



The Signature

Signonella, Sicily

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TOP STORIES

Naval services have the opportunity to play leading roles in the transformation of the U.S. military, the Defense Department's director of force transformation said here March 31.

Page 3

Thanks to absentee voting ballots and newly-trained voting assistance officers, Signonellans have a prime opportunity to cast their vote in the upcoming presidential election.

Page 8

Recently Public Works Department opened its doors to everyone at Naval Air Station Signonella to show the public just what the busy bees, that's Seabees, actually do to keep NASSIG running.

Page 10

Navy Morale, Welfare and Recreation (MWR) departments worldwide have planned special events and activities throughout April to celebrate the "Month of the Military Child."

Page 14

Secretary of the Navy Gordon R. England set out three tenets to members of his Navy/Marine Corps Safety Council on March 17 that he wants implemented in order to achieve his safety goals overseas and at home.

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SDS class discovers hospital careers

Story and photos by
JO3 Steve Weaver
Staff Writer



HN Richard Joy shows students from NASSIG's Stephen Decatur School different medical instruments used in surgery in the United States Naval Hospital Signonella (USNHS) operating room.

Eighth-grade students from the Naval Air Station Signonella (NASSIG) Stephen Decatur School had to go to the U.S. Naval Hospital Signonella on March 31.

This visit wasn't for a check-up, it was to find out about the multitude of careers of those who work in a hospital.

The Advancement Via Individual Determination (AVID) class toured many areas of the hospital including the pharmacy, Medical Logistics (MEDLOG), Emergency Room (E.R.) and Physical Therapy. In each area the students were able to ask questions and see what happens each day in a hospital.

"We took them down to the E.R. to check out the ambulances and to see how IVs are started," said Lt. Cmdr. Heidi Roberts, Acute Care Clinic senior nurse. "We took the blood we drew in the E.R. to the lab and had the lab tell us a little about it and what their career paths are to be lab officers."

The students also saw the beginnings of life. "We went through the clinic and we did an ultrasound on one of our providers who is pregnant," Roberts said. "They got to see the baby in utero... that was really cool."

"They get to see the different fields a lot deeper," said Tisha Bourquin, a tutor for AVID. She said the visit showed the students that even though some careers like being a doctor can take a while to learn, it showed them "it can be fun also."

The AVID class, which includes seventh and eighth-grade students, helps average students with high academic potential prepare for entrance to colleges and universities. "It's a college course," said Rosa Ariles, a tutor for AVID. "They're average students that we're pushing towards college. The course requires them to have upper-level classes, such as honors and advanced placement."

"The hospital was a good trip because we have two students for sure who are thinking about medical," said Bourquin. "They get to now say this is really what I want to do and now they get to really see it."

The students got to do some hands on activities when they entered the operating room (O.R.). The students learned about anesthesia and what the O.R. nurses, surgeons and O.R. technicians do. "I think it showed them that in just on one setting there's a lot of different things going on," said HM2 Damon Denton, O.R. leading petty officer. "You have officers doing nursing, being the surgeon and doing anesthesia to the enlisted side where we're taking care of the instruments and being responsible basically for all the other stuff."

The O.R. technicians set up an interesting demonstration involving various medical tools, a steak, and a chicken. It may sound weird but it helped demonstrate surgical methods used. The students used an electrosurgical unit. Students, page 12

Navy Leadership classes being revamped for Sailors

Story by Alexis James
Staff Writer

Every day on every base, it's common for Sailors to perform leadership roles above their pay grade. Now thanks to "just in time" training, each leader will have the resources to do their job correctly. The Revolution in Navy Training's Center for Naval Leadership (CNL) is now aligning leadership training to the job Sailors perform and not to their rank.

Previously, formal leadership training (then the Petty Officer Second Class Leadership Training Course) was not available to these first line leaders," said CNL Commanding Officer Capt. Douglas McDonald.

Master Chief Laurin Lader, of the Navy Leadership Training Unit on Naval Air Station Signonella says, "A lot of young seaman are put in leadership roles and have no training. So what we were doing is as leaders, we were setting them up to fail."

The first level of this sequential, progressive LDP is the First Line Leadership Development Program (FLLDP), which replaces the Petty Officer 2nd Class Leadership Training Continuum (LTC). This program is designed for all Sailors between E-3 and E-5 who are responsible for daily direction of subordinates, as seamen and petty officers are often put in these important positions.

The Primary Leadership Development Program (PLDP) is the second level of the new LDP, to replace the Petty Officer First Class LTC. It is designed for E-5 and E-6 Sailors who are assigned the divisional responsibilities of a leading petty officer.

The Advanced Leadership Development Program (ALDP) is the Leadership, page 3

NASSIG celebrates Women's History Month

Photo by PH2 Cathrine Key



Gwendolyn Cherry of NAS Signonella Defence Reutilization and Marketing Office delivers a speech on the importance of women in history during the National Women's History Month celebration held at the NAS II Galley April 1. Cherry was one of several speakers at the ceremony, eight of whom read short biographies of the eight women selected by the National Women's History Project for special honors as "women who inspire hope and possibility." Each a living symbol of the diversity of the accomplishments of American women, they include lawyers, athletes, writers and researchers.



Direct Line

Capt. T.L. Davison
NASSIG
Commanding Officer

Crime and Punishment

A fantastic novel by Fyodor Dostoevsky tells the tale about a Russian, named Rodion Romanovich Raskolnikov, who is contemplating committing an awful crime and begins the journey down a road of death, destruction and disobedience. At the beginning of the novel, Raskolnikov sees himself as a "superman," a person who is extraordinary and thus above the moral rules that govern the rest of humanity. That leads to his downfall and his guilt leads to his demise and later remorse for his crimes.

The Uniform Code of Military Justice governs military members. The UCMJ dictates to us all how we should behave and how we ought to conduct ourselves 24 hours a day, 7 days a week. The UCMJ even covers retirees and some have even been returned to active-duty to face the charges of their crimes. The UCMJ is a rulebook of crimes and punishments and the procedures to administer justice.

At NAS Sigonella, we use several methods to help us decide what actions should be taken against an alleged offender. When a case comes before the Staff Judge Advocate's office, it is reviewed and it's facts are assessed. If necessary further investigation may be initiated. After a thorough case review is completed, recommendations are made for disposition. A case can be dismissed, recommended for Executive Officer's Inquiry (XOI), Captain's Mast, or if appropriate, courts-martial. Currently at NASSIG the most common forum for the disposition of UCMJ violation's is NIP/Article 15 non-judicial punishment.

XOI is an acronym for executive officer's inquiry. It is the forum where an accused Sailor goes before the executive officer. This inquiry is where the XO assesses a case and makes his recommendations for disposition. The XO can recommend dismissal of a case with no action, or the XO can recommend the case proceed to a punitive forum such as NIP or court martial. The XO can also recommend that more information be gathered, or that a case be handled with other non-punitive options at the departmental level. Non-punitive options include but are not limited to counseling or EMI (extra military instruction). At every XOI the XO confers with a member's chain of command, review the service record book, and question's the accused member. At NASSIG the XO looks at all aspects of the Sailor's life.

Captain's Mast or NIP is a forum where an accused goes before their commanding officer for disposition of an alleged offense. Your chain of command, the SJA, the CMC, and CMAA personnel are in attendance as part of the process. The maximum punishment at NIP is reduction in rank, forfeiture of 1/2 month times 2 months of pay, and 45 days restriction and 45 days extra duty or 60 days restriction. Before any punishment is administered a preponderance of the evidence must indicate that you have committed the alleged offense. A guilty finding at a captain's mast does not carry with it a criminal conviction. While the captain's mast will be entered into your service record book, you will not be entered into any criminal databases. Unless you are attached to a vessel you have a right to refuse captain's mast and demand court-martial.

Here at NASSIG, each case is taken very seriously. When a member is found guilty of an offense at NIP many factors are considered in determining the appropriate punishment. In addition to considering the gravity of an offense, I review the recommendations of the chain of command, my CMC, and my SJA. I also consider whether a member has taken responsibility for their actions, and what actions they have taken to better their situation. For most member's punishment at NIP is not something that cannot be overcome as part of a Naval Career. With dedication and resolve one accept the punishment as a "wake up call" and take steps to improve themselves.

Don't become a Raskolnikov, think about your potential consequences before you act!

HEALTHWATCH

April is Alcohol Awareness Month

Lt. Cmdr. Bryn Reina, MC/USN

Spirits (alcoholic beverages) are often a part of different celebrations for various reasons, but, if one is not careful, alcohol can lead to depression, accidents, domestic violence, suicide, and homicide.

Many of you have heard statistics on alcohol related problems before. Instead of reviewing those, I'm going to share with you some myths about alcohol from patients treated for depression, anxiety, and sexual dysfunction.

1. Drinking alcohol before bed will help me sleep - FALSE. Alcohol may initially make you tired and fall asleep, but it interferes with your stage 4 (deep sleep). This causes you to wake up in the middle of the night or early morning. In fact, if you are a regular or heavy drinker of alcohol and quit drinking, this interruption in sleep can last for months after you quit.

It will eventually improve, but it can be an annoyance for quite some time.

2. Alcohol helps me feel happy and improves my mood - FALSE. One may feel a "buzz" initially from alcohol, but it is a depressant and can cause depression that cannot be fully treated until a person stops drinking entirely. It also makes depression and anxiety worse.

3. I can wait 1-2 hours after drinking and be fine to drive - FALSE. If you drink ANY amount of alcohol, you should NOT be driving. Alcohol in any amount decreases attention, affects judgment, and reaction time. As you begin to sober up, you may not feel drunk, but research has shown that people still have significant cognitive deficits, including problems with spatial reasoning, planning, and ability to control behavior.

Contrary to folklore, if you're drunk and in an accident, you do NOT escape injury. In fact, you are more likely to be severely injured in an automobile accident and you double your risk of dying. \$51 billion are spent a year in treating people in alcohol-related car accidents.

4. Alcohol isn't fattening! I vomit after drinking, so it's not causing weight gain - FALSE. Alcohol has significant fat. In fact, one study showed that infrequent, but heavy drinkers (binge drinkers) had more abdominal fat than nondrinkers or light drinkers and also had a higher risk of heart disease. Drinking a glass of red wine 3 nights a week may be beneficial in preventing heart disease, but heavier drinking, even infrequently is not. Want to lose weight? Try decreasing or cutting out alcohol.

5. I'm having trouble with my memory, but alcohol can't be the cause - FALSE. A recent study of 736 people found that a person's

Healthwatch, page 17



CRIMESTOPPER'S HOTLINE

624-6389

March 29 - April 4

The following incidents were reported and categorized as follows:

Traffic accidents without injuries - 13

Traffic accident with injuries - 2

Car break-ins - 0

DUI - 1

DUI's 2004 - 4

DUI's 2003 - 58

Commanding Officer Capt. Timothy L. Davison	Deputy Public Affairs Officer Alberto Lunetta	Staff PH3(SW) Betsi Currence
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NJP Results

Violation of UCMJ art. 86 (Unauthorized absence).
Awarded restriction to the limits of U.S. Naval Air Station Sigonella (NAS II) for 45 days; extra duties for 45 days; reduction to the next inferior pay grade (suspended for six months).

Violation of UCMJ art. 111 (Drunken operation of a vehicle).
Awarded restriction to the limits of U.S. Naval Air Station Sigonella (NAS II) for 45 days; extra duties for 45 days; forfeiture of \$596 pay per month for two months; and reduction to the next inferior pay grade (suspended for six months).

Enjoy your tour responsibly

JO2 Lily Daniels
CNE Public Affairs

LONDON - As part of a series of theater-wide coordinated training sessions Naval Forces Europe gathered a panel of subject matter experts recently to educate Sailors on the pitfalls of drug and alcohol abuse.

The panel included Commander, U.S. Naval Forces Europe's Command Drug and Alcohol Program Advisor (DAPA), Career Counselor, Alcohol and Drug Abuse Managers and Supervisors (ADAMS) coordinator and Inspector General who spoke about numerous issues involving drug and alcohol abuse.

Sailors and family members stationed within Navy Region Europe have the unique experience to be submerged in various host nation cultures. Some of the cultural differences include attitudes about drinking and drug use.

For example, in a few countries it is acceptable to use marijuana. But in the Navy there is Zero Tolerance for drug use, no matter where the Sailor is stationed. Alcohol, however is an exception.

Alcohol is a depressant drug, but it's a legal substance. Sailors have to

know their own tolerance, and be willing to help shipmates who exceed their limits.

"Shipmates help shipmates 24 hours a day, and at times that means stepping in and assisting a shipmate who may have drunk to the point that he/she has lost their judgment," said Chief Yeoman (Air Warfare) Barrette Peters, CNE Command DAPA.

This is critical because as Lt. Jennifer Blazewick, assistant force judge advocate for CNE points out, "90 to 95% of all (adverse) incidents that occur in the AOR (European theatre) involve alcohol."

In an effort to prevent alcohol incidents from occurring the Navy offers many resources and training opportunities involving responsible drinking and intervention methods to educate Sailors.

The Alcohol Aware, ADAMS and Personal Responsibilities and Values Education and Training (PREVENT) courses are available for Sailors to further their knowledge on alcohol and alcohol abuse. These courses teach how alcohol affects one's personal behavior and health, some consequences of drinking and how to be aware of others' drinking

Tour, page 17

Naval Education and Training director announces fall 2004 joint MBA program

Naval Education and Training Command
Public Affairs Office

PENSACOLA, Fla. - The Director of Naval Education and Training, Vice Adm. Alfred G. Harns Jr., has announced the Fall 2004 Defense-focused Joint Master of Business Administration (JMBA) Program between the Naval Postgraduate School (NPS) Graduate School of Business and Public Policy (GSBPP) and the University of Maryland Robert H. Smith School of Business. In a message to the fleet dated March 9, 2004, Harns said that applications will be accepted through June for the 33-month program, which begins in September.

Established in 2003, the JMBA program focuses on defense management and leadership issues, and is open to Department of Defense (DoD) civilians, and active and Reserve military officers and enlisted personnel.

JMBA courses are offered on weekends, allowing students to earn an MBA from both institutions while continuing to work at their full-time jobs.

According to Rear Adm. Patrick W. Dunne, NPS Superintendent, the program combines the civilian business expertise offered through the Smith School of Business with the defense relevance of NPS' Graduate School of Business and Public Policy in areas such as finance, acquisition, manpower and strategy.

"This is a unique partnership with great potential," said Dunne. "The Robert H. Smith School of Business consistently ranks in the top 20 in business school quality polls, and the Naval Postgraduate School pioneered the defense-focused MBA. Combining the expertise inherent in these two prestigious institutions yields a world-class program for our future Defense leaders."

JMBA student David J. Dowling, a Major in the United States Marine

Corps, became interested in the program for the multi-faceted training perspective it offers.

MBA, page 17

NAS Sigonella Worship Opportunities

Catholic Mass
 Saturday 5 p.m. Chapel (NAS II)

Sunday 9 a.m. Chapel (NAS I)
 Sunday 9 a.m. in Italian 41* Stormo Chapel (NAS II)
 Sunday 11 a.m. Community Center (Mineo)

Protestant Traditional Service
 Sunday 8:15 a.m. Chapel (NAS II)
 Sunday 11 a.m. Fellowship Hall (NAS I)

Protestant Worship
 Sunday 9 a.m. Community Center (Mineo)
 Sunday 10:45 a.m. Chapel (NAS I)

United Pentecostal Church, International
 Sunday Noon Chapel, (NAS II)

Church of Jesus Christ of Latter Day Saints
 Sunday 1 p.m. Chapel (NAS I)

Church of Christ
 Sunday 3:30 p.m. Chapel (NAS I)

Jewish Shabbat Service
 Last Friday of the month 5 p.m. Chapel (NAS I)

Weekdays
 Catholic Mass 4:30 p.m. Monday & Tuesday 11:30 a.m. Thursday & Friday (NAS I)

Monday thru Thursday at 11:30 a.m. (NAS I Chapel)
 Wednesday Protestant Bible Study

4:45 p.m. (NAS II Chapel)
 5 p.m. (NAS I Chapel)
 For more details, call 624-4295 or 624-9049.

The Passion of the Christ



By Chaplain Richard Townes Command Chaplain

By now you're probably aware of Mel Gibson's blockbuster movie, "The Passion of the Christ." In spite of the controversy surrounding this movie, it opened in over 3000 theaters and has broken earning records. Some even claim that lives have been changed and turned around after viewing it. I'm not surprised.

The film tells about the last twelve hours of Jesus' life, showing the pain and the suffering he went through to pay for humanity's sin. Every Christian should be familiar with this account as it is the very foundation of the Christian faith. In a nutshell the Christian faith is summarized by Jesus' coming to earth, living the perfect and holy life, dying on the cross as our substitute, and paying for our sin.

Christians call the day chronicled by Gibson in his movie "Good Friday" (which is celebrated by the Church today). It's called "good" because of Jesus dying to pay for sins, and, if you are a Christian, that certainly is very good

news. We Christians need Jesus on the cross paying for our sins because we cannot do it on our own. Furthermore, I'm not sure anyone can make it on their own in spite of their best efforts. The English author, John Donne, wrote, "No man is an island, no one is self-sufficient; everyone relies on others." He's correct. We can't do it by ourselves; the load is just too heavy.

Maybe you're loaded down by job worries. Maybe your marriage is on the rocks. Maybe you're facing Captain's Mast or Court Martial. Maybe you're just plain homesick. Well, you are not alone and there is a lot of help available so you don't need to carry all of your burdens yourself. Whether you're a Christian or not, I think you'll agree that when you spread the weight of your troubles around the load gets lighter.

Good Friday is the day that Christians focus upon laying the heavy load of all we've done wrong on someone else - Jesus - whose shoulders are big enough to handle it.

I hope for all of the people on NAS Sigonella, Christian or not, is that you too will unburden yourself by seeking help. My hope is that you will come to one of the chaplains and let them point you in the right direction to get the proper assistance you need.

Now that's really good.

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NAVY NEWS

Navy may play lead transformation role, DoD official says

By K.L. Vantran, American Forces Press Service

ANNAPOLIS, Md. (NNS) — Naval services have the opportunity to play leading roles in the transformation of the U.S. military, the Defense Department's director of force transformation said here March 31.

Transformation, said retired Vice Adm. Arthur K. Cebrowski at the Annapolis Naval History Symposium, is "new values, new attitudes and new beliefs," and how those are expressed in human behavior and institutional behavior.

"While we have made very significant progress, there are clear indications that these are only the first steps," he added. "Much more must be done, and the pace is not ours to set."

The war in Iraq, the war on terrorism and globalization are compelling not only the pace and the intensity of transformation, but also its character, said Cebrowski.

He spoke of the president's vision for America's national security that "embraces the solemn duty that confronts us today—not only lift the dark threat of terrorism, but to build a safer, better world that favors human freedom, democracy and free enterprise."

America's view of strategic response has been changed, said Cebrowski. Instead of being prepared to act in the wake of an attack—being reactive—the United States must be preventive, he said; a stance that indicates the need for a change in intelligence capabilities.

"Clearly, we have to know more, sooner," he said. "We must acquire the capability to better identify and understand

potential adversaries. This calls for different organizations, different systems and different ways of sharing intelligence. We need the ability to look, to understand and to operate deeply within the fault lines of societies where, increasingly, we find the frontiers of national security."

The most significant shift in force planning, he continued, is the rise of deductive thinking and capabilities-based planning, which "provides a framework for understanding some of the persistent and emerging challenges before us."

Naval force planning, said Cebrowski, always has been difficult because of two driving beliefs: navies take a long time to build, and navies last a very long time. "Now, we realize that neither of these need be true," he added. "Rather, they are choices we can make or discard. We must challenge old assumptions and old metrics."

Organizations that can readily adapt and retain flexibility within their operating domains—whether in business or war—likely will survive in rapidly changing times, he said.

Cebrowski outlined four new metrics that will drive future force planning: the ability to create and preserve options, to develop high transaction rates, to develop high learning rates and to achieve overmatching complexity at scale.

Also, said the transformation director, the United States must accelerate and expand its work in nonlethal weapons, directed and redirected energy, and biomedical response.

"Lastly, we need a new business model for space," said Cebrowski. "With the sharp increase in the capability per pound on orbit, now is the opportunity for the Navy to re-enter the space market."

Chu, England discuss new civilian system in open letter

By Jim Garamone, American Forces Press Service

WASHINGTON (NNS) — A letter signed by Defense Department leaders asks DoD civilian employees to be patient as teams work to make the new National Security Personnel System a reality.

The April 1 letter, signed by Defense Undersecretary for Personnel and Readiness David S.C. Chu and Navy Secretary Gordon England, stresses that DoD sees the new personnel system as a collaborative effort.

The system, passed as part of the fiscal 2004 National Defense Authorization Act, allows DoD to transform the civilian personnel system to make it more agile and responsive.

Defense Secretary Donald H. Rumsfeld said the new system would make it easier for the department to make new hires and keep highly skilled employees. It also would allow DoD to move workers to specialties as national security concerns change, he said.

In the letter, Chu and England state, "We are determined to take the time necessary to do the job right." Taking time will allow the department to consult with employees, managers and unions, a DoD spokeswoman said. The Chu/England letter encourages all those interested in the system to present their thoughts, ideas, views and concerns.

The department also is working with other government

agencies as it develops the new system. DoD officials are consulting with the Office of Personnel Management, the Office of Management and Budget, and the Government Accounting Office as the new system takes shape. It also is taking lessons from the Department of Homeland Security, which built its own personnel system after it was formed last year.

DoD has teams working to define the system now. The DoD spokeswoman said five teams are looking at process, personnel, programs, requirements and communications. A sixth team will serve to draw together recommendations from these five teams into one package. That proposal is scheduled to be presented to Rumsfeld and other senior leaders some time this month.

Once it's approved in DoD, senior leaders will work with Congress on implementing the system.

Chu and England said in the letter that the system still is being formed. Few details about how the system would work are available, because there is no system yet, officials said. Concepts and proposals will change over time, the two men pointed out in their letter, and they promised the department will do its best to keep employees informed.

Information will be available on the Defense Department and DefenseAmerica Web sites, the Pentagon Channel and local commanders' television programs. The new system also has its own Web site.

Sea Basing key element of Navy 2020

By K.L. Vantran, American Forces Press Service

ANNAPOLIS, Md. (NNS) — The Navy of 2020 will have unmanned underwater reconnaissance vehicles, the service's deputy chief of naval operations for resources, requirements and assessments said here March 31.

"Our weapons systems and ability to communicate are far better than they've ever been," Vice Adm. J. Cutler Dawson Jr. told attendees of the Annapolis Naval History Symposium at the U.S. Naval Academy.

The Navy of 2020 also will have "distributed systems that lay in parts of the ocean that can deny access to an enemy and rapidly kill him if he goes into those areas," said the academy graduate.

The service, he added, has transformed from a "blue-water" Navy that was structured to defeat the Soviets at sea during the Cold War to a force that will be sea-based.

Sea basing has three critical elements: access, speed and reduced footprint, said Dawson.

Dawson talked about the deployment of the U.S. 2nd Fleet flagship, USS Mount Whitney (LCC 20), that provided sea-based support to Marines in Djibouti at the Horn of Africa.

"Why did we do that?" he asked. "Because access was not assured, and even when we did have access, it was so immature that the investment to get ashore took time and money."

In planning the future force, the admiral said the Navy considers five elements. "We look at the most likely combat operations and possible rules of engagement," said Dawson. "We look at bases and access, which has recently been greatly influenced by denial of access to Turkey. We look at potential

Sea Basing, page 16

The Energy Block

Fuel prices are going up. I believe, without the gas coupons, a lot more of us would carpool to work.

For every mile-per-hour over 55 mph, the average car or truck loses almost two percent in gas mileage and cars emit 20 pounds of carbon dioxide for every gallon of gas consumed. Boosting the occupancy of automobiles in rush hour from one to two would save 40 million gallons of gasoline a day, while reducing the number of vehicles on the road. If you have a shorter commute to work, consider biking or walking to save gas and enjoy the sunshine. Are you looking for a car to purchase? If so, use comparison tools to evaluate the fuel economy for makes and models you are considering for the most fuel-efficient car.

Stay cool, but don't burn all your gas away when it's hot! Air conditioning burns fuel so drivers should use it sparingly. Cars with lighter exteriors and interiors will have lower temperature and reduce the need for air. Wait to run errands in the morning or evening when it's cooler. Other wasteful habits are keeping your car idle when stopped. You burn less gas when you turn your engine off and restart it. Don't get stuck with squeaky tires. Make sure your tires are in good shape, aligned properly and, have the correct amount of air. It is also very important you stay on top of your car's maintenance and servicing. Worn spark plugs, bad breaks and low transmission fluid can all worsen a car's fuel efficiency. These precautions not only save on fuel, but also think about being broken down on the side of the road waiting for a tow truck. Hey! Let's be aware of the small problems and save all our energy for the big ones!

*DID YOU KNOW: A transit bus with as few as seven passengers uses less fuel per passenger mile than a typical car with only a driver in it.

*DID YOU KNOW: Increasing mass transit ridership by 10 percent in the five largest metropolitan areas would save 135 million gallons of gasoline a year, while also reducing emissions of air pollutants.

Let's use, not abuse

Sexual Assault Victim Intervention

SAVI offers a Sexual Assault Hotline staffed with trained Advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

USS Higgins to returns from Sea Swap deployment

From Commander, Naval Surface Force, U.S. Pacific Fleet Public Affairs



Following a muster of ship's company on the pier, the crew of the guided missile destroyer USS Benfold (DDG 65) relieves the crew of the guided missile destroyer USS Higgins (DDG 76) as part of the U.S. Navy's Sea Swap initiative. This is the second phase of the Navy's Sea Swap initiative, which involves rotating three crews through a single ship to allow for more time on station in theater, while returning crews home at six-month intervals.

SAN DIEGO (NNS) — USS Higgins (DDG 76) will return to its homeport in San Diego April 4—after more than 16 months at sea—with the last of three rotating crews that served aboard in six-month deployments in the Navy's Sea Swap program.

Sea Swap is an experimental initiative that increases forward naval presence by utilizing both Arleigh Burke-class guided-missile destroyers and Spruance-class destroyers.

Higgins and USS Fletcher (DD 992) have provided continuous presence in the U.S. 5th Fleet area of responsibility (AOR), while swapping crews at six-month intervals aboard the two ships, involving approximately 2,000 Sailors.

The Sea Swap initiative demonstrated efficiency by deploying a single ship to a theater of operations for 18 months, reducing the transit time and increasing Sailors time on station conducting real-world operations.

As part of the Sea Trial process, the Navy is conducting a detailed analysis of the Sea Swap experiment to determine the viability of the Sea Swap option for potential future forward presence requirements.

Sea Swap for Higgins began in November 2002, when the initial crew departed San Diego. That crew was part of the coalition force that launched Tomahawk Land Attack Missiles against military targets in Iraq during the opening stages of Operation Iraqi Freedom.

The crew of USS Benfold (DDG 65) replaced the original Higgins crew in April 2003, and the Higgins crew flew back to San Diego to become the new Benfold crew.

The third Higgins crew came from USS John Paul Jones (DDG 53) in October 2003, and this crew will remain as the crew of Higgins. The three Higgins crews accounted for 116 additional days of presence in the U.S. 5th Fleet AOR, which would normally take more than four standard DDG deployments.

"I am very pleased with the results of Sea Swap," said Vice Adm. Tim LaFleur, commander, Naval Surface Forces. "Sea Swap improves our culture of readiness by providing increased operational availability and provides continuous forward presence without extending deployments for our Sailors. The ship is in good shape, and the crews have done a remarkable job. With a fleet of less than 300 ships, we need to look continually at new ways to deliver the Navy's combat capability."

The Spruance-class destroyer (DD) Sea Swap program is continuing, with a fourth crew now aboard Fletcher. She is scheduled to return to San Diego in June. The four DD crews consisted of Sailors from Fletcher, USS Kincaid (DD 965), USS Oldendorf (DD 972) and USS Elliot (DD 967).

Crews aboard both Higgins and Fletcher participated in a wide array of multi-ship operations in the 5th Fleet AOR, including operating with multi-national forces supporting coalition efforts in Iraq, and including escort duties, intelligence gathering and maritime interdiction operations.

Leadership from page 1

third level of LDR, and is intended for first class petty officers and chiefs who are assigned the administration, supervision and training responsibilities of a divisional or departmental leading chief petty officer. This program replaces the Chief Petty Officer LTC.

Two additional programs, the Command Leadership Development Program (CLDP) for E-8/E-9 and the Executive Leadership Development Program (ELDP) for FLTCM, CNOCM, etc., are currently under development by the Center for Naval Leadership.

Prior to these changes, whatever leadership training Sailors did receive was, according to Lader, "strictly facilitator based, and all the instructions they (Sailors) got was up to how good the facilitator was."

Now everything is computer based, and everyone in the Navy will be getting exactly the same training.

To learn more about the Leadership Continuum, and to access online leadership learning resources, visit the Center for Naval Leadership page on Navy Knowledge Online at www.nko.navy.mil.

News Briefs

April Operations Security Awareness Slogan Contest

1st — 72 Hour Special Liberty and MWR Information Tours and Travel (ITT) Trip

2nd — Information Tours and Travel (ITT) Trip and family bowling passes

3rd — Family movie pass

Most funny — three movie passes and three bowling passes

What is OPSEC? Operations Security prevents the inadvertent compromise of unclassified indicators, sensitive or classified activities, capabilities, or intentions at the tactical, operational, and strategic levels.

Translation — a lot of unclassified information put together can equal classified

Everyone is invited to participate! Make your slogan funny, straightforward, serious or how ever you want it. Email it to Opssec@ussigsicily.navy.mil

With the following information:

Your name
Rank or position
Command
Telephone number

Winners will be chosen at the end of April so take your time and make it good.

There is no limit to how many entries you can have.

Signonella Idol

Signonella Idol 2 tickets for the May 15th show at Jox will be on sale in the Commissary during select days beginning April 16th. Ticket prices are \$15 for E7 and above; \$10 for E6 and below. Price includes hors d'oeuvres. A cash bar will be available. Tickets are limited so you had better hurry! Proceeds go towards the Stephen Decatur Scholarship fund as well as a generous grant to spouses seeking higher education.

Gas Coupons

Defense Energy Support Center (DESC) U.S. Contracting Office awarded contracts to supply fuel for Italy by AGIP and ESSO Gas Stations. Rationed tax-free fuel coupons are to be redeemed only at these stations in Italy.

The Tammoil Gas Station between NAS 1 and NAS II is not an authorized dealer. Using unauthorized gas stations will result in losing your tax-free fuel coupon privileges. At the current selling price of \$44.50 for 100 liters equals approximately \$1.68 per gallon versus \$3.78 per gallon at most off-base stations without tax-free coupons.

For further instructions or questions, please contact NEX Fuel Office at 624-4541.

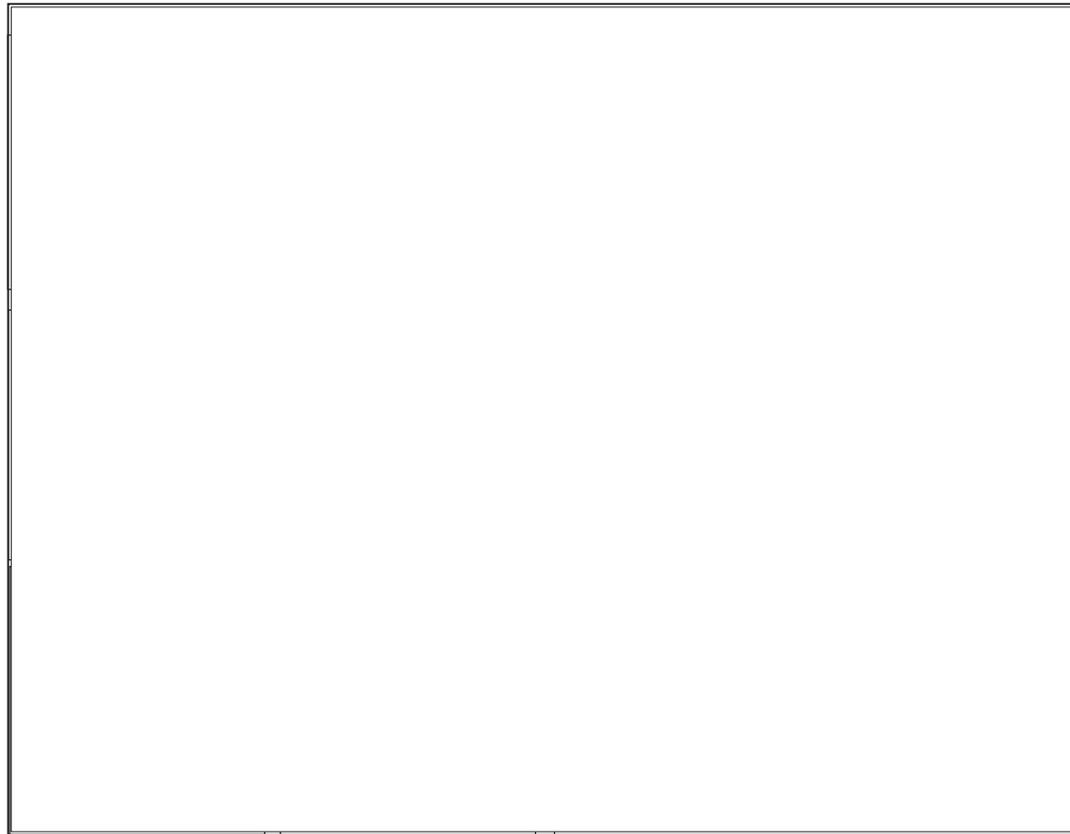
April is Alcohol Aware

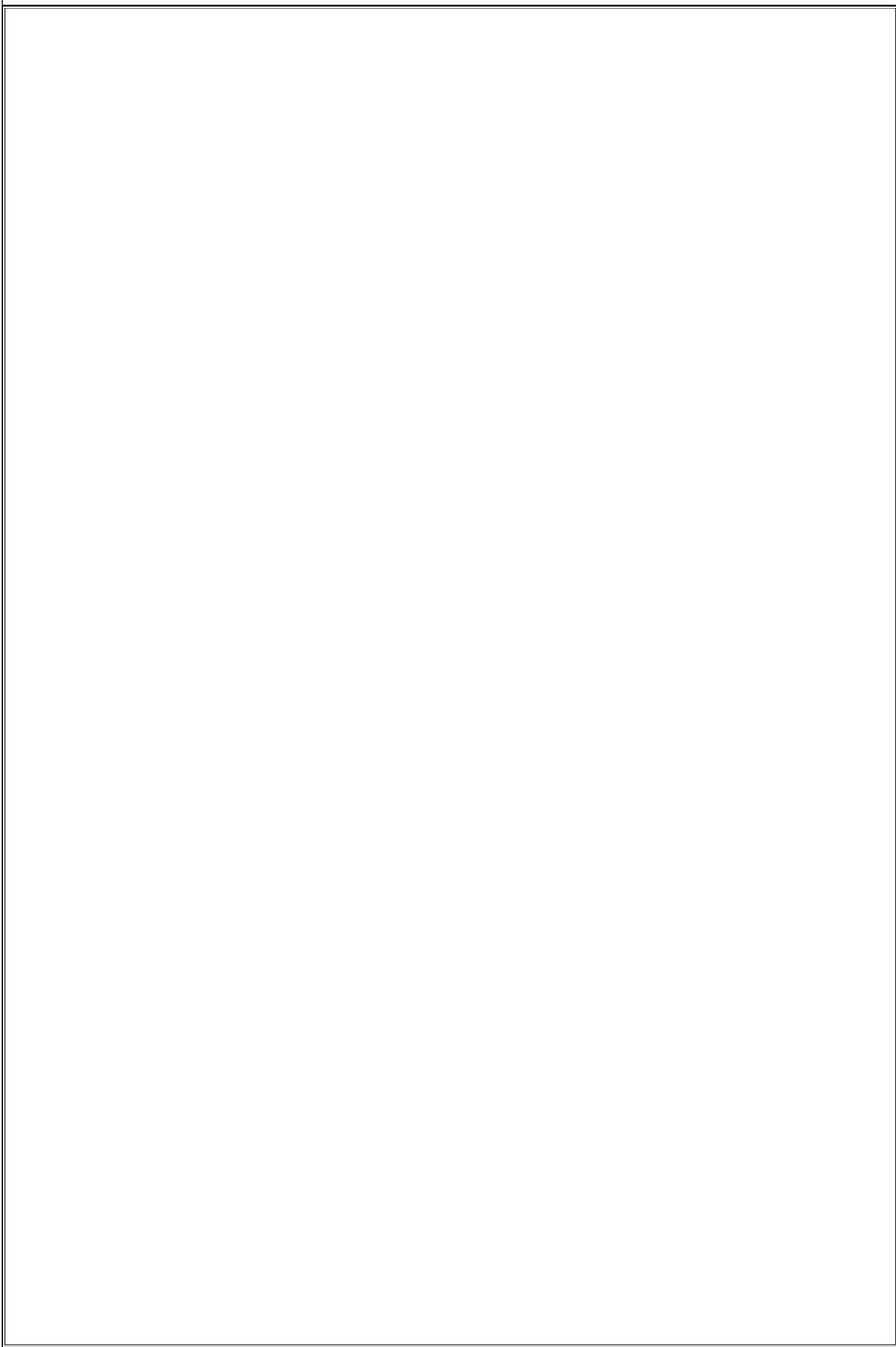
SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

COMMUNITY CALENDAR

						9 April	Easter Egg Hunt Take 5 Liberty Center. 11 a.m. Call 624-5602	10	Community Easter Egg Hunt NAS I gym 12:30 p.m. Call 624-3712				
11	NASSIG Easter services see page 16 for details	12	XBOX Soul Caliber II Tourney Take 5 at 6 p.m. Signup at 5:45 p.m. Prizes	13	Movie & Munchies Days Mineo Teens Enjoy free snacks and a movie after school.	14	Navy-Marine Corps Relief 3-day Apprentice Case work training April 14-16, 9 - 4 p.m. Call 624-4212.	15	Stamping 101 The Works Building 5:30 - 7:30 p.m. Sign up by April 13 Call Lana at 624-5271.	16	Catania History I ITT Call 624-4396	17	Babysitter Training Red Cross 9 a.m. to 4 p.m. Call 624-5446
18	Siracusa II & Seafood Restaurant ITT Call 624-4396	19	PTO Meeting 2:30 p.m. mB-25	20	Healthy Preganancy, Healthy Baby Course Red Cross Call 624-5446	21	Hypnotist Chuck Milligan Live Crater Pub 8 p.m. 18 years and older	22	Photo Safari Meeting 4:30 to 5:30 p.m. Call 624-4488	23	Taormina by Night & Limoncello Factory ITT Call 624-4396	24	Marzamemi Fishing trip AU 624-4271
25	Vizzini Ricotta Cheese Festival MWR Call 624-5271	26	XBOX Unreal Championship Tourney signups start at 5:45 p.m. Take 5 Call 624-5602	27	Red Cross Volunteer Orientation 10 to 11:30 a.m. Red Cross Call 624-5446	28	Spades and Pizza Night sign ups start at 5:45 p.m. Win prizes for the most points only at Take 5. Call 624-5602.	29		30	CDC Awesome Aloha Day 3 to 5:30 p.m.	1 May	MWR Kite Festival Call 624-5271 for more information

	Sat., April 10	Sun., April 11	Mon., April 12	Wed., April 14	Thurs., April 15
 Fri., April 9 See Sicily's most famous Good Friday procession in Enna and get a glimpse of its spectacular view of the Island. Call ITT at 624-4396.	Visit the Nature Reserve of Vendicari located in the providence of Sicily with ITT. Witness 1,300 acres of golden sandy beach with two salty bogs, a nesting ground for migrant birds, herons, storks, flamingos and much more. Bring water, a bag lunch of rested feet for the two hour walking tour. Call 624-4396.	Visit St. Biagio Platani to admire and taste Easter bread shaped in the forms of angels, bells, doves and more, then head to St. Angelo Muxaro, the most important archeological center in Sicily. Be prepared to enjoy a picnic style lunch. Call ITT at 624-4396.	Spend your evening stomping your opponent to the ground. Last man standing in the XBOX Soul Caliber III Tourney and win a prize. Signups start in Take 5 at 5:45 p.m.	Enjoy Poker and Pizza Night at Take 5. Sign ups start at 5:45 p.m. Wednesday is Karaoke and All Request Night at Jox Sports Bar. Drink specials from 5 to 7 p.m.	Learn photography techniques and prepare for upcoming photo excursions with Photo Safari. Meeting held in the Works, next to the Navy Lodge from 4:30 to 5:30 p.m. Call 624-4488 for more information.







By Alberto Lunetta
Signature Staff

Italian News

Sicilian culture and lifestyle

Easter Drama staged in Adrano

The eternal conflict between the forces of good and the evil is the theme of the *Diavolata* (from the word *diavolo* or devil), a 18th century spectacular religious drama, in Sicilian language, that is staged on Easter Sunday (April 11) at noon and at 8 p.m. The performance is held in piazza Umberto, the square located between the Norman Castle and the cathedral. Five devils, the soul, which is represented by a little girl, death (an actor wearing a skeleton costume) and the angel acted by a little boy, are the main characters of the drama. In the background of the stage, a scaring devil face and an empty grave are displayed. Smoke is given off during the performance. The characters engage in fighting and arguing amongst themselves. The drama has an allegoric meaning: the Passion of Jesus rescued mankind from the original sin. Consequently, the devils and death are terrified by the resurrection of Christ. However, they still try to convince mankind, by any means necessary, to give up Jesus' salvation. At that point Gabriel, the archangel, storms the scene and defeats the forces of evil by symbolically breaking the bow held by the death in two. Gabriel also forces them to pronounce the prayer that says *Viva Maria, la speranza dell'uomo*, (long live to the Virgin Mary, the hope of mankind). This invocation ends the performance.

Following the *Diavolata*, the *Angelicata*, (from the word *angelo* or angel) is held. A background displaying heaven replaces the previous gloomy setting of the stage. This



The community of Adrano will continue a 300-year-old tradition during Holy Week when a spectacular Easter drama will be staged on Easter Sunday (April 11).

play represents the meeting, surrounded by angels and saints, between the Virgin Mary and Christ. This meeting seals the triumph of good over evil.

U Sparu, (the shot) an amazing fireworks show to be held at the city's public gardens ends the drama.

For more info call Adrano tourist Office at 095-7606204.

Antique fair in Giardini Naxos

A prestigious antique fair featuring finest furnishings, bric-a-brac, arts and crafts, ceramics, deco objects and more, will be held from April 23 through 25 at the *Pulanaxos* located in via Apollo Archegeta in the Recanati district. As

you enter the city, you'll find signs to the Expo Center. Opening hours: 3 to 9 p.m. (April 23), 9:30 a.m. to 9 p.m. (April 24 and 25). For more information call 0942-50050.

David Byrne concert in Catania

"Three hundred sixty five degrees, Burning Down the House." Do you remember that famous line from the song "Burning down the house" by Talking Heads? Now's your chance to listen to it live again!

Former Talking Heads' front man David Byrne will perform for the first time in Sicily Tuesday, April 20 at the *Ciminiere* Convention Center in Catania (located at viale Africa n. 208, near the train station) in support of his latest release: "Grown Backwards." This new disc also includes a piece from the famous opera "La Traviata," sung in Latin, and a duet with Rufus Wainwright on a Georges Bizet's piece sung in French.

Long-time New York City resident, Byrne was born in Scotland in 1952 but spent his youth in Baltimore, Maryland. He attended the Rhode Island School of Design in the early 1970s. After a long career as singer and guitarist in Talking Heads, he has become a successful solo artist.

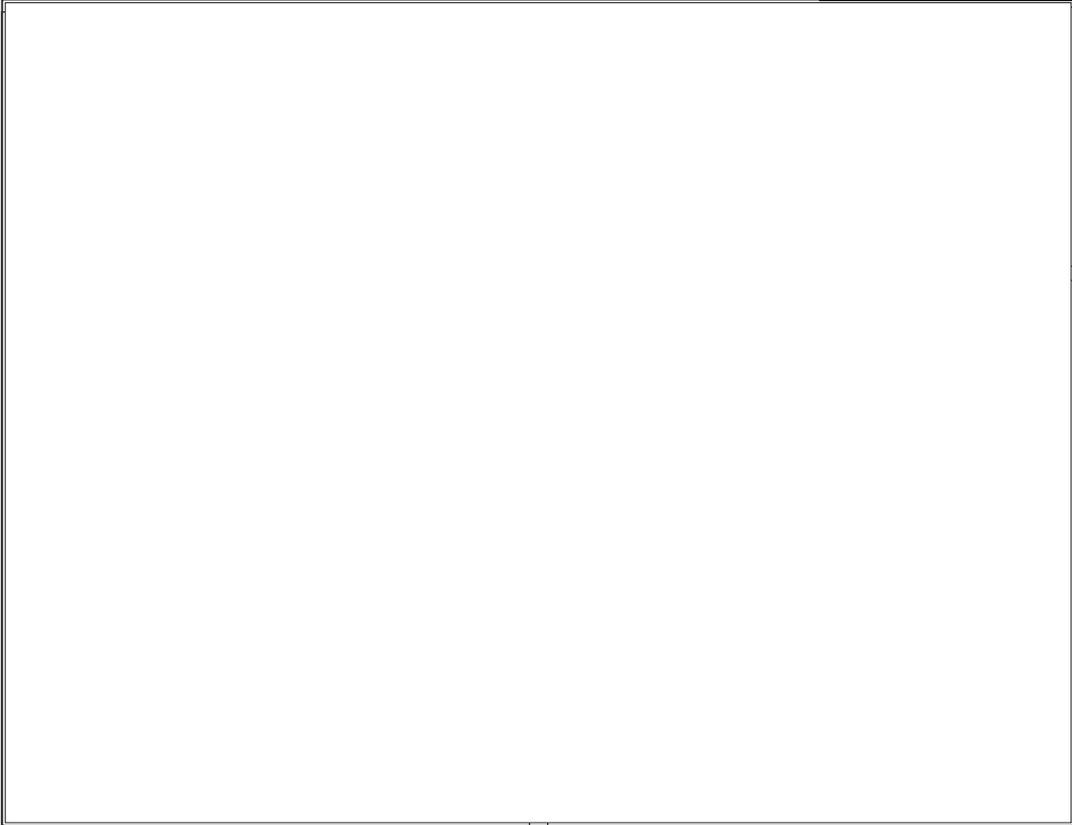


David Byrne, best known as the front man for Talking Heads, will perform in Catania on April 20 at the *Ciminiere* Convention Center presenting the hits of his solo career as well as some of the classic tracks of his former legendary band.

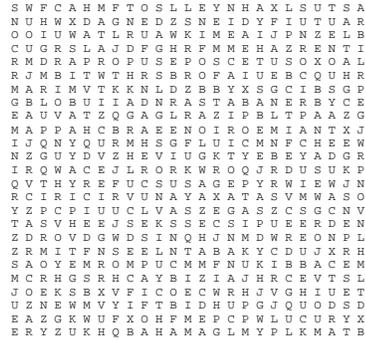
Byrne will be on stage with his band featuring Paul Frazier (bass) Mauro Refosco (percussions) and the six-piece "Tosca String Ensemble" from Austin, Texas. The concert will also feature songs from previous solo releases along with legendary Talking Heads' classics.

For more information detailed schedule and tickets click the following websites: www.ticketsonline.it or www.primaffila.info or call 095-7225340 and 095-7151488.

Conserve energy ... if you don't need it turn it off.



Word Find Stars and Constellations



- | | | | |
|-------------|----------|-------------|--------|
| ANDROMEDA | CRATER | MEISSA | TAURUS |
| ANSER | DRACO | MIRAM | VIRGO |
| AQUARIUS | ELECTRA | ORION | ZOSMA |
| ARIES | ENIF | PEGASUS | |
| ATIK | GEMINI | PHAET | |
| ATLAS | HERCULES | PHOENIX | |
| AUVA | HEZE | PISCES | |
| BAHAM | HOMAM | PROPUS | |
| BEID | HYDRA | RANA | |
| CANCER | IZAR | RASTABAN | |
| CAPRICORNUS | KRAZ | RIGEL | |
| CETUS | LIBRA | SAGITTARIUS | |
| CHORT | MATAR | SERPENS | |

TRIVIA

- 1) Which moon of Saturn is one of only two moons in the solar system with an atmosphere?
- 2) When was the Vatican City State or "Holy See" officially established?
- 3) Myrmecology is the study of what: ants, bats, methods of producing Styrofoam or cheese?
- 4) Who was the real captain on the Titanic?
- 5) Which two countries produce most of the world's olives?

(Answers on page 14)

Movie Connection

Friday, April 9



6 p.m.
Against the Ropes
(PG-13)**



9 p.m.
Eurotrip
(R)**

Saturday, April 10



1 p.m.
Catch that Kid (PG)



3:30 p.m.
My Baby's Daddy
(PG-13)



6 p.m.
50 First Dates
(PG-13)

Sunday, April 11



1 p.m.
Starsky and Hutch
(PG-13)



3:30 p.m.
Win a Date With Tad Hamilton (PG-13)



6:30 p.m.
Eurotrip
(R)

Monday, April 12



6 p.m.
My Baby's Daddy
(R)



8 p.m.
Eurotrip
(PG-13)

Theater Closed Tuesdays

Wednesday, April 14



6 p.m.
Babershop 2 Back in Business
(PG-13)



8 p.m.
Eurotrip
(R)

Thursday, April 15



6 p.m.
Cold Mountain
(PG-13)

Friday, April 16



1 p.m.
Scooby Doo 2: Monsters Unleashed
(PG-13)**



6 p.m.
Welcome to Mooseport (PG-13)



8:30 p.m.
The Cooler (R)**

** Future Re-release ** Sneak Preview ** Last Showing
(All times and movies are subject to change. For more information on the schedule, call the movie hotline at x4248)

SCHOOL NEWS

Seven Stars Shining at Stephen Decatur Secondary

By: Juniors Dustin Covell and Keenan Jones

Students are not always recognized for their academic feats and extracurricular performances. Seven students are brightening the atmosphere of Stephen Decatur Secondary with their accomplishments. They are some of the stars of SDS.

Advanced Placement Biology – Dustin Covell "Dustin asks interesting questions and raises interesting issues. He sparks the class to the scientific question, 'What if...'" comments Ms. Patricia Volosevich, "He's my bet for a 5 on the AP Bio exam."

Advanced Placement US History – Rachel Smith "She's a 10th grader taking AP and is doing extremely well," says Mr. Andy Caro, teacher of AP US History. Most students do not begin taking AP classes until their junior year of high school. Having one of the highest averages in the class as well as being a sophomore makes Rachel Smith an exceptional student.

Advanced Placement English Composition and Literature – Jessica Landsittel. Mr. Les Bryan, teacher of AP English Composition and Literature, chose Landsittel because she is a frequent contributor in class, and she has an excellent understanding of the current reading, *Pride and Prejudice*. "She knows her stuff," admits Bryan.

Advanced Placement English Composition and Language – Rachel Bryan. When asked whom she felt should be regarded as a shining star of AP English Composition and Language, Ms. Kendra Smith chose

Rachel Bryan. "There were so many other students who are worthy, but she brings with her a highly developed level of sophistication and insight in her work." Additional acknowledgements include Rita Anderson, Lawrence Barcelon, Megan Beaujon, Dustin Covell, and Romeo Rigor.



Rachel Bryan



Alex Naguit

only does he do the math well, but he can also talk the math well," states Streeter.

Drama – Robert Weaver. Mr. Les Bryan, sponsor of the drama club, noted Robert Weaver as being a star student in the drama club. "Weaver was instrumental in getting the drama club off the ground, he has starring roles in both productions, and was voted president by the other drama club members."

Science Symposium – Rita Anderson. Rita Anderson won the Silver Award as well as a \$1,500 scholarship at the Junior Science and Humanities Symposium in Heidelberg, Germany. She is continuing on to Maryland to compete in Nationals with her project on "The Effects of Glucose on Student Cognition."

Thanks to Our Friends at Security

Stephen Decatur Elementary School extends an enormous thank you to Security. Everyday they care for our children during arrival and dismissal. These fine people play a major role in assuring the safety of our children. During our school day they've also been seen in our fifth grade classrooms teaching DARE our anti drug and violence program. Our heartfelt thanks goes to Lt. Brinson and the DARE officers who worked with our individual classes. They are PO Allen, PO Vandenberg, PO Mruk, PO Armah and Seaman Perez. Our school motto of "Together, We Can" is epitomized in our relationship with these outstanding military members at Security who daily embrace the well being of our students. Thank you!



Stephen Decatur Elementary and Secondary School Registration

It's registration time at the Stephen Decatur Schools. Registration of all returning and new students is imperative to the school's mission. Staffing and budget are based on the number of students registered for the following school year. Administrators are unable to staff the appropriate number of classes without an adequate count of returning and new students. Registration schedule is as follows:

Kindergarten - April 22, 2004 (Kindergarten students must be five years old by October 31. There is no waiver for this age requirement. Drop by the elementary of for the registration packet anytime prior to April 22nd.)

Grades 1-12 - April 23, 2004 (Parents must update the registration information at this time and sign the required documents. There is no need to pick up any registration information prior.)

**Location - School Library
Time: 8 a.m. to 3 p.m.**

Boys & Girls Clubs of Sigonella to participate in ImageMakers National Photography Contest

Story courtesy of MWR

The Boys & Girls Clubs of Sigonella is joining a nationwide search to identify talented young artists. The competition is part of Boys & Girls Clubs of America's (B&GCA) ImageMakers National Photography Contest. Sponsored by the Circuit City Foundation, the contest is part of a comprehensive initiative encouraging artistic skills, cultural enrichment and creativity in the medium of photography.

As a participant in the ImageMakers National Photography Contest, the Boys & Girls Clubs of Sigonella may submit members' photography in three age divisions and five categories, including color process, black-and-white process, alternative process, digital and photo essay. Our local photography contest will be April 7, 2004 from 1200 to 1400 at the Crater Pub, upstairs. Selected photos will compete at the regional level, all other photos will be auctioned off to the highest bidder immediately following the awards announcements. Regional winners will be judged nationally. Forty-four national winners will be named and their photography displayed in the ImageMakers National Photography Contest traveling exhibition and at special B&GCA events throughout the year. Winning photographers will receive an award and letter of congratulations from B&GCA President Roxanne Spillet. Regional finalists will receive a certificate of participation.

"By introducing members to photography, we are giving them the priceless opportunity to express themselves in creative and unusual ways," said Kimberly Mosco, Youth Activities Director, Boys & Girls Clubs of Sigonella.



The Sigonella Boys and Girls Club members competing in the ImageMakers National Photography contest. Back row from left to right: Crystal Morales, Ebony Johnson, Amanda Hazelip, Vincent McFarlin, Richard Garmon. Front row left to right: Kiara Haye and Debrisha Morris.

Recently the Teen ImageMakers Club traveled to Siracusa on a photo shoot.

They visited the Roman-Greek Amphitheater, Temple of Apollo, and the Cathedral.

"I love to teach the kids about art and art is my passion," says Lissie Morales, ImageMakers Coordinator.

Sigonella Boys & Girls Clubs offer a variety of programs in the areas of character and leadership development, educational enhancement, career preparation, health and life skills, the arts, sports, fitness and recreation. To learn more about ImageMakers and other B&GCA programs contact 624-3712 or 624-4018.

Experimental ship, HSV Swift, visits old town Alexandria

By JO1 Hendrick L. Dickson, Navy News Service

WASHINGTON (NNS) — The future of naval combat was on display in the Washington D.C. area, when the U.S. Navy's contracted high-speed vessel (HSV) Swift, pulled pier-side in Old Town Alexandria, Va., March 30-April 3.

During the visit, the aluminum-hulled catamaran hosted visits for Department of

Defense employees, family members and contractors, complete with static displays and demonstrations to show some of the ship's capabilities.

Swift was delivered to the Navy Aug. 15 as the successor to HSV 1 Joint Venture. It is manned by two rotating 40-man crews, one based in Ingleside, Texas, and the other in Little Creek, Va.

Cmdr Clark Price, commanding officer of the current crew (the Ingleside crew) said

Swift has several missions, but one of its primary purposes is to be an experimental ship for the Navy's transformation.

Price thinks the Navy will benefit in the future from some of the Swift capabilities.

"One is to be the interim mine-warfare command and control ship. Another is to be the test platform for LCS [littoral combat ship] experimentation. The third is modular experimentation," said Price. "There are things on here I think the Navy could use to save manpower."

Swift also gives the Navy a strong blueprint, as the building blocks for the Chief of Naval Operations' Sea Power 21 plan falls into place.

Swift can reach speeds up to 50 knots, and its catamaran hull allows it to operate in coastal waters. The ship is also able to carry payloads of about 600 tons.

Voting Assistance Program director makes stop at Sigonella

Story by Alexis James Staff Writer



What makes America unique? One thing that sets apart the country that most of us call home is its democratic government—the fact that its citizens vote to elect its leaders. And being stationed abroad doesn't mean your part in this process is any less.

Thanks to absentee voting ballots and newly-trained voting assistance officers, Sigonellans have a prime opportunity to cast their vote in the upcoming presidential election.

Polli Brunelli, Director of the Federal Voting Assistance Program for the Department of Defense, made a trip to Naval Air Station (NAS) Sigonella recently to instruct voting assistance officers in the best ways to help those stationed abroad cast their vote.

Absentee ballots will potentially account for six million votes—some of which voting assistance officers are hoping to pull in. Brunelli was there to teach them to do just that. "We're here to make sure voting assistance officers are equipped," she states.

ITSN Amy Lewton is a new voting assistance officer that has already received some training from her

command. She hoped the seminar would bring further tips. "I do hope to gain more in-depth knowledge, to go a little beneath the surface."

And the voting assistance officers will need this in-depth knowledge, since voting rules may vary when living abroad. For example, some states require notarization on a request for an absentee ballot. Not so for those stationed overseas. For these little changes and irregularities in policy, Brunelli recognizes the importance of the officers. "The absentee process starts with voting assistance officers," she emphasizes. "The voting assistance officers out there are doing a tremendous job for us ... and we realize what an important job that is."

Another new voting assistance officer, ITC John Connolly, wanted to learn all he could about this important role. "I'm here to see all my responsibilities and get resources," he says.

Resources that will hopefully ensure a high voting turn-out from NAS Sigonella—but nothing is guaranteed. "We can't force people to vote, but we can certainly inform them of their eligibility," notes Brunelli.

It's the eligibility of all citizens to vote, that NAS Sigonella Commanding Officer Captain T.L. Davidson, believes helped make America "the best democracy in the world."

Being a part of this democracy doesn't change if you're stationed abroad. Says Brunelli, "We're dedicated to preserving our members' right to remain part of the electorate."



NKO now has library online

Story by Alexis James Staff Writer

Everything Sailors need to further their career is moving on-line. The Navy General Library Program (NGLP) has partnered with Navy Knowledge Online (NKO) to provide electronic books, reference materials and practice testing services at no cost to Sailors, Marines, Reservists, retirees, and Navy civilian personnel worldwide.

Since there isn't a Navy General Library at every naval installation, and Nellie Moffitt, NGLP Director, believes Sailors' needs are best met through EContent (electronic content).

Mike Sloane of the Regional Training Authority agrees. "All of the reference material available on Navy Library is going to assist the Sailor with anything they want to do."

The site allows Sailors to access the professional and personal development resources needed to support the Navy's 5 Vector Model, its interactive career planning mode.

NKO features many resources for personal and professional advancement, including:

Gale Student Resource Center, which provides full text resources, Gale Expanded Academic, with 2,000 full text journals, periodicals and magazines covering all academic disciplines, Peterson's study guides for College Level Examination Program (CLEP), the Armed Services Vocational Aptitude Battery (ASVAB), and Scholastic Achievement Test (SAT), Newsbank, Morningstar Library Edition, and NetLibrary, with full text eBooks.

The Training Center on Naval Air Station, Sigonella provides prime facilities to access these additions. "We will soon have ... a 20-person resource learning center," Sloane says, "it will add an atmosphere conducive to learning." That's in addition to the state-of-the-art advanced electronic classroom already in the building.

In these rooms, Sailors can study NKO, page 16

SPORTS

NMRCS Softball Tournament



The Navy Marine Corps Relief Society (NMRCS) Fund Drive held a softball tournament on April 3 and 4 to help raise funds for the NMRCS. The eight teams who entered included; Aviation Intermediate Maintenance Detachment (AIMD), The Eager Beavers, Security "A", Security "B", Security "C", Patrol Squadron Two Six (VP-26), Explosive Ordnance Disposal Mobile Unit Eight (EODMU 8) and Naval Computer and Telecommunications Station COMSTA. As the teams played, the crew from the galley headed by CSC Patrick Carter and CS1 Mark Marks cooked up some fine eats on the grill. PO1 (SW) David Schattachneider, NMRC fund drive event coordinator, said the event turned out great. "We had a good turnout and people just had a fun day playing softball." The cookout and tournament raised over \$1,000 for the NMRCS. When the dust settled and the air was free of the Mineo dirt, the two teams left standing were Security "A" and Security "B". The "A" team, even without Mr. T, were able to defeat the "B" team handily, 22 - 8, to take the tournament championship. VP-26 took third place as they defeated COMSTA, who obtained fourth.

Former Navy basketball capt. named Marine Corps Female Athlete of the Year

Written by: MIDN 1/C Adrienne Rosell
ANNAPOLIS, Md. — Like many college athletes, Kristen Kavanaugh believed she had played her last organized basketball game when her senior season at the Naval Academy ended. But the captain of the 2001-02 Navy women's basketball team was wrong. Kavanaugh spent much of

2003 playing first on the Marine Corps women's basketball team in the All-Armed Forces tournament, then was invited to play on the All-Armed Forces team. "I saw an ad on the Armed Forces Network when I was at Camp Johnson (North Carolina) and I called the athletic director asking if I could tryout," said Kavanaugh.

"I missed the game and it was a chance for me to play organized ball again." After five weeks of playing on the base team in North Carolina, Kavanaugh was sent to try out for the All-Marine team. After extensive tryouts she made the squad and traveled with them to

FAOTY, page 16

Signonella Swordfish Open House

By CW03 Craig Comstock

The European Forces Swim League (EFSL) 2004 Southern Division Champs are recruiting new swimmers for the 2004-2005 season. An Open House for interested youth and their parents will be held on April 16, 2004 commencing at 1530 at the NAS II Pool. The event will include a presentation by Head Coach Rich McKeown at 1615 followed by demonstrations by the swim team.

The Swordfish are in the Southern Division of the EFSL and compete against Aviano, Naples, Rota, and Vicenza during the regular season. During the 2003-2004 season, Signonella won the

Divisionals and placed third at the Championships held at the Olympic Pool in Munich, Germany. The team is open to youth swimmers ages 8 to 19. High School swimmers meeting established team standards can qualify for a Stephan Decatur High School Varsity Letter.

The Swim Team Board Members and parents will also be on hand to answer questions concerning swim meets, team travel, and fund raising. We hope to see you at the pool!

For more information about the Swordfish Open House please call x5335 or email the team at Signonella_Swordfish@yahoo.com

Mids sweep twin-bill with Holy Cross

Annapolis, Md. - Strong pitching in both games pushed the Navy baseball team to a sweep of Holy Cross in Sunday's Patriot League doubleheader, 6-3 and 2-1, at Max Bishop Stadium. The wins move Navy to 10-22 overall and 4-4 in the Patriot League, while the Crusaders fall to 3-13-1 on the year and 2-6 in league play.

In the opening game, the Mids jumped out to a 2-0 lead in the first inning. With one away, Jared Munde (So. Rolling Hills Estates, Calif.), who batted .722 in six games this week with nine RBIs, continued his hitting tear doubling into the gap in right-center field scoring Craig Candeto (St. Orange City, Fla.) and Dean Farmer (Sr. Knoxville, Tenn.).

The two sides traded runs in the fifth before Navy scored three times in the bottom of the sixth to gain breathing



Jeff Lange improved to 3-1 on Sunday.

room. With one away, Munde walked, advanced to second on a base hit by Matt Lukevics (Jr., Tampa, Fla.), and

MIDS, page 16

The Lane

Intramural Softball

Regular season begins May 3, so get your friends together for so great summertime competition. Coaches meeting March 29 at 4 p.m. at the NAS II gym. Preseason begins April 12. Men's A and B leagues and Women's league. Prizes awarded to top finishers.

Golf Tourney

4-person Best Ball Saturday, April 17 at Il Picciolo Golf Club. Tee time 9 a.m.

Hit the greens with your team and have some fun! Lunch and awards included. Meeting on April 15 at 4 p.m. at Jox Sports Bar. Call 624-2710 for more information.

Second Annual Signonella Half Marathon

Saturday, April 24 at 8 a.m. at the NAS I Fitness Center. Run the longest race offered at Signonella. T-shirts and awards given. Register on race day at NAS I Fitness Center at 7 to 7:30 a.m. Call x4483 or 5243 for more information.

Water Safety Instructor Training

Dates and times to be announced. Become certified to teach the Learn to Swim program. This will open the door for you to earn good pay as an MWR swim instructor this summer. Call 624-5335 for more information.



PWD opens doors for open house

Story by JO1(SW) Brian Johnson
Staff Writer

Recently the Public Works Department opened their doors to everyone at Naval Air Station Sigonella to show the public just what the busy bees, that's Seabees, actually do to keep NASSIG running.

The open house on April 2 started with a quick explanation of the PW Web site, which can be reached from the InfoSig Web site. From the PW site building managers can place trouble calls, check for scheduled outages of water and electricity and check the status of trouble calls and work requests.

After getting all the information about the Web site Sailors were put into groups and given tours of the Public Works compound, to follow a trouble call through its paces.

The first stage of following a trouble call is knowing the difference between a trouble call and a work request. Trouble calls are used to fix existing fixtures or install something new that will cost \$100 or less. Work request are for all other new installations or construction.

When a trouble call is placed the first it first goes to each department's zone manager. "Zone managers should be everyone's first point of contact for questions about their buildings," explained SW1 (SCW) Bradley Jameson, zone manager.

From the zone manager a trouble call moves to the shop that will handle the repair of your building. "Zone managers disseminate the work to the right people to get the job done," Jameson said.

"Often times we get complaints that a trouble call isn't being handled," Jameson said. "There are actually two types of trouble calls emergency, which should be taken care of in four days or less and routine, which can take up to ten days to get fixed."

So who determines what status a trouble call gets - your zone manager. "When a trouble call comes in zone managers see how it was categorized and may change the status and notify the person who placed the trouble call," Jameson said. "If you think the decision was wrong you can always explain the situation to them and get the status changed again. That is what zone managers are there for - to resolve maintenance problems with you."

Of course anyone can't place trouble calls. Only authorized division or department representatives can. Jameson explains that "if we allowed everyone to place trouble calls we would have multiple calls for the same problems and many things that don't really require a trouble call to be repaired would be put in as trouble calls."

For the little things around your building you feel comfortable enough to do there is another option - self help. "We encourage self help as much as possible," Jameson said. "We are quite busy here at public works and anything a Sailor feels they can fix if they only had the tools or equipment or both, we will gladly loan the tools and equipment. There are a few exceptions to that of course, we're not going to let someone run a new power line for more outlets in their office unless it's what they are trained to do."



At left: SWCN Jonathon Barillaro repairs a peice of metal with a precision weld in the steel shop.

At top: Sigonella Sailors get a tour of the Public Works compound during the open house held April 2.

Above: BU2 Phillip Barankowski cuts wood for repairs on a table saw.





Above: CE2 (SCW) Garry Taylor grinds the rust off a safe in preparation for repainting.



Top right: BU2(SCW) Sam Gorgas sets up the grinding machine to make a spare key at the key shop..

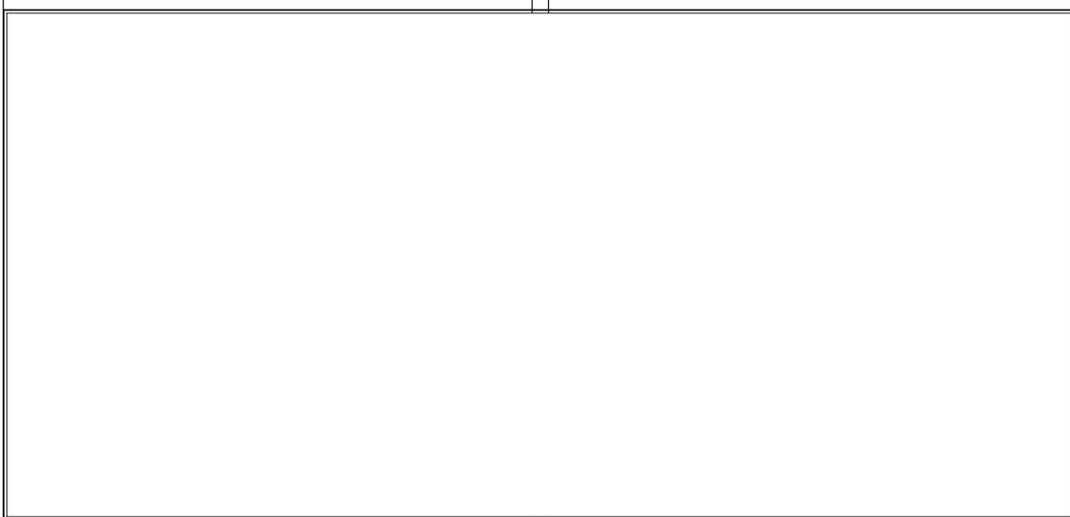


Middle right: BUCA Stephen Coston drills through a board to fit it for a repair.



At right: BU2 Phillip Baranowski drives a nail into a piece of wood.

*Loose lips sinks ships
remember to use OPSEC*





Students from page 1

which is used to cut and cauterize during surgery, on the steak. They were also able to see how laparoscopic surgery is performed by peering on the inside of the chicken through the same methods doctors use to see inside a real patient.

"I did the chicken because you can see the rib cage on the inside and it's a meaty texture so they can kind of feel what it's like," Denton said. Some students were able to practice stitching up the chicken with sutures. "This gives them an idea to see what other jobs there are. I think it was a good experience, just seeing some of the expressions on their faces."

Kathleen Fitzpatrick, an AVID student, did some hands-on stitching of the chicken. "That was awesome ... that was so cool. I got chicken all over me. I had to stick this thing in a chicken and it was the grossest feeling in the world, but it was so awesome."

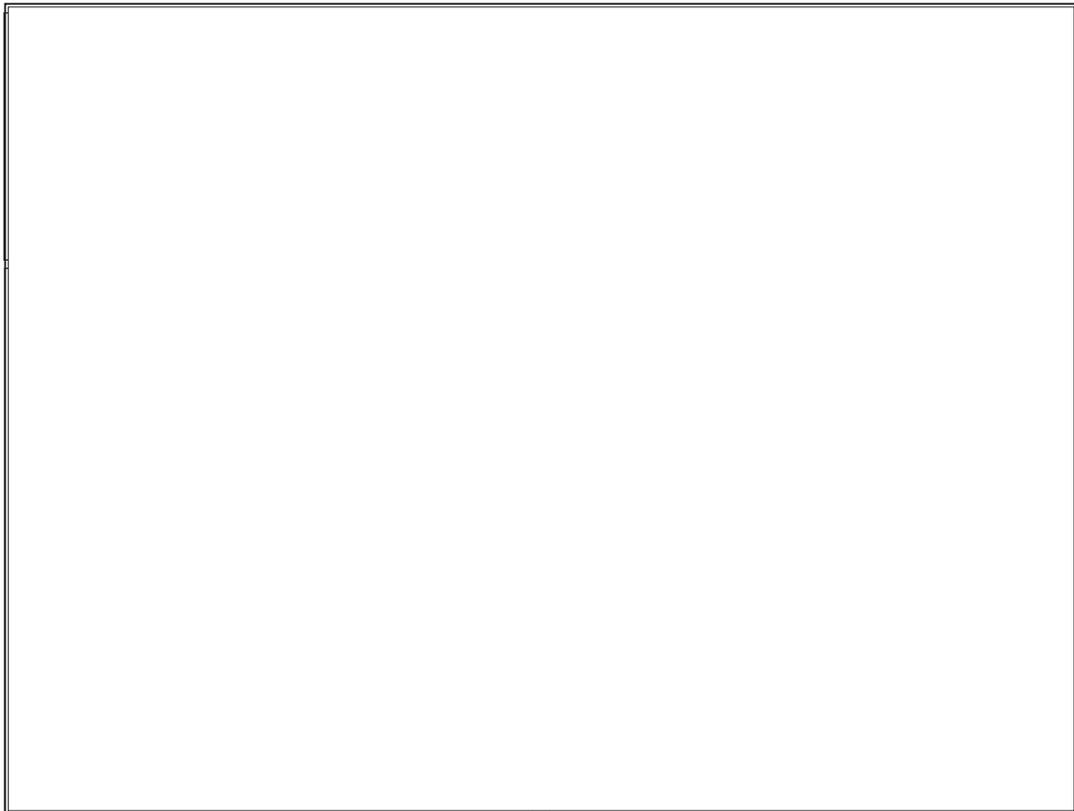
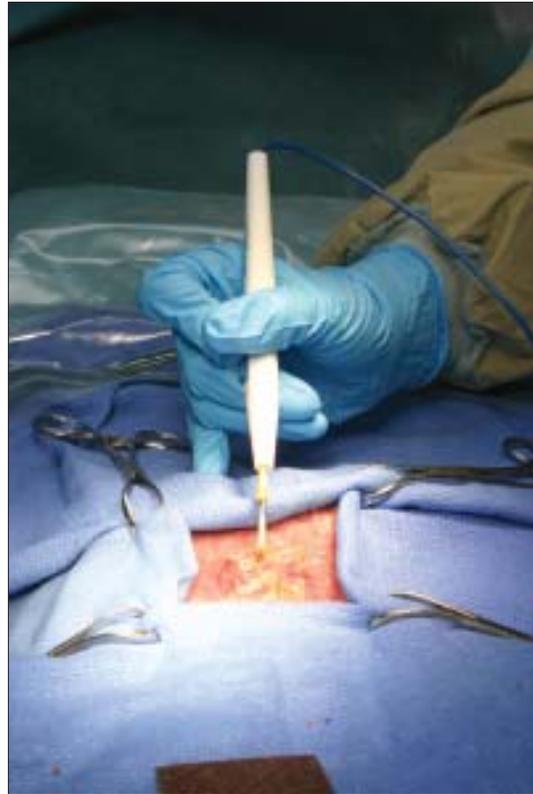
Fitzpatrick wants to be a neonatal nurse or pediatrician in the future and her experience at the hospital only encouraged her choice. "It encouraged me because I usually don't get around a hospital a lot, but I think it's really interesting."

The students learned that you don't need to be a doctor and go through many years of schooling to work in a hospital. "It's a little overwhelming to think that it's six to ten years of schooling to be a doctor," Roberts said. They learned that there are other options to look at such as nursing or physical therapy where they could earn degrees. "There are lots of avenues to getting your degree, to getting to college and to getting that training."

"This has been a really good opportunity for us as well," Roberts said, "to be able to have young people in our hospital for us to have to think about how we're trained."

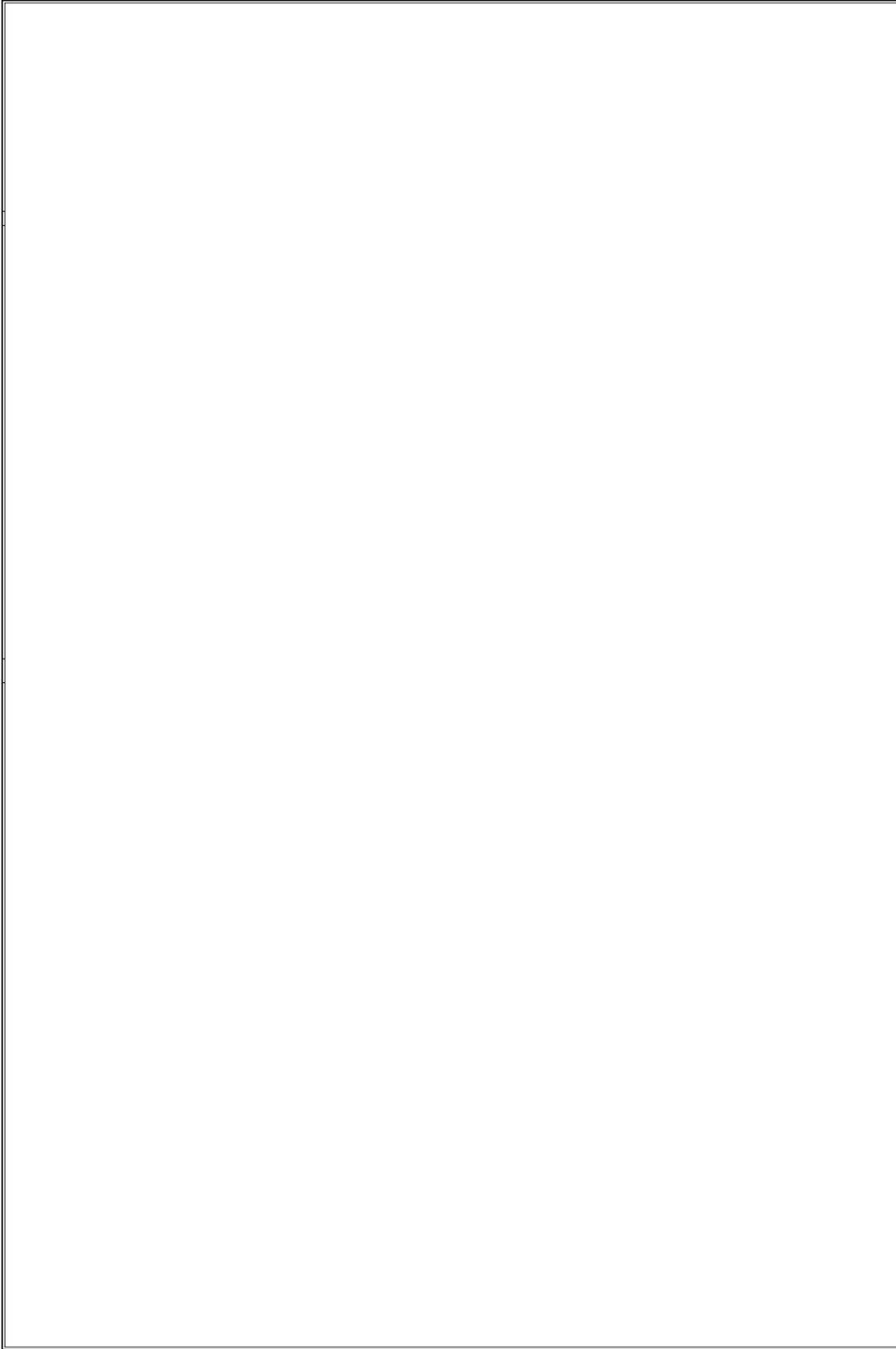


Above: AVID students look at a monitor to see the insides of a chicken through a laparoscopic camera. Left: HM2 Damon Denton shows the AVID students how to insert a trocar by demonstrating on a chicken. Right: An AVID student practices using an Electrosurgical Unit (ESU) on a piece of steak.





DDSI from page 1





MWR kicks off month dedicated to military children

By Robin Hillyer Miles
Morale, Welfare and Recreation Communications Group

MILLINGTON, Tenn. (NS) — Navy Morale, Welfare and Recreation (MWR) departments worldwide have planned special events and activities throughout April to celebrate the "Month of the Military Child."

"Each year, local MWR youth and childcare professionals recognize our military children and youth with special programs in honor of the Month of the Military Child," said Dr. Gwen Taylor, head, Navy Child Development Program Section. "It's sometimes easy to forget that children are also affected by the military lifestyle. April is reserved to appreciate what those young people go through and to celebrate their lives, as well as their spirit."

Examples of events and activities planned at the local level include:

- Naval Air Station Key West, Fla., MWR will hold their annual youth festival April 24, with carnival games, static displays and costumed mascots.

- Naval Support Activity Mid-South, Millington, Tenn., MWR will offer different specials and events at each of their MWR facilities. Activities for the children include having a "Military Family" logo printed on T-shirts, complimentary lunches, free

buckets of balls at the golf course and discounted pricing at movie screenings.

- Naval Post Graduate School, Monterey, Calif., MWR will hold a "PJs and Pancakes" party for families April 17.

- Navy Region Hawaii MWR will conduct a variety of events, including a youth art contest, a spring festival, a family fun day and a survivor challenge.

- Naval District Washington, D.C., MWR will host a carnival, kite flying, parent-guest readers and a hat parade. Activities such as pajama day, teddy bear parade, take your child to work day, and mix and match clothes day round out the month.

The Month of the Military Child has been celebrated every April since 1983 to emphasize the importance of providing children with quality services and support to help them adjust and succeed in the mobile military lifestyle.

The Department of Defense military child development system provides, on a daily basis, services for the largest number of children of any employer in the United States and is recognized as a model childcare provider. Navy MWR offers child development programs, after school care and youth programs for military children.

For related news, visit the Navy Morale, Welfare and Recreation Navy NewsStand page at www.news.navy.mil/local/navymwr.



At right: Ilani Cason watering the plants at the blast garden

At left: Samaria Bowden smiles for the camera at snack time at CDC



Below: Chloe Scott is making a craft out of sea shells and noodles for her mom at blast



Births

February 7, 2004

LaKita' Clark-Parker and Kenneth Parker
Jordan Adia Parker
19 1/2 inches, 6 pounds, 9 1/2 ounces

February 12, 2004

Tonya and Dewayne Benjamin
D'ante Lawrence Benjamin
20 1/2 inches, 8 pounds 4 ounces

March 10, 2004

Latoya Brown and Andre Billingsley
Andre Lavert Billingsley Jr.
20 inches, 6 pounds

March 12, 2004

Gwendolyn Claymore and Curtis Marske
Michael Andrew Marske
21 inches, 8 pounds 2 ounces

March 15, 2004

Jessiette and Bernardino Rodriguez
Jonathon Resnera Rodriguez
20 1/2 inches, 8 pounds 2 ounces

March 19, 2004

Cristina and Justin Reed
Joshua Kyle Reed
19 1/2 inches, 6 pounds 9 ounces

March 25, 2004

Trista Whitehead
Isaiah James Whitehead
21 inches, 9 pounds 10 ounces

March 30, 2004

Ursala McKissick and Massimo Leonardo
Braden Ellis McKissick
19 3/4 inches, 7 pounds 8 ounces

March 31, 2004

Amber and Richard Stepp
Devyn Rayne Stepp
19 inches, 7 pounds 9 ounces

April 3, 2004

Melissa and Chris Outman
Olivia Ann Outman
21 inches, 8 pounds 15 ounces

Trivia Answers

- 1) Titan
- 2) Feb. 11, 1929
- 3) Ants
- 4) Capt. Edward John Smith
- 5) Syria and Turkey



Top left: Jaylen Marts and Tariq Cinirib pose for the camera while spending their day at the CDC.

Top right: Children help out with the garden at the blast center.

Middle left: Teqessa Schorey makes an Easter basket at blast.

Middle right: Children at CDC are enjoying their snack time.

Above: Pre-teens enjoy video games at Blast.

At left: Griselda Bergeron enjoy making crafts while on spring break at the blast center.

Don't be a statistic ... slow down!

NEX offers incentives for students to excel

Story and photos by AN Michelle Hartgraves
Staff Writer

Now students have even more incentives to excel in their school studies. Navy Exchanges worldwide have been recognizing students who obtain good grades in school through the A-OK program.

The A-OK Program has just completed its sixth year and is in full swing in its seventh year already according to Patricia Rinaldi, Navy Exchange Training Coordinator.

According to Rinaldi, the program, which started in May 1997, was developed to enhance the quality of life of military families and to support the military

community.

Over 30 entries have been received from Navy Exchanges worldwide since the time the program was started. Twelve winners have been randomly selected from Naval Air Station since then. A total of \$11,000 in savings bonds will be awarded each quarter totaling \$44,000 for the 2003/2004 school year.

Signonella's first quarter winner was Ryan Deal, a fourth grader, winning a \$1,000 savings bond. Second quarter winners are Michael Valois, fourth grader, with a \$1,000 bond and Arlane Beltran, and winner of a \$3,000 bond.

"I am very proud of my son. I know that he works hard. He deserved being

selected," stated Olenda Valois.

"I am very blessed. She worked very hard to receive the award, it will go towards her future college fund," stated Siella Beltran, proud mother of the Honor Society Straight A's eighth grader. "I didn't expect this. I thought it was a joke when I found out I was picked," reflected a surprised Arlane.

The program recognizes first to twelve graders who maintain a B average. Homeschoolers are also encouraged to enter. Students are entered in a system-wide drawing for a \$5,000; \$3,000; \$2,000 or a \$1,000 savings bond. Winners also receive a discount card for free or discounted items.

Through the A-OK program, it can really "pay off" to get good grades.



Above: Eight grader Arlane Beltran and fourth grader Michael Valois receive a command coin from Captain Tim Davison as parents look on. Both students were selected as second quarter winners in the A-OK Program, winning a \$1,000 and \$3,000 savings bond, that promotes students getting good grades. Right: Fourth grader Ryan Deal poses proudly with his \$1,000 savings bond.

FAOTY from page 9

Washington state to compete in the All-Armed Forces tournament against teams representing the Navy, Air Force and Army.

"We worked hard, [but we] just couldn't pull off any wins," said Kavanaugh. The Marine Corps team finished a disappointing 0-6. Kavanaugh, however, was one of the scoring leaders in the tournament and was invited to play on the All-Armed Forces team.

"We played in Las Vegas in a semi-pro tournament where we took second place," said Kavanaugh. "It was a great experience to interact with women from all other services."

In recognition for her outstanding performances on the All-Marine team and the All-Armed Forces team, Kavanaugh was named the 2003 U.S. Marine Corps Female Athlete of the Year.

"I could not have been more thrilled," said Second Lieutenant Lisa Steinmetz, Kavanaugh's former teammate and captain of the 2002-03 Navy women's basketball team. "She has always been one to set an example, and being her teammate for three years at USNA allowed me to

see the work ethic with which she approached all endeavors. It is a title she undoubtedly earned."

"I was very honored and shocked," said Kavanaugh when she found out about the award.

Kavanaugh, a Second Lieutenant in the Marine Corps, is stationed in the AC/S Comptroller's Office for Marine Wing Headquarters Squadron 3, 3rd Marine Aircraft Wing at Marine Corps Air Station Miramar, Calif. She is currently deployed in Iraq.

"This is why I joined the Marine Corps," said Kavanaugh. "Marines in my MOS rarely get an opportunity to deploy so I jumped at my chance."

Kavanaugh is scheduled to return stateside in July to finish up her tour in California. She hopes that her next tour will allow her to return to Annapolis in order to work at the Naval Academy and support the Navy basketball program in any way that she can. Until then Kavanaugh will continue playing as much basketball as her duties allow.

"I plan on playing every year that I am able, but I understand that my duties as a Marine Corps Officer come first," said Kavanaugh. "It felt good to represent something bigger than just a school."



NKO from page 8

for advancement, conduct research, complete training on line, and much more.

But Sloane recognizes advancement may not be on everyone's mind. The 5 Vector Model is designed to aid everyone in the Navy, including those who are getting out. "It helps them transition to a civilian job," she states. There are resources that allow Sailors to put down in civilian terms what they do in the Navy.

The site will save the Navy 15.5 million, since it provides a Navy-wide asset as opposed to having each installation purchase the resources individually. And hopefully it will save Sailors time and stress by providing one stop for everything they need.

The site is found at: <https://www.nko.navy.mil/>

Good Friday and Easter services

Catholic Services

Good Friday—April 9

Stations of the Cross at NAS 1 Chapel at noon
Celebration of the Lord's Passion at NAS 1 Chapel at 7 p.m.

Holy Saturday Vigil—April 10

Easter Vigil Mass at NAS 1 Chapel at 8 p.m.
(No Saturday Evening Mass at NAS 2)

Easter Sunday—April 11

Easter Sunday Mass at NAS 1 Chapel at 9 a.m.
Easter Sunday Mass at Mineo Community Center at 11 a.m.

Protestant services

Good Friday—April 9

Good Friday Service at NAS 1 Chapel at 4 p.m.

Easter Sunrise Services—April 11

NAS 1 Chapel 7 a.m.

Mineo Community Center 7 a.m.

Easter Sunday Services—April 11

Worship Service at Mineo Community Center at 9 a.m.

General Protestant Worship

NAS 1 Chapel at 10:45 a.m.

Traditional/Liturgical Worship Service at NAS 1 Fellowship Hall at 11 a.m.

Navy focus on safety

Story by JO3 Steve Weaver
Staff Writer

The safety of the members of the Armed Forces are a major concern to the leaders of each of the services.

According to a March 24 article on the Navy NewsStand, Secretary of the Navy Gordon R. England set out three tenets to members of his Navy/Marine Corps Safety Council on March 17 that he wants implemented in order to achieve his safety goals overseas and at home.

These three tenets include assuming there may be a smarter way to do business, ensuring solid resources for safety and aligning support and infrastructure for safety.

England noted that even though there is currently a trend of improved safety and reduced mishaps, more can be done to do even better, such as providing better funding for safety programs.

Steven Lebeda, Naval Air Station Sigonella safety director, said part of doing business smarter includes a Business Case Analysis (BCA). "BCA is providing a plan of how we are going to provide our services ... how we are going to accomplish our mission," Lebeda said. The Safety Department's plan for smarter business can march forward once an executive steering committee has blessed the plan.

In regards to aligning support and infrastructure for safety, Lebeda said "That's going down from the deck plates up. I know what the SECNAV's been very strong about is that leaders need to be present at the deck plates. We are going to a process now called Behavior-Based Safety (BBS)."

BBS means personnel have accountability and responsibility for their actions. "Whether it's the personal actions of the individual at the work center or the supervisor or the department head. They all have a part in a Behavior-Based Safety Management System."

The big picture is that the Navy is going to do things a little bit different in regards to safety. "It's more on the Operational Risk Management (ORM)," Lebeda said. "The way we do business is looking at risk. How do we minimize risks, how do we complete the mission and still look at the risks involved. The risks can be something such as not getting the mission done even though we got it done safely. The flip of the coin is we don't want to hurt anybody in the process. So it looks at all aspects of not only safety, but it looks at all this within the mission accomplishment."

The NASSIG Safety Department is in the early stages of implementing these processes, but is looking at doing things smarter. "In today's economy we have to do things smarter," Lebeda stated. "Yet we still want to have the responsibility and accountability. Because as we do things smarter, we may lose something. They want to make sure everybody at the lowest possible level is thinking about safety. BBS says the individual work center personnel up to the top have a responsibility to do something for safety. How they do that is a process, and that's what we're into right now is trying to decide how that process is going to work."

Lebeda said funding for the programs hasn't been a problem in the past. "We've always been fortunate to have a very good support for safety funding, and that's a fact. We've always been fortunate here to have the proper tools and money. And we have up to this point."

England emphasized the need for funding these programs while speaking with the safety council. "If there are areas we need to fund, let's set aside the money and do it! You send a very strong message to everyone in the force when they see that you are truly dedicated to watching out for their safety."

"You love, care for, protect and take care of your family," said England.

For information and training on safety visit Navy Knowledge Online (NKO) at www.nko.navy.mil.

MIDS from page 9

In the ninth, Nichols relieved Robert Herrick (So., Valencia, Calif.) to close out the contest. After walking the lead-off batter, Matt Perron, Nichols fanned Norm Roth and Jamie Aldrich ending the game to pick up his third save of the season.

Navy starter Daniel Kovalick (Fr., Westwood, Mass.) and Holy Cross pitcher Jason Lynch matched either other pitch-for-pitch in the first seven innings. Kovalick scattered five hits, struck out five, and allowed an unearned run in a career-best, seven-inning performance to move to 2-1. Lynch also fanned five batters while permitting one run on seven hits.

Three Navy relievers - Ryan Heykens (So., Cleveland, Ga.), Herrick, and Nichols - combined to finish the game by throwing two scoreless innings of one-hit baseball. The Mids scored a run in the second when Lopez tripped to right scoring Doug Silverman (Jr., Foster City, Calif.), who had doubled.

Holy Cross scored a run in the fifth when Erik Kistler scored on a double by Tucker Frawley.

"This is a big sweep for us," said Navy coach Steve Whitmyer. "The key today is we got solid pitching from our starters - Jeff Lange and Daniel Kovalick. Lange was tremendous in the opener striking out eight batters. Kovalick did a great job in the second game as did Jason Lynch for Holy Cross. The relievers also came in and performed well for us in both games today."

"We were able to get some timely hits when we needed them in the first game and that was key as well. The sweep puts us right there in the thick of things."

Navy hits the road for six straight games this week. The Mids travel to George Washington Tuesday and Delaware State on Wednesday for a pair of midweek games beginning at 3 p.m. Navy continues its trek on Easter weekend when it travels to Lafayette for a Patriot League series on Saturday and Sunday. Saturday's games start at 12 Noon while Sunday's doubleheader has been pushed back to 1 p.m. because of the holiday.

Sea Basing from page 3 systems, and we try to input the performance that we expect from those systems, and finally, we look at joint and coalition (operations)."

Planners also think about how many personnel—uniformed, civilians and contractors—will be needed in 2020, he said.

"We look at the development of personnel and ask, 'What will they need?'" he added.

You Drink,
You Drive,
You Lose.
Drive Safely
Sigonella

MBA from page 2

"I enrolled in the Joint MBA program to broaden my educational experience beyond the exclusively military training I had already received in the Marine Corps," said Dowling, the Heavy Helicopter Requirements Coordinator for the Office of the Deputy Commandant of the Marine Corps for Aviation. "This program has been the perfect venue for that, because it focuses on business acumen with a warfighter's perspective."

Dowling stressed the relevancy of the JMBA curriculum to his military career. "My current billet requires proficiency in many areas including weapons requirements and acquisition, interfacing with contractors and budget staff, and even representing the Deputy Commandant," said Dowling. "I've been able to take something from each of the six classes I've taken so far and apply it in the performance of my job. The Joint MBA Program has made me a better Marine Corps Officer."

Fellow student Monique Kadmiri, a civilian Naval Architect and Marine Engineer at the Naval Surface Warfare Center Carderock Division, said that the program is giving her an opportunity to gain insight into the management structure of DoD while examining the traditional structures of the private sector.

"The vision of the United States Navy requires the emergence of many new leaders," said Kadmiri. "The Defense-focused MBA program will prepare me to best utilize my technical and managerial skills to advance my career in the Defense community. I hope to one day enter the Senior Executive Service, and I believe that completing this program is an important step toward achieving that goal."

The JMBA is a 54-credit-hour program which includes 27 hours in the Smith School core, 21 hours of defense-focused courses in the GSBPP core, and six hours of approved GSBPP elective courses. Classes are held every other Saturday from 9:00 a.m. until 6:00 p.m. at the Ronald Reagan Center in Washington, D.C.

To be competitive for the program, applicants should have a bachelor's degree with above-average grades, successful completion of a recent calculus class, and business-oriented work experience. In addition, they must complete the Graduate Management Admission Test (GMAT).

Applicants will be notified of their selection status based on the date their application package is received. The deadline for applications for early notification is April 1, 2004, with selection status being given by May 15. Applications will continue to be received through June 15 for notification by July 1.

Program expenses are the responsibility of the individual student. Assistance may be available through Graduate Education Vouchers or Tuition Assistance.

Dowling strongly encourages other military members to apply for the JMBA program. "I'd love to see more active duty members in the class," he said. "It offers an outstanding opportunity for the individual, as well as enhancing their value to their Service."

Additional information is available on the NPS JMBA Web page at www.jmba.nps.navy.mil or the Smith School of Business JMBA Web page at www.rhsmith.umd.edu/mpo/cnpg/overview.html. Questions may be directed to Ms. Becky Jones, NPS Joint MBA Program Director, by email at bdjones@nps.navy.mil or by phone at commercial (831) 656-2755, or DSN 756-2755.

Tour from page 2

habits and patterns.

"As supervisors we're helping our Sailors get things involved. Sometimes the alcohol is a cover-up for a personal issue," said Peters. "We need to be more proactive when the warning signs are there by paying attention to changes in Sailors behaviors."

Sailors who may think they have a drinking problem can take their own preventive measures. Sailors can refer themselves to their Command DAPA, Commanding Officer, Executive Officer, Officer-in-Charge, Navy Drug and Alcohol Counselor (SARF, formerly CAAC), Department of Defense medical personnel, chaplain or a Fleet and Family Service Center Counselor.

Aside from the ill effects alcohol can have on the body, Navy Career Counselor (Surface Warfare) 1st Class Barbara Beck reminded the audience that an alcohol incident can also affect their Navy career.

"An incident may limit billet options upon transferring or hinder eligibility towards rating conversions, officer programs, special duty assignments, special screenings and overseas screenings for 12-60 months."

The Navy offers the resources to guide Sailors in making the right decision when faced with personal or leadership choices regarding alcohol. As Sailors in host countries we represent the United States as ambassadors. Sailors can portray an ideal image by behaving responsibly while enjoying the culture.

Healthwatch from page 2

daily, short-term memory (where did I put those car keys?) is affected in heavy drinkers as opposed to light drinkers. Even those who drank 10 drinks a week showed ongoing problems with short-term memory. There is evidence these effects may be lasting. (Hard to pass that advancement exam when you can't remember so well.) Besides effects on memory, alcohol affects other parts of your body and can cause heartburn, ulcers, liver damage, pancreatitis, and vitamin deficiencies among others.

6. Drinking makes me one of the guys - FALSE. Drinking lowers testosterone and can decrease libido and cause problems with sexual functioning. In chronic heavy drinkers, it can even lead to testicular atrophy (not so manly.) Also, alcohol is very disinhibiting and can cause you to do things you wouldn't normally do. Many unplanned pregnancies, sexual assaults, sexually transmitted diseases (including HIV) and even suicides in otherwise happy people occur under the influence of alcohol.



The Signature
 Anyone interested in sending ads via email should leave a phone number and point of contact name at sigsignature@yahoo.com. Ads run for two weeks and are run on a space available basis and must be sponsored by active duty military members, family members or Italian National/American base employees.
 Ads must be 40 words or less. The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. If someone would like these types of services in The Signature they can call Jerry Boritzki @ 095-307-412 to pay for an advertisement.

Paid Ads

Wanting to take a vacation but have no place to leave your pet? Book your Pet-Sitter Today. Call 347-7911051.

Italian Babysitter loving nurturing environment in Motta home. Hours very flexible. Have references. Call Monica at x4311 ext 134 or 338-9595271.

Holiday apartments for rent near Taormina. Located 20m from sea. Furnished A/C, TV, satellite Beautiful view of the sea. Call 094-23791 or 339-2486667.

Tired of housecleaning? Italian house cleaner with 17 years experience working for Sigonella. Provides on and off base services. For 125 Euro will clean four times per month. Call x1485.

Automotive

2001 Yamaha R1 blue/white excellent condition. Leo Vinci pipe and dyno jet kit, racing air filter, new tires, helmets and more. Bike has only 5000 miles and is U.S. spec. Asking \$8000 call AM2 Licata at X6102 or 3392024515.

1988 SAAB 9000i asking \$2500. AFI plated. Call 624-

1382.

1990 Lancia Thema 2000cc, 16 valve. Color blue, general good conditions: new tires, A.C., Asking 1.900,00 Euro. Call Maria at x5781 or 338/1083531.

1987 Saab Turbo White 9,000 Good Condition. Leather interior, power everything. \$1,500. For info call Hector at 347-402-6411 or x5568/x6567.

1996 Opel Tigra 4 cylinder 99,770 Km. Very good condition, manual transmission, power steering/windows/locks, AC, stereo/cassette player. Asking 6,000 Euro. Call Elisa at wk 624-3986 or 3380 or cell 3998092915 (before 11 or after 19:30)

1994 Alfa Romeo 155 1.7ltr. 4-dr. 189,000km/117,000 miles. New A/C. New Clutch. Dark Blue. AFI Plates. Safety inspection complete. Runs great! Must sell! \$2500 O.B.O. Call x2995 during working hours or cell 339-8881722 anytime.

1992 Lancia Dedra 1.6ltr. Blue, 94,000km, Climate Control, PS/PW/CL. New Timing Belt, Oil, Filters, Tune Up. 2900,00 euros. Call x5360.

1991 BMW 520. Black. 6 cyl 24 valve, only 74,000 km, dual climate controls, power everything including sunroof, alloy wheels, exc. condition. 3,500 Euro. Call 095-7212133 during evenings.

1991 Lancia Dedra. Heat, new alternator, new engine, Italian brand radio. Have to buy own speakers. Asking \$1,500. Call Brandy Morris at x5120 or 338-3117826.

1971 Mini Minor Mk3. Red. Motor and body in good condition. All original. \$3,800. Call 339-4011979.

2002 Harley Davidson Superglide Sport. Purple Pearl with blacked-out engine. 5000 miles. Like new. \$14,500 OBO Call AE1 Morse at 095-89-6932 or 3402777245.

2000 VOLVO V70 OIL OPTIM. Optional: Wheel 17" - TV - Planetary Gear - GSM Loudspeaker - Electrical Leather Seats - Automatic, A/C, 21,000 Euro. Call 095.869910 - or x9910.

1987 Mitsubishi Montero. 4 Wheel Drive, Air Conditioned, AFI plated, 133,000 miles, American Specs. Paint is rough, good tires, runs fine. Ice cold Air Conditioning. Great car for Sicily. \$2,800. Call x1526

2001 Harley Davidson Sportster 883. 1,000 original miles. White Pearl Paint. Forward Controls. Cover, two helmets, shop manual. Outstanding condition! \$5,850. Call x1526

1993 Nissan Micra - Automatic, PW, PL, Sunroof, 3dr Hatchback, Excellent Cond, Only 31,000 Miles. Must see. \$3200.00 - Contact Tom Vanzant at X2940 or 335-760-0499.

1998 Dodge Neon White 4 door with 79,000 miles. 5 speed with A/C New tires. \$3500 O.B.O. Call Mike at x5935 or 095306225

1991 Alfa Romeo 164 Turbo (gas). Runs great. Great family car. A/C, PW, PS, AM/FM Cassette, brakes recently replaced and new tires. \$1,500. Call Ozzie at 335-578-9885 or x6590

1990 BMW 320i. Metallic blue, four doors, A/C, power locks and windows, great in body and engine. Asking \$2,600. For more info call x6041 or 3477252937 and ask for Dante.

1996 Peugeot 406 turbo. 4 doors full options, in perfect condition asking price \$2,400. Call Joe at x338-2185499

1989 Toyota corolla sedan. Blue rebuilt automatic transmission, new tires, new radiator, ac, am/fm radio, CD player, asking \$4,000 firm. Available end of May. Call marvis at 0202.

1995 Honda Steed (Shadow) teal green, perfect to see the island on. Transferring must sell 1500.00 Motorcycle is AFI plated, and has air conditioning. Call x1264

1990 LANCIA DEDRA 1.6 LTR. WHITE CLIMAT CONTROL NEW TIMING BELT, OIL, FILTERS, 2,000.00 EURO. FOR INFO CALL CICCIO 3477818470.

15 Passenger Dodge van for sale. Perfect for family and trips. All maintenance done on schedule. Must sell soon, \$2500 with room to negotiate. Please contact Larry @ spade181@yahoo.com.

1994 SAAB 9000 Turbo. Fully Loaded, to include Leather Interior, ABS, Airbags, Climate Control. New Clutch, Battery, Timing Belt, Tune up, Fluids & filters, brakes. Asking 3900,00 euros Call 340 600 3960

1990 BMW 318Si. white, 2-door, 5 speed transmission. Italian cover plates, good running engine. Asking \$3000 OBO. Call x5284 (work), x1307 (home) or 333-296-2693

1992 Renault Clio. 5 Door, Grey Color. Great Condition, auto inspection passed, asking \$2000.00 Call Liliana at 347-8463588.

1993 HONDA LX. Four door, air con, cruise control, automatic, power, central lock, etc. 119,000 miles. Well maintained & AFI plated. \$3200 Below BB 095 52 0298

1988 SAAB 9000i asking \$2200. AFI plated. Call x1382

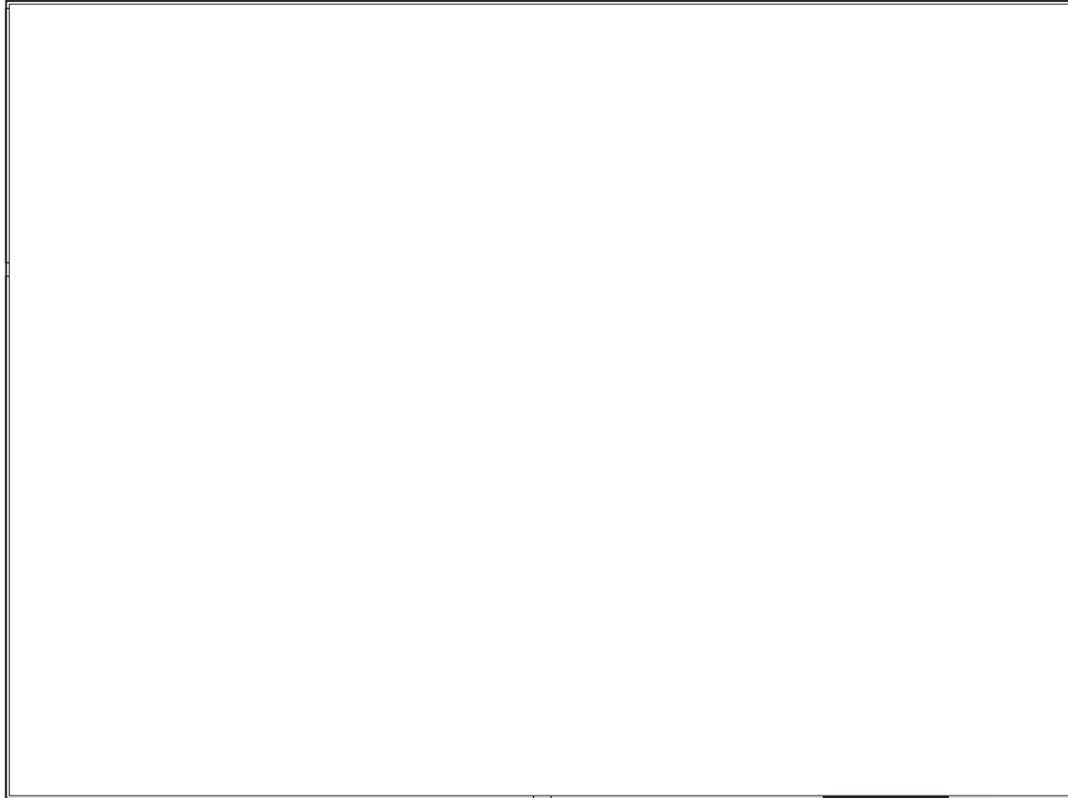
1979 GS 850N Suzuki. Asking \$400 dollars for it. If interested call Larry at 333-501-4491 or email at mlrunner2002@yahoo.com

2000 BMW 323ci Convertible. Only 8500 miles. Like new. Blue with gray leather interior. Fully automatic cloth top with glass rear window. Can be converted to US Specs and shipped back to the States. Navy Fed Credit Union will finance and the rates are LOW! Asking \$27,500. Check out the blue book value on this one. Call Tony at 347 521 5514, or 095-727-8072 after 6 p.m.

2000 DAEWOO LANOS SE. 32,000 MILES AUTOMATIC, A/C POWER WINDOWS, AM-FM CASSETTE, RUNS GREAT! AND IS IN GOOD CONDITION. ASKING FOR: \$7,000.00 OBO. CALL: ALEX JONES AT 624-3535, CELL# 340-601-6071 OR E-MAIL: alexj33@yahoo.com FOR MORE INFORMATION.

1993 Fiat Croma 2.0i Sedan. Full optional, p/w, p/s, abs, climatic, new tires really good conditions 1,800 O.B.O. Euro. Call Rob at 3386170392.

1994 BMW 318i. Black 4 doors, Km 93000, Full Optional, ABS, Air Bag, Automatic A/C, Stereo+CD Changer, Alarm,



Send II Mercato advertisements to sigosignature@yahoo.com

European Specs, Manual transmission, Great Conditions. 6,500 Euro/ \$8292 OBO. Call Rick at x4690 (08:00-16:45) 338-5326171 (after 4:45).

1996 Dodge Stratus. Auto w/ AC. 4 door. 2.4 L. Very reliable family car. Body and engine in good condition. No major problems. \$5,500 O.B.O. Call 333-1890702. Avail 1 JUN.

1993 Renault 19 w/120K New, clutch, new brakes and shocks. Great car for here small and fast call for more info 5451/ days 633-114-8734 Chris

Pets

7 month old German Shepard needs a loving home. All shots up to date and house broken. She loves going for walks and playing fetch. She's a great dog with a great personality. 624-0633 or 340-821-6467.

For Sale

AFN decoder for sale. Only 6 months old. Asking \$400. Call x1469 or 340-090-2033.

Two Dacor dive tanks for sale, certification up to date. Have certification papers. Tanks are in great shape. \$55 each. Call Mike at x5357 or 095-271705 after 5 p.m.

Large 1 year old computer desk \$75, Sony 3 Disc Shelf Stereo system \$200, Stereo Receiver and 5 Disc CD Changer \$50, Iomega 4x DVD+-RW recorder (used only 3 months) \$150, Leather Desk, Chair \$70. Call Zack Sionakides at 340-5930607. Sale good until April 5.

Stage 9 Independent Skateboard trucks. The trucks are brand new and never used. They are silver with 129 mm/ 7.75 in. axle - asking \$30; Thomas the Tank Engine die cast trains - huge selection. \$5 each; Sega game system w/10 games- \$35. Super Nintendo system w/6 games- \$25 Call 095-472199 or 348-8040463.

Home stereo 5 disc JVC CD player with remote asking \$ 30.00. Call Lou at 624-0189.

Two Italian made heaters, \$10 each; Italian plug extension cord, \$2; transformer, \$10. Call Brandy Morris at x5120 or 338-3117826.

Wedding gown: size six, fits also three, white satin with beaded spaghetti straps. Beaded lace split back, tulle train. Never been worn, \$750. Call 338-8760310.

Pcs Sale! 7'3x27 Black Italian dining room table with four chairs \$400 O.B.O. British Sky satellite digital decoder box, \$350. Call x0355.

DVD player (multi-system) bought at NEX five-months-

ago, \$65. Baby Stroller (big) w/ sun protector \$25. Call Jason at 095-522242.

Sewing Machine, \$50. Call x1526.

Air conditioners- Four window type air conditioners, three European spec, one American spec. All 220 VAC. \$100 each. Call x1526.

Baby light-up & music crawl and cruise \$20, large net over/low baby gate w/ suction sides size adjustable \$15, sound and light-up baby kick toy also turns into a toddler toy \$10, 2 light purple crib bumpers \$5 ea., 2 toddler harnesses \$2 ea., jenny lynn changing table w/ pad \$35, baby walker foldout trays with toys attaches, plays music \$25. Call Amanda at 095522134.

Crib, mattress & bumper \$60, musical crib toy \$15, baby carrier (new) \$10, baby Entertainment unit \$15, 21 in TV w/ remote \$30, black computer desk \$10, Cole Haan boots size. 5 1/2 used only 3 times \$75. Call x3547 or 349-4910744.

Return throw net (for sports) new \$20, set of 5 collectors edition Budweiser steins all for \$200, Maternity clothing + uniforms B.O., Cannon printer + extra stuff (needs ink) \$25, Call x1264.

Panasonic VCR w/ remote barely used \$0.00, Hand made India quilt very big- dark maroon and gold, \$100, Friends the best of, season 5, and season 6 all for \$0.00, lots of movies between 2. and 4., 2 sets of English egg coddlers (Royal Worcester porcelain) still in original box \$50. for both, Edie Bauer car seat new born to booster barely used, \$70. Call Christin at 1264

Color television with remote. \$75.00 Heat press (110 v) w/ transfer paper \$175.00 Car Seat, good condition \$25.00 Please call Mike or Beth at x1267

Computer for home use. Microsoft etower 733i with CDrom and 56k modem. Packard Bell full color monitor. Hewlett Packard DeskJet 694c color printer. keyboard, mouse, standard speakers, perfect condition. asking \$400 obo. Call Jon or Pam at 095-998570.

Sagem MC820 Cell Phone with Omnitel Chip. With Box, English Manual and Charger \$50.00. Call 3339044050.

Ashley Geronimo black leather couch and love seat, like new, \$800 O.B.O.; Olympic size weight bench and weights \$100. Call 338-143-7491; X6904 ask for Brent.

Lost

Wife giving you a hard time because you lost your wedding band? Found at Beauty Inn tanning booth. Call or write Bobby with description at 3485420473 or

bobeb323@excite.com for return.

Wanted

Someone to help clean my house in 205. Will pay. American or Italian is ok. Please call X3525 / 095563525 between 5p.m. and 9:30 p.m. M-F.

Wanted white baby changing table. It can be any brand and a reasonable price. Contact Kristen at ex5285 or 349-476-7164

Wanted pet sitter for 1 cat and 1 dog for the summer. Sitter to watch pets in their own home while we're away. Call Diane at 095-727-9899.

Yard Sale

Lots of items to choose from. Some 220 items , small furniture items. Every thing must go. Come out on April 10 from 8 a.m. to noon at 2125B Via Capri Street in Maranai.

Large multi family yard sales. Mariani housing Saturday May 1st. 8a.m.-12p.m

Yard sale on Friday and Saturday, April 9-10, 2004 @ 2120-C Via Sigona in Maranai from 0800-1100. Will sell coffee table, Easter stuffed toys, small Italian lamps, king-

sized bed sheet (still in original bag), various kitchen supplies, ect...

Jobs

The US Naval Hospital, Sigonella, is soliciting for one part-time personalized service contract for a medical surgical unit registered nurse. Closing date 13 April. Sources must be eligible for US employment and US board certified. Solicitation packages are available at the supply department, purchasing office, NAS II. Call Mr. Barbagallo at 624-5725 and Nellie Barone at 624-3791.

MWR is hiring. Positions include:
- Rec Aids and Equipment Mechanic at the Fitness Center
- Cashiers at the Theater and at the Bowling Center
- Rec Aids at the Youth/Teen Center

Visiting Nurse: part time (20 hrs/wk) m position is actively being recruited by the Navy-Marine Corps Relief Society, Sigonella Office. Must have a current license from any state in conus, current CPR certification, and a valid driver's license. med/surg , geriatrics, and home health education highly desirable. Must have reliable transportation available to make home visits. Must be us citizen or a command-sponsored spouse of an active duty service member and a registered resident alien with authorization to work in the U.S. competitive salary. Closing date will be April 21, 2004. Stop by bldg 319 to pick up an application.

Public Notice of Joint Commission on Accreditation of Healthcare Organizations (JCAHO) Survey

The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and the Navy Medical Inspector General (MEDINSGEN) will conduct a joint accreditation survey of Naval Hospital Sigonella, to include Branch Medical Clinics Souda Bay and Bahrain, from 28 April 04 to 5 May 04.

The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission and United States Navy standards. The survey results will be used to determine whether, and the conditions under which, accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview with JCAHO must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to:

Division of Accreditation Operations
Joint Commission on Accreditation of
Healthcare Organizations
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview. The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

Concerns may also be brought to the attention of the Medical Inspector General by calling 1-800-637-6175 or DSN 312-295-9018.

