of the marches led by Martin Luther King it was not only the black race present, but various races. These marches were not a black thing, as some people may put it, but a people thing. It was about right and wrong," he said.

Steven said that he was motivated to give the speech to clarify what he considers to be misconceptions about the civil rights movement King led. "Martin Luther King was trying to tell us that you can be what you want to be as long as you don't try to do things the wrong way," he said.

Steven continued, saying that King was telling everyone to apply himself or herself. "I wanted to tell people not to use the past as a crutch. Take advantage of every opportunity to excel," he said.

Steven pointed out the important contribution King made to the passage of the Civil Rights Act of 1964 and the importance of the guaranteed right to vote it contained. "You need to exercise your right to vote. A lot of people have given their time - even their lives - for us to have that right."

Mistress of Ceremonies Mammie Evans, Stephen Decatur Elementary School guidance counselor, led the audience in singing "Lift Every Voice and Sing." "It is a song about freedom we sang before we were free," she said.

The ceremony also included music and drama, including choir selections, solo performances and a poetry reading. The Stephen Decatur High School Choir

provided the first performance, the Sigonella Community Choir performed twice, Delores Jenkins led her Stephen Decatur Elementary School kindergarten class in a mini-concert and performed the solo, "His Eye is on the Sparrow." Excerpts of several of King's most famous speeches were recited between musical pieces, culminating with OS1(SW) Wayne Shelton's rendition of the "I Have a Dream" speech.

YNC(SW) Sharyn Davis gave a powerful dramatic recital of Langston Hughes' "I, Too, Sing America." Written in the time of racial segregation, it

gives voice to the pride in and hope for our nation felt by those who were oppressed. Davis said she chose the poem because it reminded her of feelings of unity she experienced after the Sept. 11 attacks. "If I am white, Mexican-American or Jewish, I'm still an American," Davis said. "In the military we all serve our country and we all sing America."

"I dedicated the poem to people like my uncle, who volunteered to fight in WWII even though he faced discrimination at home. I dedicated it to the people who wouldn't give up."

NCC(SW/AW) Kendall Dobison, Heritage Committee chairperson, noted the number of connections required to make the ceremony a success. "It took a lot of liaison work between our committee and the school, the chapel and the community choir," Dobison said. She also hailed the efforts of Heritage Committee members. "Many of them couldn't even attend the ceremony because they were working to prepare the food for the meal that followed."

The Heritage Committee is dedicated to celebrating all the cultures that make up America.



The Sigonella Community Choir performs "Emanuelle during the Martin Luther King, Jr. commemoration held Jan.16.



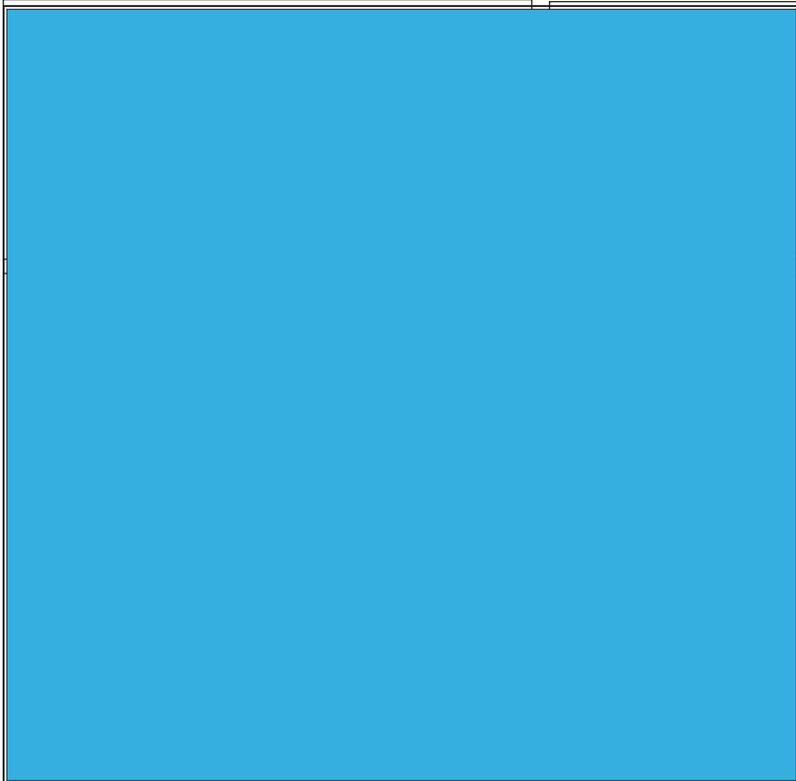


Top left: The Stephen Decatur High School Choir performs.

Top right: A kindergarten class from Stephen Decatur Elementary School explains the meaning of King's contributions.

Left: OS1(SW) Wayne Shelton Shelton accompanies a musical performance.

Far left: A kindergartener returns to her seat after a performance with a rose.



## Births

Dec. 19, 2004  
Martina Dominick and Damon  
Scarlett  
Machir Lee Scarlett  
20 inches, 7 pounds 14 ounces

Dec. 26, 2003  
Stephanie and Vince Cervantes  
Vince Adam Cervantes II  
19 ½ inches, 7 pounds 5 ounces

January 7, 2004  
Jennifer and Bryan Hall  
Julian Dwayne Hall  
21 ½ inches, 8 pounds 8 ounces

January 9, 2004  
Carey and Thomas Monaghan  
Wesley Scott Monaghan  
20 inches, 7 pounds 5 ounces

## Trivia Answers

- 1) How old are you?
- 2) Venus
- 3) Adolph Hitler
- 4) Scott Thompson
- 5) Hydrosulfuric acid



*The Signature*  
 Anyone interested in sending ads via email should leave a phone number and point of contact name at sigsignature@yahoo.com. Ads run for two weeks and are run on a space available basis and must be sponsored by active duty military members, family members or Italian National/American base employees.  
 Ads must be 40 words or less. The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. If someone would like these types of services in The Signature they can call Jerry Boritzki @ 095-307-412 to pay for an advertisement.

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Reduce your stress by having an American lady come clean your home weekly. Call 347-7911051.

Wanting to take a vacation but you have no place to leave your pet? Book your Pet-Sitter Today! Call 347-7911051.

Two bedroom apartment, furnished. W/ kitchen, dining room & bath. Call Maria 333-860-1607

**Automotive**

**1989 BMW 520i.** \$1,500. Call Fred at x5369 (w) or 340-8552314.

**1990 BMW Convertible 325i.** Black/tan. 12-disc changer JVC player/changer remote, new tires, timing belt. Water pump changed when bought. New top. Draws 400 liters. \$3,000 O.B.O. Need to sell ASAP. Call Foster at x5482 or 347-5386308.

**1992 BMW 730i.** In excellent conditions, full optional, great family car. Asking 3,500 Euro O.B.O. Call Robert at 338-6170392.

**1990 Fiat Coroma.** In good condition. All new brake shoes and tires. \$1,500 O.B.O. Call AE1 Morse at x5441 (evenings) or 340-2777245.

**1990 Fiat Vroma.** Grey, 4-dr, 2.0ltr. Fine family car, dependable and easy to maintain. New tires, battery, muffler, tune-up, fuel pump and more. Asking 2,000 Euro. Call Roy at 340-6003960.

**2002 Fiat Marea JTD HLX.** Station wagon, gray, elect windows, A/C, AM/FM cassette radio, needs denaturalization. \$ 9,000 O.B.O. Call Rosanna, at x6698.

**1995 Ford Escort LX Station Wagon.** In very good condition. 1.9L 4 Cyl Eng AM/FM CD player, four new speakers. Well maintained, new heater core, brake pads, clutch plate, tires six-months-old. \$3,250 O.B.O. Call Jim at x5109, 333-3062693 or 095-1979013.

**1984 Mini Cooper.** In good shape, 1000cc, stage 2 exhaust, k&n air cleaner, four speakers, CD player with extra parts. Asking \$3,000 O.B.O. Call Jodi at 624-0133.

**1997 GMC Jimmy SLS V6.** 4-dr, automatic transmission, PW, PL, A/C, Pioneer System with six CD Changer, Viper Security system, 85,000 miles. Very reliable. Asking \$9,000 O.B.O. Call Kyle at x0252.

**1995 Renault Clio.** Iceland. One owner, passed safety inspection, green, A/C, motor in good condition, minor body scratches, air bag, asking 1,900 Euro. Call

Maria at x5781/2 or 338-1083531.

**1996 Black Ford Mustang.** Excellent condition, new tires, U.S. Specs. Great maintenance record. Original Owner. Fully loaded, Viper Alarm System, CD AM/FM power system. Asking \$7,000 Call Manny at x1373 or 335-1297129.

**1998 Ford Windstar Van.** 107,000 original miles, great condition, AM/FM cassette stereo, A/C, PW, PD, v-6, 3.8l. Comes with TV and VCR. Asking \$7,500 O.B.O. Call Ron at x0202 or 335-7385880.

**2001 Volkswagen Polo 1.4 Variant.** European Spec. PW, PS, dual air bag, pet bracket in rear, new tires. Upgraded sound. \$9,600. Call Chief Whidden at x5909 or 335-6609720.

**2003 Ford Mustang GT.** Premium package leather seat, 6-disc CD changer, fog lights, automatic trans. It has 2,850 miles on it. Asking \$19,500 Firm. Call x0145 or 340-8220037.

**1990 Mercedes 200E.** Automatic transmission, very reliable engine, PW. Asking 2,200 Euro. Call 347-1479221.

**1996 White VW PASSAT GLX VR6.** 4 dr, automatic U.S. Spec. Station wagon. Loaded, A/C, moon roof, PW, PL, premium sound system, leather interior, alarm system, driver and passenger airbags. Clean and reliable. \$6,700. Call Ken at x9203 or 095-7116778.

**Old Fiat 500.** Good engine, good general conditions. 1,900 Euro. Call Gaetano at x6853.

**1989 BMW 325-IS.** US SPEC, automatic,

motor and body in good condition, \$3,800. Call 335-6428248.

**Harley Custom Softail Big Bore 95ci.** Performance heads, Mikuni 42, Andrews gear drive cams (and more) w/ 14,000 miles on rebuild. Custom wheels, bars, lights and suspension. Price is negotiable. More than \$25,000 invested. Call Walter at x5191.

**1988 Lancia Delta Turbo ie.** 1600cc 140hp. 4 dr, alarm sys, new tires, A/C, PW, alum rims, Kenwood stereo. Can be seen at NAS II Flight Line Clinic. \$2,000. Call Mike at 340-9808927.

**1992 Alfa Romeo 155 TS 2.0.** 4-dr, 45k orig miles, climate control, PS, PW, PL, tilt steer, adj headlights. New muffler and fuel pump. In excellent condition. \$3,400 including denat. Call 340-9808927.

**2000 Mitsubishi Eclipse GT.** 3.0 liters, great condition, asking \$13,000 O.B.O. Call Diana at x8520 or 333-9860473.

**1996 VW Golf 1.4L.** 64,000 km. Asking 2,500 Euro. Call Virginia at 340-5999562.

**1996 Fiat Punto.** Blue, excellent condition, 75k, CD player. Available after Feb. 27. Asking \$3,600. Call Mike at x6653.

**1992 BMW 318.** Red, 4-dr, sunroof, alloy wheels, low mileage, perfect condition. Asking 3,900 Euro. Call x5360 Mon during normal working hours.

**2000 Volvo S40 T (160 hp).** Manual transmission, 4,8850 miles, automatic, A/C, leather, check control panel, PS, PW, PD, PL, dual front side air bags, ASD (Anti Sliding Device), ABS (4 Wheel), AM/FM Stereo



## Send II Mercato advertisements to sigosignature@yahoo.com

with single & MultiCD Kenwood, oil & filters just changed. Full optional, in great Conditions. \$10,800 O.B.O. Call Rick at x4690 or 338-5326171 after 5 p.m.

**1995 Kawasaki 500 EN custom.** Red and black \ twin cyl. Can be seen at NAS II air terminal parking lot. Asking \$3,300. Call Rick at 9808927.

**1991 Jeep Wrangler Renegade edition.** Good condition, 4.0 high output engine, 31x10.5x15 tires, soft-top w/ two half tops, CD player w/ removable faceplate and remote. Speakers mounted on the rollbar. Looks and drives great. \$7,000 O.B.O. Call Todd at x0625.

**1979 GS 850 Suzuki.** Needs some work, selling for \$400. Call Larry or Elke at 095-860679 or 333-5014491.

**1995 Grand Cherokee Laredo.** 120,000 miles, V6, automatic, A/C, AM/FM stereo, very reliable. \$5,500 O.B.O. Call OS1 DiMauro at x6151 or 338-2915501 or Rebecca at x2314 or 338-2963785.

**1982 BMW 315.** Good reliable island car for an experienced manual driver, new engine, clean exterior, 4-speed manual. \$1,000. O.B.O. Call Crystal x4670 or 095-307782.

**1996 BMW 318 Turbo Diesel.** Full optional, climatronic, abs, airbag, perfect conditions. Great family car. 8,500 Euro. Call Robert at 338-6170392.

**2002 Ducati ST4s.** Red, 996cc, European specs, about 7,000 km. Paid 10,800 Euro new. Asking \$7,000. Kept within scheduled maintenance for warranty, which expires in March. Call 095-307851 or 335-6403541.

**1994 Alfa 33.** In very good condition. 4-dr, A/C, PS, PW, engine tune up done. Tires in good condition. Asking 1,500 Euro. Call Grillo at x5917.

**1987 Peugeot 205 SX.** Red. New tires. \$4,000. Call 340-9026556. Italian speaking only.

**1993 Volvo 850 GLT Benz.** Metallic Bordeaux color, A/C, new tires. \$3,000. Call 340-9026556. Italian speaking only.

**1992 Audi 800.** 1800cc. A/C. Motor and body in good condition. 1,300 Euro. Call 339-4011979.

### Pets

Free to loving home: female lab/shepherd mix, 1-year-old. Very healthy, friendly, lovable, house broken and great with children. She is up to date with all shots and is chipped. She comes with kennel, food/water bowls and toy. Call Fred at x1290.

### For Sale

NETGEAR WAB102 802.11a/b Wireless Access Point - new in the box. See picture and description at [www.sigotrades.com](http://www.sigotrades.com) in the computer section. Asking \$79. Call William at x4341 or email [wt@wtmcwilliams.com](mailto:wt@wtmcwilliams.com).

Sony FDMavica Digital Camera Model: MVC-FD75, still have the original packaging, bought at NEX for approx. \$300 when it first came out, all original accessories included, asking \$175. 4 1/2" original rims from a 1970 Fiat 500L, \$50. Call Erik at x3406.

Formica table and four chairs, excellent condition with varying maroon and gray colors. Asking \$150 O.B.O. Call Denise at x5714.

New still in a box entertainment center. Model 20197. NEX price is \$219.99. Selling for \$140. Call Rollie at x5365 or 348-8855165.

Technics 5 CD changer, \$30; Phillips cell phone w/out chip, \$30; Sky Satellite receiver box with LNB, \$350. Call x0355 or 338-9412337.

Sony Trv22 digital video camera/recorder like new. Bought from the Exchange about four months ago. Asking \$550 O.B.O. Retailers for \$649.99. Call Gabe or Heather at x0337.

Original CDs for \$7.50 each: Janet Jackson,

All for you - Alicia Keys, Songs in A minor - Mary J. Blige, No more drama - Anastasia, Freak of nature - Shaggy, Hot shot - Ashanti, Murder Inc - So Solid Crew, They don't know - Hevia, No man's land - Jennifer Lopez, j.lo, this is me...then - Truth Hurts, Truthfully speaking - Alexia, Alexia - Jay-Z, the blueprint - Gipsy Kings, Luna de fuego - Sabor de Salsa y Merengue, vol. 3, vol. 10. Please call Victoria at x6696.

Yamaha stereo receiver, \$75; Yamaha 5 disc CD player, \$50; entertainment center, \$30. Call Jason or Christina at x6588 (w), 095-7912726 or 333-5735548.

Nokia 3330 in original perfect condition with box, manual and battery charger bought three months ago for 99 Euro asking 70 Euro. Call Virginia at 340-5999562.

Nintendo 64 game system with two controllers and one game, \$30. Fisher Price Deluxe Take A Long baby swing, excellent condition, \$40. Call Jen at x3564.

Two cellular phones. In great conditions, comes with battery, charger and leather cover. Still in box with instruction manual. Call Daniel at x5287 or 328-8464723.

AFN box for sale. \$375. Call Tony at x1313 or x4025.

Crib and toddler bed, \$75; heat press (110v), \$195; large platen Epson Stylus 3000 printer (wide format), \$750. Call Mike at x1267 or 349-6060780.

21-inch Toshiba multi-system TV, \$200. Call Melissa at 338-8196802.

### Wanted

Someone to teach me how to play acoustic guitar at my home in Marinai. Will pay for lessons. Call x1449.

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Golf. Call Renee at 333-9208820.

Looking for a mini van. Make and year does not matter to me. I love mini vans and now need one more than ever. I will pay top price or trade my car for it. Call Mike at 335-1350329.

Looking for an aquarium and accessories. Prefer 29 to 55 gallon. Call Mike at x1494.

Looking for a clown to entertain at a two-year-old's birthday party, also looking for a moonwalk jumper, please respond by February 1. Call Rachel at x1430.

Crib and changing table preferably with drawers in good condition. Call Melissa at 338-8196802.

### HRO Ads

The HRO announcements and application forms are now on the internet <http://www.sicily.navy.mil/positions/hro>

**Recreation Aid, GS-0189-03,** MWR Department, Recreation Services Division, Youth Activities Branch, various location. Announcement number SIG03-RECAID. Open Continuous.

**Education Aid/Technician, GS-1702-03/04,** MWR Department, Child Development Center. Announcement number SIG03-EDTECH. Open Continuous.

**Contract Specialist, GS-1102-13,** Resident Officer in Charge of Construction (ROICC). Announcement number SIG03-020183. Open Until Filled.

**IT Specialist, GS-2210-11,** Information Systems Department, Administrative & Information Systems Security Division. Announcement number SIG03-020675. Open Until Filled.

**Materials Handler, WG-6907-05,** MWR, Business Operations Division, Warehouse Branch. Announcement number SIG03-024089. Open Until Filled.

