

### TOP STORIES

**Which situation would damage your hearing more: working on a flight deck during flight ops for three hours or attending an Eminem concert for three hours (both without hearing protection)?**

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**With October being Breast Cancer Awareness Month, health care providers at military treatment facilities throughout the fleet are encouraging Sailors to become educated about breast health and cancer prevention.**

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**The annual Militello's Sagra della Mostarda e del Fico d'India (Prickly Pear and Mostarda Festival) will be held Oct. 15 through 17 in piazza del Castello, the medieval heart of the town.**

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**Some members of the Chiefs recently paid a visit to NASSIG. No, not those gruff old Navy chiefs, but members of the Kansas City Chiefs cheerleading squad.**

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**It was a Saturday, 6:45 a.m. and there was no caffeine in sight. They started to drive up one by one, bleary-eyed, half-asleep, but filled with excitement all the same. What was it that could bring this group of 40 people together at such an early hour in the NEX parking lot on NAS II?**

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## CFC kicks off charitable opportunities

Story and photos by JO2 Steve Weaver  
Staff Writer

The 2004 Combined Federal Campaign (CFC) kicked off on Monday in front of the NEX Seven Day Mini Mart.

A live DJ, command and departmental CFC representatives and even the Kansas City Chiefs Cheerleaders were on hand for the kick off event.

The CFC Overseas is a program designed to bring many charities under one roof. "Instead of having a thousand different charities on base trying to solicit for donations, President Kennedy signed into law the CFC, which allows us to have a charity drive that will then be dispersed out to the different member charities," said Lt. Richard Gustafson, CFC Community/Area Project Officer for NASSIG.

By combining all the organizations under CFC the costs are minimized, which means less of the donations go toward administrative costs and more goes to support the chosen cause.

"Last year we raised over \$249 million dollars throughout the federal government, \$14 million of which came from overseas," said Capt. Joe Stuyvesant, NASSIG commanding officer, during the kickoff ceremony. "It's a great organization. Everybody has that desire to want to contribute to make for a better society, but what CFC lets you do is go to one place."

Last year, the Sigonella community raised \$207,539 in funds for the CFC. The goal for this year's campaign is



ET1 (SW) Jena Canell, speaks at the Combined Federal Campaign (CFC) kickoff event on Monday at the NAS II NEX Mini Mart. The Kansas City Chiefs Cheerleaders (background) lent their support to the CFC kickoff.

\$225,000. "We're hoping to raise roughly \$25,000 based off of cash donations via various fundraisers that we're going to do," Gustafson said. "Then we would like to raise \$200,000 from the pledges, the traditional method of people donating via their monthly allotment out of their paycheck." Sixty-one percent of the Sigonella community used the CFC to give to a charitable organization of their choice.

There is a multitude of organizations to choose from. "This year there's over 1,500 different charitable organizations that are participants of the CFC," Gustafson said. "So basically any cause that you support, the CFC has the capability of funneling donations to them. It's a great resource. Pledging over the year from your monthly paycheck is the easiest thing you can do."

During the kickoff, ET1 (SW) Jena Canell talked about how CFC affected

her life. Several years ago, she picked a children's foundation that granted wishes to children with terminal diseases. "I received a thank you card from a young boy with a terminal disease who was able to take his dream trip to Disney World with his family thanks to this foundation and my donation," Canell said. "I was extremely moved to know my donation had

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### Moving from

## Blue to green

Sigonellan makes transition from Sailor to Soldier

Story and photos by JO2 Steve Weaver  
Staff Writer

On Aug. 12, the first Sailor to switch from Navy blue to Army green in the

program dubbed "Operation Blue to Green," took the oath of enlistment in New Orleans.

On Oct. 5 at 2 p.m., the first Sailor in the European theater made the same switch, taking the oath of enlistment into the U.S. Army at G1 U.S. Army Europe (USAREUR) Campbell Barracks in Heidelberg, Germany.

Dentalman Beverly Sage, who worked in the Naval Air Station Sigonella Dental Clinic, took part in the program, which was officially approved in July and offers Sailors and Airmen the chance to retain their rank while performing the same types of jobs.

"The program itself is an excellent program," said Army Sgt. 1st Class Robert Curtis, Army European Recruiting Detachment commander. "It allows the individual who can no longer progress in either the Air Force or the Navy to continue their military career in the Army and not lose any time in service or time in rate."

"The other side of the house

is with the Navy and Air Force reshaping and having to elect to discharge some of these individuals, the Army is picking up people they don't have to spend money on retraining," Curtis continued. "They're already qualified to do their job in the Navy or Air Force, the Army is just picking up skilled, trained individuals. In lieu of not having them go to training, there are a lot of cash enlistment bonuses that will be awarded to the individuals who participate."

Some of the details of the program, as listed on [www.goarmy.com/btg](http://www.goarmy.com/btg), are as follows; E-1 through E-4 will retain the same rank, E-5 and above will have eligibility determined by Human Resources Command, each participant will go through a Warrior Transition Course (WTC). Bonuses may be available in selected Military Occupational Specialties (MOS).

The candidates must be physically fit, meet Army height and weight standards, and have an approved DD form 368. The eight-year serve obligation still applies and the minimum term of service is three years.

"I found that the Navy is downsizing and I'm at the point where I'm at high-year tenure risk," Sage said. "So I went on the Internet and I saw about this program. This program, as I read through it, had a lot there for me. The advancement in the U. S. Army is very fast. They told me after 90 days enlisting in the Army that I'll be an E-4. Right now I'm an E-3 in the Navy of six years."

Sage wanted to stay in her current job field as a dental technician and inquired about the program with Curtis. "My

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### NAS II traffic changes

Courtesy Public Works Department

Due to upcoming construction, the traffic pattern on NAS II will be altered in the next few weeks. The main gate will become a one-way entrance, with the California gate (across from the galley) becoming the only exit.

As the NAS Sigonella recapitalization effort continues, some changes in parking and traffic flow are headed our way. Some of the notable aspects of upcoming construction on NAS II include two parking garages and a renovation of the main gate. The secondary parking garage (Building 426) will open in December. This facility will provide 300 parking spots to help relieve parking pressure.

Construction of the main parking structure and the main gate renovation has been under protest for some time, but construction is due to begin during the next few weeks. When construction begins, the northbound (exit) lane of the main road will be turned over to the contractor. Vehicles will enter NAS II at the main entrance, but exit out the California gate, near the galley.

Additionally, and no less significantly, the north-south road that runs between the Duomo Conference Center and Navy Federal Credit Union will be blocked for construction of the main parking garage. The east-west road in front of the gym will also be blocked in order to place utilities. The parking lots in front of the Seven-Day Store, the Flight Line Clinic and across the street next to CTF-67 will eventually be included in the construction area. We are working with the contractor to minimize the impact of lost parking until the secondary parking garage opens this December.

See map on page 16



## Direct Line

**Capt. Joe Stuyvesant**  
NASSIG  
Commanding Officer

The Midshipmen from the Naval Academy are off to a 5-0 start for the first time since 1979. By beating the Air Force this past week (the score was Navy 24, Air Force 21 if you missed it), they will probably be ranked in the top 25 of the Associated Press for the first time since the '79 season. Over the last two years, the Mids have developed into a fantastic group of players from a wide-range of backgrounds (some even from the enlisted ranks) who represent everything the Navy is all about. They are focused, determined and have the will to succeed.

NAS Sigonella is a team as well. We work day in, day out to accomplish our mission of providing logistical support to the Fleet in the Med. We have seen a lot of changes this year alone here at the base. From the ongoing Recap on NAS I to the upcoming NAS II main gate renovation, things are changing for the better here to improve the quality of life and quality of services for our Sailors and their families.

Likewise, each department or tenant command plays a vital role in the life of the base.

This week, the base Fire Department put on an excellent Fire Prevention Week showing all of us that it's important to have a home fire escape plan, to stop, drop and roll, and that it is important for us all to pay attention when it comes to fire.

As our NASSIG team develops, I want to acknowledge the E-4 and below Sailors for all of their efforts in working toward accomplishing their 96 day goals. So far, most everyone is on track and I can tell that shipmates are taking care of shipmates. That's what it is all about!

On Monday, please have a great time celebrating Columbus Day. Cristóbal Colón, better known as Christopher Columbus, founded the New World back in 1492. However, he wasn't the first one to see land, it was a sailor by the name of Rodrigo de Triana onboard the *Pinta* who spotted what we call San Salvador today. Have fun but please be safe and be careful out on the roads.

Keep up the good work Team Sigonella.



## Traffic Court results

**Suspect: E6**  
Charge 1: Speeding Over 10 But Less Than 15 Miles Per Hour ABOVE THE POSTED SPEED LIMIT. (First offense)  
Awarded: Charge(S) - Assigned D.I.P (Driver Improvement Course) Within One Month

**Suspect: E3**  
Charge 1: Speeding Over 10 But Less Than 15 Miles Per Hour ABOVE THE POSTED SPEED LIMIT. (First Offense)  
Awarded: Charge(S) - Assigned D.I.P (Driver Improvement Course) Within One Month

**Suspect: Dependent**  
Charge 1: Driving On A Suspended Italian Translation (First Offense)  
Awarded: Charge(S) - Assigned D.I.P (Driver Improvement Course) Within One Month

**Suspect: E3**  
Charge 1: Other Moving Violation (Careless Driving)  
Charge 2: Failure Of Operator Or Occupants To Use Available Restraint Devices While Moving (Operator Penalized) Awarded: Charge(S) - Driving Privileges Suspended For 10 Days. Assigned D.I.P (Driver Improvement Course)

**Suspect: E5**  
Charge 1: Improper Passing  
Charge 2: Other Moving Violation (Following Too Closely)  
Charge 3: Other Moving Violation (Improper Right Turn)  
Awarded: Charge(S) - 2,3 Dismissed Base On Evidence Presented. Charge 1 Stands, Member Assigned To D.I.P (Driver Improvement Course) Within One Month

**Suspect: E3**  
Charge 1: Driving Or Being In Actual Physical Control Of A Motor Vehicle While Under The Influence Of Intoxicating Liquor (0.07% Or Greater On Or Of Base).  
Awarded: Charge - Driving Privileges Suspended For 1 Year, Assigned D.I.P (Driver Improvement Course) Within Three Months

**Suspect: E4**  
Charge 1: Driving Or Being In Actual Physical Control Of A Motor Vehicle While Under The Influence Of Intoxicating Liquor (0.07% Or Greater On Or Of Base).  
Awarded: Charge - Driving Privileges Suspended For 1 Year, Assigned D.I.P (Driver Improvement Course) Within Three Months

## Traffic Statistics

Oct. 27 - Oct. 3

Traffic accidents with injuries: 1  
Traffic accidents without injuries: 9  
Car break-ins: 2  
DUI/DWI: 1  
DUI/DWT's 2004: 24  
DUI/DWT's 2003: 58

<b>Commanding Officer</b> Capt. Joe Stuyvesant	<b>Deputy Public Affairs Officer</b> Alberto Lunetta	<b>Volunteers</b> Alexis James
<b>Public Affairs Officer</b> LT. Steve Curry	<b>Asst. Public Affairs Officer</b> JOI Craig Coleman	<b>Nicole Hamaker</b>
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# HEALTHWATCH

## Now hear this

By Lt. Paula Johnston,  
USNH Sigonella

Which situation would damage your hearing more: working on a flight deck during flight ops for three hours or attending an Eminem concert for three hours (both without hearing protection)? The answer: the damage would be about the same. Decibel (dB) levels reach or exceed 140 on a flight deck with F18s trapping and launching, and a concert can range from 120 to 140dB! You would of course wear hearing protection while working on the flight deck, so why wouldn't you wear hearing protection at the concert? Exposure to lawn mowers (95dB), power tools (110dB), motorcycles (95-110dB), movies (117dB), and of course loud music (110dB disco, 112dB walkman on high volume setting) has the same potential to damage hearing as hazardous noise on the job.

How do you know if a noise level is hazardous? At military installations, an industrial hygienist measures noise levels with a sound level meter or dosimeter. If you are at a club and you have to shout to be heard over a distance of three feet, or if other people can hear your walkman or your car stereo, the level is probably hazardous.

Hazardous noise is determined by two factors: the intensity or loudness of the sound, and the amount of time spent exposed to the noise. The louder the noise, the less time that can be spent exposed to the noise without damaging hearing. The Navy defines hazardous noise as sound that exceeds 84dB. All Navy personnel, civilian

and active duty, routinely exposed to noise levels above 84dB are placed on the Navy's hearing conservation program. Hearing protection devices include earplugs, earmuffs, and protection built into helmets that aviators and flight deck personnel wear. When noise levels reach 104dB, double hearing protection is required (ear muffs/helmets and ear plugs).

To avoid damaging the ears, you need to balance the amount of time spent at a certain dB range. When you increase the dB by five then you divide the time spent in that noise range by two. For example, a safe level for an 8 hour day would be a sound level of 85 dB and it would be safe to spend four hours at a sound level of 90dB. A normal conversation is (60 to 65 dB) level and a normal office environment with computers and normal conversation level is (70 to 75 dB).

We live in an increasingly noisy world. With the evolution of technology, we are able to install "surround sound" in our homes and louder stereo systems in our cars. And we're seeing hearing loss from noise exposure at increasingly younger ages. A University of Florida study found that 17% of middle and high school students already have a mild hearing loss.

Because noise induced hearing loss (NIHL) is painless and progressive, it often goes unnoticed for several years. The first complaint is usually "I can hear people, but I can't understand what they're saying." Symptoms may include: speaking in a louder voice, asking people to repeat themselves often, difficulty understanding speech

especially in background noise, and tinnitus (ringing or buzzing sound heard in one or both ears). With repeated exposure to hazardous noise, eventually that temporary hearing loss will become permanent and the hearing loss will not recover. The only treatment option is a hearing aid, but it cannot always restore hearing to normal levels, nor make up for the distortion of sound that can accompany a hearing loss.

Which type of hearing protection device is the most effective? For most recreational activities, foam earplugs provide adequate reduction of noise and tend to be the most comfortable, and can be easily obtained at most drugstores or commissaries/exchanges. The key to prevention is wearing hearing protection (and wearing it correctly) while exposed to hazardous noise, off the job as well as on the job.

I know what you're thinking: wearing earplugs at a disco or concert doesn't look very cool, but think about it - would you rather wear an earplug or a hearing aid?

For more information on hearing conservation or hearing loss, contact Lt. Paula Johnston, Audiology Dept, 624-3876 / 4536.

## NAS Sigonella Worship Opportunities

**Catholic Mass**  
Saturday 5 p.m. Chapel (NAS II)  
Sunday 9 a.m. Chapel (NAS I)  
Sunday 9 a.m. in Italian 41\*  
Stormo Chapel (NAS II)  
Sunday 11 a.m. Community Center (Mineo)

**Protestant Traditional Service**  
Sunday 11 a.m. Fellowship Hall (NAS I)

**Protestant Worship**  
Sunday 9 a.m. Community Center (Mineo)  
Sunday 10:45 a.m. Chapel (NAS I)

**United Pentecostal Church, International**  
Sunday Noon Chapel, (NAS II)

**Church of Jesus Christ of Latter Day Saints**  
Sunday 1 p.m. Chapel (NAS I)

**Church of Christ**  
Sunday 3:30 p.m. Chapel (NAS I)

**Jewish Shabbat Service**  
Last Friday of the month 5 p.m. Chapel (NAS I)

**Muslim Jumuaah**  
Friday 12:30 p.m. Chapel (NAS I) Classroom

**Weekdays**  
Catholic Mass 4:30 p.m.  
Monday & Tuesday 11:30 a.m. Thursday & Friday (NAS I)  
Monday thru Thursday at 11:30 a.m. (NAS II)  
Wednesday Protestant Bible Study 4:45 p.m. (NAS II Chapel) 5 p.m. (NAS I Chapel)  
For more details, call 624-4295 or 624-9049.

## What are those kids doing now?



By Tim Moore  
Command Chaplain

A lot has been recently said about the youth of Sigonella. Many things that are said in some of these forums are bad things that some youth seem to get involved in, things that are detrimental to the character of the group as a whole. I know that some of our teens do expend much of our energy by conducting themselves in a manner that requires that we, as adults, provide discipline, reproof and direction. We do have young people that steal from the Exchange. There are some wayward teens that destroy property and violate curfew. But I would like to focus this particular article on the positives that our youth are making in this community. The young men and women who are growing up to be our leaders live right here among us and they are already leaders among their peers. The descriptions below are just a fraction of the examples of some positive aspects of our kids. What are those kids doing now? I'm glad you asked.

In the Boy Scout program there are about 25 young men that are involved weekly in lessons regarding character development. One young man has already received the highest award that a Boy Scout can earn, the Eagle Scout Award. Only about 1 of 40 scouts ever earn this award. There is another young man who has recently been awarded and is earnestly working on a community project to fulfill his requirements. There is yet another young man lurking in the shadows and is almost there. Sixty-five young men and women made a stand on September 15 to publicly pray for their school, fellow students, the administration and faculty. These kids were part of a 14-year tradition that has gained national and international attention. "See you at the Pole" involves 3-4 million students annually. Sixty-five of those were our young people. On September 25, more than 200 of our kids were involved in sports activities across our base. From the MWR Soccer program to scholastic sports involving Men and Women Volleyball teams to Football. These young students played their hearts out and did outstanding. In August, 140 children attended the Chapel's Vacation Bible School program and learned more about their faith in God and how to put it in practice in their daily lives. Forty-five more of the High School kids gather weekly in the chapel during lunch to pray for this community and each other. And on Wednesday night about the same number of youth strengthen their faith during Bible Study. An old adage refers to the squeaky wheel is the one that gets the grease. I thought it was important to squeak out loud for the young people that deserve our attention and gain some praise for their daily efforts to improve themselves and our community. Congratulations to our young men and women! We are proud of you!

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# NAVY NEWS

## Shipmates donate to Hurricane Ivan victims

By Ellen Maurer, Bureau of Medicine and Surgery Public Affairs

WASHINGTON (NNS) — Shipmates wanting to assist Hurricane Ivan victims are encouraged to contact the American Red Cross and the Navy and Marine Corps Relief Society, according to a statement on the Navy Medicine Online Web site released by the Surgeon General of the Navy Sept. 27.

"My staff and I have received many phone calls and e-mails asking how we can individually support our shipmates in the Pensacola area following Hurricane Ivan's assault on the Gulf Coast," said Vice Adm. Donald Arthur, Surgeon General of the Navy. "Thank you for your charitable spirit and dedication to support your shipmates and their families during this disaster recovery period."

Donations to the American Red Cross can be made via the Internet at the Web site [www.redcross.org/donate/donation-form.asp](http://www.redcross.org/donate/donation-form.asp). These donations will go to anyone affected by the hurricane, including both military and civilian families.

For those wishing to make donations directly to Navy and Marine Corps families, checks can be sent to the following address: Navy-Marine Corps Relief Society, 4015 Wilson Blvd., 10th Floor, Arlington VA 22203. If you write "Hurricane Relief" in the memo section, 100 percent of the cash amount will go to Sailors and Marines in the Hurricane affected areas. The Society is already in the process of funding travel for families who are without homes who would like to temporarily live with relatives in unaffected areas.



Hurricane Ivan sunk and stacked numerous boats at Bayou Grande Marina on board Naval Air Station Pensacola. Navy officials reported that nearly 90 percent of the buildings on the base suffered significant damage. Ivan made landfall at Gulf Shores, Ala., at approximately 3:15 a.m. EST Sept. 16, with winds of 130 MPH.

Other inquiries about donating money to Hurricane Ivan victims should be directed to Capt. Lorenzo York, Special Assistant for Pastoral Care at [lyork@us.med.navy.mil](mailto:lyork@us.med.navy.mil) or 202-762-0498.

## Navy Promotes Breast Cancer Awareness Month

By Bill Doughty, U.S. Naval Hospital Yokosuka Public Affairs  
YOKOSUKA, Japan (NNS) — With October being Breast Cancer Awareness Month, health care providers at military treatment facilities throughout the fleet are encouraging Sailors to become educated about breast health and cancer prevention.

One of the key messages healthcare experts are sending is that breast health starts — and continues — with a patient's primary care manager. "To get information and specific guidelines regarding breast health and cancer screenings, make an appointment with your health care provider," advised Lt. Jacqueline Jones, emergency room physician at Naval Medical Center San Diego. "Our goal is to find breast cancer early so it can be successfully treated."

"Breast cancer is a treatable disease," Jones added. "Early detection and appropriate therapy is the key to survival. Breast cancer may not always present symptoms. Sometimes it is only found by exam or mammogram. Most often, the first sign of breast cancer is a small, painless lump in your breast."

The American Cancer Society recommends a three-part strategy to detecting breast cancer early: a self breast exam once a month for women over 20; clinical breast exams periodically (at least once every 3 years) for women in their 20s and 30s; and screening mammography with a yearly clinical exam for women ages 40 and over, or those who may be at high risk.

"Good breast care encompasses all three but starts with a monthly self breast exam," said Kustisia Ragland, clinical mammography technologist at U.S.

Naval Hospital Yokosuka. "So many women tell me they are confused about how to do a self breast exam," she said. "I encourage them to talk to their primary care manager. They'll be able to show how to do it properly."

The next step, a clinical breast exam, is performed by a healthcare provider. If needed, the provider can order a mammogram.

"Mammography is normally done for women 40 years or older," she said. "However, if you are a high-risk patient or have a strong family history of breast cancer, then you need to talk with your primary care manager about whether you need to do your mammogram earlier."

"Mammography should never stand alone," Ragland added. "Many people think of a mammogram as the end-all, be-all. Good total breast care encompasses the self-exam, the clinical exam, and the mammogram."

The American Cancer Society advises follow-up with a primary care provider.

Studies show that women who are diligent in scheduling and getting regular exams and mammograms, as necessary, and who are seen regularly by a primary care provider, are more likely to catch breast cancer early when it is treatable.

"Survival from breast cancer is at an all-time high," Jones said. "Survival rates are up because women are informed, practicing breast self-exams, and having clinical exams and mammograms on a regular basis. Early detection saves lives!"

For more details, talk to your primary care manager or healthcare provider.

## The Center Corner

### Sexual Assault Victim Intervention

SAVI offers a Sexual Assault Hotline staffed with trained Advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

### October is Domestic Violence Awareness Month

Courtesy NASSIG FFSC

What is Domestic Violence?  
Recognizing what behaviors are part of domestic violence is not always easy, even for victims themselves. This is in part because domestic violence is much more than physical abuse. In fact, many battered women who are controlled by their partners and who live in danger and fear have never been physically assaulted. Understanding domestic violence means being aware of the many different things men do in order to control their female partners. The following checklist of behaviors may help you decide if you or someone you know is being abused.

Does your partner...  
Use emotional and psychological control?  
•Call you names, yell, put you down, make racial or homophobic slurs, or constantly criticize or undermine you and your abilities as a wife, partner, or mother?  
•Behave in an overprotective way or become extremely jealous?

•Make it difficult for you to see family or friends or badmouth your family and friends?  
•Prevent you from going where you want to, when you want to, and with whom you want to?  
•Humiliate or embarrass you in front of other people?  
Use economic control?  
•Deny you access to family assets like bank accounts, credit cards, or cars?

•Control all the finances, force you to account for what you spend, or take your money?  
•Prevent you from getting or keeping a job or from going to school?  
•Limit your access to health, prescription and/or dental insurance?

Make threats?  
•Threaten to report you to the authorities (the police or child protective services) for something you didn't do?  
•Threaten to harm or kidnap the children?  
•Make you afraid by using looks, actions or gestures?  
•Display weapons as a way of making you afraid or directly threaten you with weapons?  
•Use his anger or loss of temper as a threat to get you to do what he wants?

•Threaten to expose your sexual orientation to friends, family or employer, if you are gay or lesbian?  
Commit acts of physical violence?  
•Carry out threats to hurt you, your children, pets, family members, friends or himself?

•Destroy personal property or throw things around?  
•Grab, push, hit, punch, slap, kick, choke or bite you?  
•Force you to have sex when you don't want to or to engage in sexual acts that you don't want to do?  
•Prevent you from taking medications or getting medical care?  
•Deny you access to food, fluids or sleep?

These are some of the most common tactics used by abusive men to control their female partners, but certainly not the only ones. If your partner does things that restrict your personal freedom or that make you afraid, you may be a victim of domestic violence. You are not alone. Millions of women are abused by their partners every year. The good news is that more resources are available now than ever before to help women and their children be safe.

Everything that abused women go through, abused men go through, too. Although the numbers of abused men are much lower, their hurt is just as real and they may feel they can't defend themselves because their attackers are women. Men are less likely than women to report spouse abuse because they feel that they would be made fun of if anyone knew their wives had beaten them.

If you are abused, you have a right to be safe. Contact the FFSC at 624-4291 to get help or for more information.

### Pamela Anderson honors Reagan Sailors with ship visit

By J03 Stephanie Senn, USS Ronald Reagan Public Affairs

USS RONALD REAGAN (NNS) — Pamela Anderson visited USS Ronald Reagan (CVN 76) Sept. 29 during a trip to promote her new clothing line at Naval Air Station North Island's Navy Exchange.

"The Navy Exchange is selling my new book and clothing line," said Anderson. "I also wanted to come see the ship and its crew."

Although she came aboard at the end of the workday, hundreds of Sailors stayed late for a chance to meet her and get an autograph.

"The excitement level was pretty high," said Airman Casey Dixon of Air Department. "There were quite a few people on the catwalks waiting to catch a glimpse as she came aboard."

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## News Briefs

### Instructors needed

Central Texas College-Sigonella is seeking applications for classroom instructors in the following fields:

- Criminal Justice, Early Childhood Professions, Emergency Medical Technology, Food Services Management, Paralegal Studies, Fire Sciences, Automotive Technology and Applied Management.

If you have education and experience in one of these fields, please stop by the CTC office or contact your local representative.

DSN 624-4306 or CIV 0039 (0)95-56-4306

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[www.europe.ctcd.edu](http://www.europe.ctcd.edu)  
Central Texas College is an equal opportunity employer.

### 2004 Navy Ball

The 2004 Navy Ball will be held on Oct. 16 at the Catania Sheraton. Tickets will be sold through your departmental Navy Ball representative.

Tickets are now also on sale at Commissary/DECA. Cocktails and Photos will be at 5:30 p.m. followed by the Ceremony and Dinner at 6:30 p.m.

The uniform will be Dinner Dress Blues. Tickets prices are according to rank: E1-E4/GS1-4/UA7-9/UC7-10: \$20, E5-E6/GS5/UA1-6/UC5-6: \$35, E7-O3/GS6-11/UA15: \$45, O4+/GS12+: \$60.

### Commissary closures

Signonella and Mineo Commissaries will be closed all day, on Wednesday, Oct. 20 for a command function. We will re-open for regular operational hours Thursday morning.

We apologize to all our customers for the inconvenience, and encourage them to plan accordingly for this closure.

### Women's Enrichment Group

Sponsored by FFSC. A time limited, structured, process oriented approach to self-esteem, self-empowerment, and boundaries impacting social and work place functioning.

Criteria: Women, AD and FM that have experienced past abuse that interferes with their ability to function successfully in relationships, and current life situations. Time Frame: Oct. 29 to Dec. 3. Duration: Six weeks, meeting Friday afternoons.

For further information or to sign up please contact HM2 Sarani at 624-4840 or Ms. Walker at 624-4291.

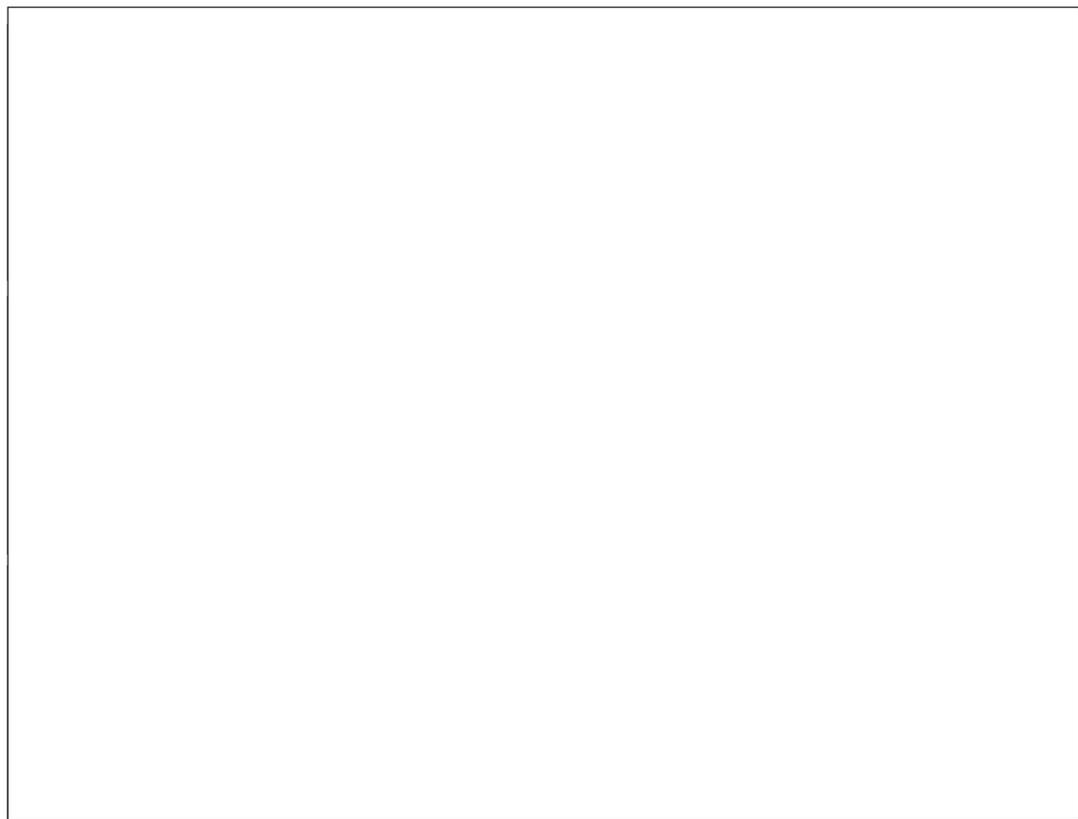


SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

# COMMUNITY CALENDAR

						October	8 <b>Hispanic Heritage Luncheon</b> 11 a.m. NAS 1 Chapel Potluck event Call 624-5924	9 <b>Columbus Day Weekend Bungalow Trip</b> Lipari and Aeolians Call AU at 624-4271
10 <b>Zafferana Octoberfest</b> All day Call 095730622 or 0957306266 or 0957306255	11 <b>Columbus Day</b>	12 <b>Red Cross volunteer orientation</b> 10 - 11:30 a.m. Call 624-4900	13	14	15 <b>Hispanic Heritage Month Fashion Show</b> 5 p.m. DoDDs multipurpose room	16 <b>Navy Ball</b> See your Navy Ball command rep. for ticket information		
17 <b>Wine Tasting &amp; Grape Harvest at Winery &amp; Ottobrata Festival</b> ITT Call 624-4777	18 <b>PTO Meeting</b> 2:45 p.m. Rm. 211 DARE program presentation	19 <b>Healthy Pregnancy, Healthy Baby Course</b> Red Cross 4:15-7:15 p.m. Call 624-4900	20 <b>Babysitter Training</b> Red Cross 9 a.m. - 4 p.m. Call 624-4900	21 <b>Photo Safari Meeting</b> 4:30 - 5:30 p.m. Old Teen Center Call 624-4396	22 <b>Palermo Baroque &amp; Shopping</b> ITT Call 624-4777	23 <b>Youth CPR Day</b> Red Cross 9 a.m. - 1:30 p.m. Call 624-4900		
24 <b>WWII Battle Tour &amp; Carrubo Agriturismo Farm</b> ITT Call 624-4777	25 <b>BINGO</b> 6:30 p.m. Crater Pub	26 <b>Volunteer Orientation</b> Red Cross Call 624-4900	27 <b>9-Ball Pool Tournament</b> Crater Pub 7 p.m.	28 <b>Photo Safari Meeting</b> 4:30 - 5:30 p.m. Old Teen Center behind NAS 1 Gym	29 <b>Autumn Fest</b> 3 p.m. - Midnight Community Center parking area	30 <b>Autumn Fest</b> Noon - Midnight Community Center parking area		

<b>Community Call</b>	<b>Sat., Oct. 9</b>	<b>Mon., Oct. 11</b>	<b>Tues., Oct. 12</b>	<b>Wed., Oct. 13</b>	<b>Fri., Oct. 15</b>
<b>Fri., Oct. 8</b> Enjoy Karaoke at Jox Sports Bar from 8 to 11 p.m. There is also a free Pizza Party at 9 p.m.	Witness the beauty of Lipari, one of the sevsse Aeolian Islands. Our stops will include a Malvasia wine tasting (a sweet Liparian wine) and lunch at a typical restaurant. We'll also visit the center of the town and see the castle with its wonderful view of the sea. Call ITT at 624-4396 for more information.	Stop by the Crater Pub for some BINGO action. Cards go on sale at 5:30 p.m. and early-bird games start at 6:30 p.m. Cash prizes for winners.	Xbox, spades, poker, dominos, foosball...Take 5 has it all. Come to Take 5 at 6 p.m. for their Tournament Tuesdays. Free pizza and sodas for everyone. Call Take 5 at 624-2034 for more information.	Stop by Jox Sports Bar for their Sharks Pool Tournament at 7 p.m.	Learn the fascinating history of Catania and its ability to overcome multiple disasters. Visit the Cathedral, Elephant Square, the fish market and the Roman Amphitheater. Stop at the historic center for lunch. Call ITT at 624-4396 for more information.



# CFC Helps Make Graduation Day Possible

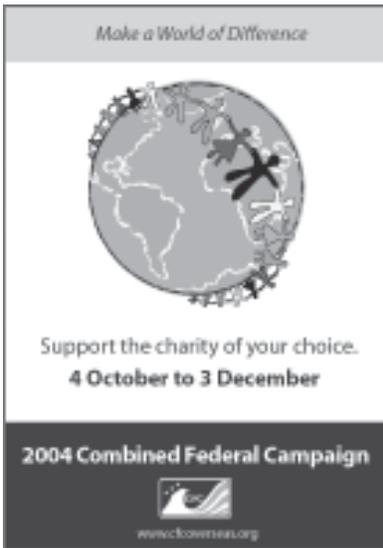
Courtesy CFC-Overseas

Misawa Air Base, Japan - Military family member and high school student Kendra Billingham had never broken a bone, needed stitches or had even a single cavity while growing up. That picture of health was shattered on February 4, 2003, when the daughter of United States Air Force Chief Master Sergeant Rodney Billingham passed out at school. Over the next 24 hours, Kendra would go from being a cheerleader and popular member of Robert D. Edgren High School's junior class to a seriously ill patient at Misawa's emergency room and then at Tripler Army Medical Center in Hawaii.

Doctors diagnosed Kendra with acute lymphoblastic leukemia and immediately began chemotherapy. The next 15 months were focused on treating her disease. With another 12 months of treatment facing her, Kendra thought about her high school friends and longed to be able to graduate with her class. Then a CFC participating charity stepped in to help make her wish come true.

Kendra's doctors had submitted her name to the organization, which took care of all the arrangements, including coordinating for the whole Billingham family to return to Misawa to watch Kendra receive her diploma. Chief Billingham—now stationed at McCord Air Force Base in Tacoma, Washington, where his daughter continues to receive treatment—has been filling out CFC donor pledge cards for the last 22 years. "Helping others just came naturally," he says. "It never crossed my mind that I would be on the receiving end, but now we have seen it firsthand. It's just a wonderful thing to have people go out of their way to help families suffering from a severe illness, leaving bright spots in our lives."

"I know the CFC Catalog is thick with so many good agencies to select from," says Chief Billingham, "but this year I will have no problem deciding to fill out my CFC contribution form. There are still many people out there that need help and support."



Capt. Joe Stuyvesant, NAS Sigonella commanding officer signs his CFC allotment form at the 2004 CFC kickoff event at NAS Sigonella.

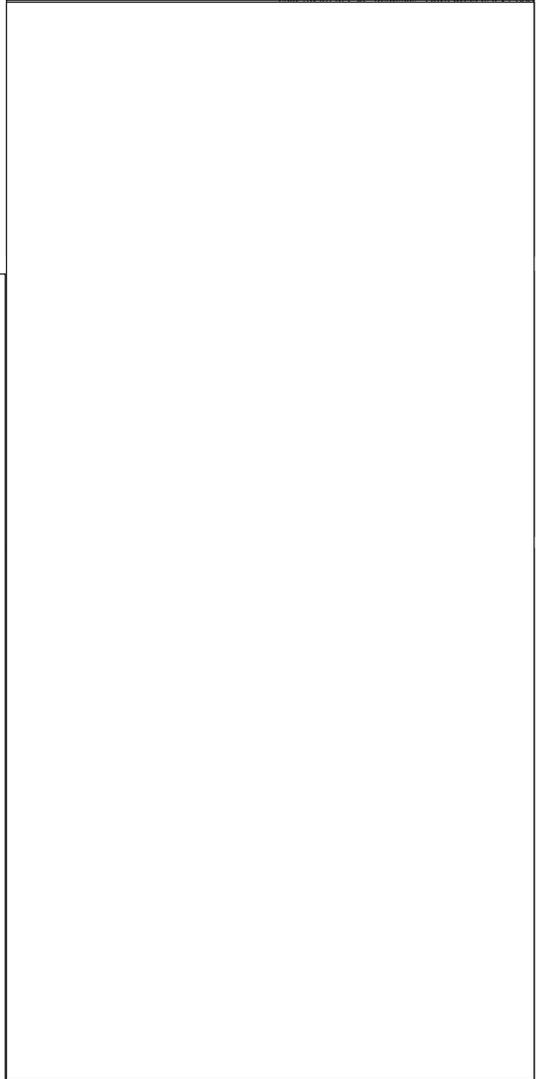
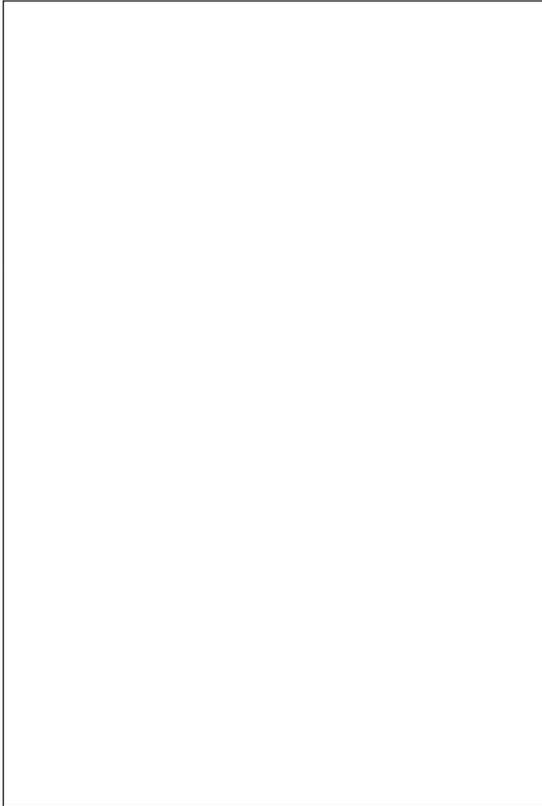
CFC from page 1 touched this child's life."

The year after these events, Canell was diagnosed with a curable thyroid disease called Grave's disease that was a terminal disease 50 years ago. "If it was not for people donating 50 years ago to find a cure for Grave's disease, I might not have been standing here today," Canell said.

It's easy to give to the CFC. "Each department or tenant command has representatives," Gustafson said. "Their representatives will approach them and talk to them about CFC, educate them about the process, how to fill out their pledge cards and provide them information as to the different charities." If you have any questions or a representative doesn't contact you, you can contact Gustafson at 624-6571.

"I'm convinced that everybody knows somebody who has benefited from a charity in their lifetime," Gustafson said. "In addition to the organized charities you may choose to support FSYP, which is Family Support Youth Programs. Every dollar that you contribute to that particular fund comes right back here to Sigonella and then the Sigonella community determines who benefits from that."

Look for different fundraising events throughout the campaign. There will be no donations necessary drawings this year.





By Alberto Lunetta  
Signature Staff

# Italian News

Sicilian culture and lifestyle

## Concert in Catania

American duo "Black Forest/Black Sea" featuring Jeffrey Alexander (guitar, electronics, strumstick, omnichord and live sampling tools) and Miriam Goldberg (cello, ring modulator, pitch-shifter, omnichord and vocals) will be performing on Oct. 8 at 10 p.m. at the Zo Center's auditorium that is located in piazzale Asia n. 6 near the Catania train station. Christina Carter from the *Charalambides* will open the concert. For more information and tickets call the Zo Center at 095-7463122.

## Prickly Pear and Mostarda Festival to be held Militello

The annual Militello's *Sagra della Mostarda e del Fico d'India* (Prickly Pear and Mostarda Festival) will be held Oct. 15 through 17 in piazza del Castello, the medieval heart of the town. The festival celebrates prickly pears, the fruit of cactus plants, and *Mostarda*, a sweet made by boiling prickly pear's extract, and mixing it with semolina, cinnamon, cloves and natural essences. This is an ancient recipe that was handed down from the Romans and before that of the Greeks. Nestled among the hills of the Iblei Mountains, Militello boasts an abundant production of citrus fruits, olives, figs, grapes, fruit, and excellent prickly pears. Events this year will include food booths selling local produce, arts and crafts, city band concerts, flag wavers, exhibitions of paintings and rural civilization tools (open all day long) and hosted in the main town's Baroque churches, and palaces and a spectacular *Carretti Siciliani* (Sicilian carts) parades (Oct. 17 at 10 a.m. and at 3:30 p.m. leaving from piazza Municipio and proceeding toward piazza del Castello). All town's churches and museums will be open are open during the entire festival. City Band performs on every night 9 a.m.

Festival goers can sample the tasty *Mostarda* at p.m. on Oct. 15, 16 and 17.



Sicilian carts parades are one of the highlights of the annual three-day Prickly Pear and Mostarda Festival, starting Oct. 15 in Militello, and featuring plenty of local folklore and food.

Food booths open: Oct. 15 starting at 4 p.m., Oct. 12 and 13: from 9 a.m. to late evening.

### History of the town

According to tradition, Roman Consul Marcellus founded Militello during the siege of Siracusa in 214 B.C. and used it as a fortress. Ancient Romans also settled in this area because of the fertility of the land and the healthiness of the air. That is why the city was named *Militum Tellus*, which in Latin means "City of Soldiers." Sicilian historic chronicles also mention that Mycenaean refugees founded Militello as they were fleeing the Dorians that destroyed their cities in 563 B.C.

Other historians believe that the town might have started as a Byzantine hamlet that was located near the *Lembasi* river. The hamlet eventually expanded

during the Arab rule in the middle ages. In the 14<sup>th</sup> century, the *Barresi* family and later in the 17<sup>th</sup> century the *Branciforte* family acquired the city.

Prince Francesco *Branciforte*, who was the city's governor from 1604 to 1622, was a generous and enlightened administrator. Under his rule, Militello became one of the artistic and cultural hubs of Sicily. He founded one of the largest and richest libraries (35,000 books) and

manuscripts) of his time. Today, the library is still well preserved and it contains, among its best pieces, a Bible translated in five languages. *Branciforte* also opened the first print shop in western Sicily.

Destroyed by an earthquake in 1693, which brought serious damage to the city's buildings and churches, Militello was rebuilt on the same site.

### What to see

Besides the festival, you should not miss visiting Militello's churches and monuments. Make sure you see the breathtaking Baroque *Fontana della Ninfa Zizza* (The Nymph Zizza Fountain) that is located in the castle entrance-hall.

The 18<sup>th</sup> century *Chiesa di S. Maria della Stella*, built in 1772, preserves precious treasures (named *Tesoro Mariano*) which consist of church ornaments

and gold jewels, a magnificent retable (a frame enclosing painted panels) that depicts the life of St. Peter and a 13<sup>th</sup> century polychromatic glazed earthenware by Andrea della Robbia representing the Nativity.

The *Abazia di San Benedetto* (St. Benedict Abbey), built between 1616 and 1646, for the Princess of Militello, is the seat of City Hall. The church, which is located within the complex, hosts a richly inlaid major altar, a statue in polychromatic wood representing the Madonna of the Rosary, and valuable paintings. The *Chiesa Madre di San Nicolò e S.S. Salvatore*, which is the main church, was erected in 1721 after 1693's earthquake. It features amazing decorations and stuccos and is dedicated to the Saints Nicolò and Salvatore.

The City Museum, which is located via Porta della Terra (near the castle), has archeological findings, sculptures and paintings. Admission is free.

Before you leave, don't forget that the festival has also a plethora of typical pastries. The *Cassatiddina* is the most famous and ancient among the traditional Militello pastries. In the past, the nuns of the St. Agata convent made these tasty sweets. When the convent closed down, *Salvatrice Carrera*, a novice, continued preparing them and handed down the secrets of the recipe to her relatives. The *Cassatiddina* is also named *dolce della zia monaca*, which in Italian means: "the cake made by the aunt who was a nun." *Cassatiddina* is made with chocolate, cinnamon, almonds and jam. Don't forget to taste the scrumptious *N'zuddi* that are cookies made with almond and honey.

### How to get there

Militello can be reached by taking either the Scordia or the Palagonia exit on the Catania-Gela roadway.

For more info and detailed schedule call Militello City Hall at 095-7941240 or and Tourist Office at 095/655155. You can also check the website: [www.militello.info](http://www.militello.info).

# SCHOOL NEWS

## Stephen Decatur School new teacher profiles



**Amy Driscoll**

Driscoll is new to the DoDEA school system and moved to Sigonella from Portland, Ore. Driscoll teaches sixth grade physical education and health at the Stephen Decatur Middle School. Her first impression of Sicily: "I absolutely love Sicily. The people are so warm and generous. The weather is wonderful, quite a change from rainy Ore. I love the language and great food."



**Kathy Campbell**

Campbell is new to the DoDEA school system and moved to Sigonella from Beaufort, S.C. Campbell teaches Pathways to Careers and Family and Child Development to middle school students and Schools to Careers and is the Career Practicum Coordinator to the high school students. Her first impression of Sicily: "It's very brown in August, very different from the semi-tropical climate of Beaufort County. The transition to a new culture has been made easier by the Sicilian people and their warmth."



**Michael Hart**

Hart is a 23-year veteran to the DoDEA school system. Hart is the school Psychologist for the Stephen Decatur School System. His first impression of Sicily: "Love it!"



**Elise Price**

Price is a 16-year veteran with the DoDEA school system and moved to Sigonella from Okinawa, Japan. Price teaches Reading Recovery to the first grade and Comp. Ed. Math to the fourth and fifth grades Stephen Decatur Elementary School. Her first impression of Sicily: "Friendly people, wonderful food, interesting places to visit."

## MWR Mark Your Calendar

### Autumn Fest and Halloween are here!

**Friday, Oct 29; 3 pm - Midnight**  
**Saturday, Oct 30; Noon - Midnight**  
**NAS I Community Center Parking Area**  
 Celebrate with carnival rides, delicious food, game booths, a craft bazaar, Truck or Treat and costume contests for adults and children. Enjoy great music with a live DJ and local bands. Don't forget your costume.  
**SAC Frankenstein Friday, Oct 29; 3:30 - 4:30 pm.** It's alive! Have your face painted like Frankenstein.  
**Preteens Halloween Costume Party Friday, Oct 29; 3:30 - 4:30 pm; 205 Youth Center.** Show off your cool costume and enjoy Halloween snacks and candies!  
**Sigonella Fright Factor Friday, Oct 29; 4 pm.** Test your will and stomach for big prizes! Sign up your 2-person team at any Autumn Fest meeting or the stage on event day. T-shirts for all participants and prizes for top team. No registration fee. Call Sandy at X4301 FMI.  
**Trunk or Treat Friday, Oct 29; 6 - 8 pm.** Bring your favorite treat to give out from the trunk of your car. Sign up at the 205 Youth Center by Friday, October 15, 2004.  
**Crater Pub Halloween Toga Party Friday, Oct 29; 8 pm - 1 am.** Come dressed as a Gladiator, Centurion, or Senator! Enjoy a free Roman feast and drink specials! Prizes for best toga.  
**Autumn Fest Fitness, Saturday, Oct 30.** Pit your strength against the fittest in Sig! Compete in the bench press (5 pm) and arm wrestling (6 pm) competitions. Prizes awarded for most weight lifted and top three finishers in each division.  
**Preteens Mineo Halloween Dance**  
 Friday, Oct 22; 6 - 10 pm.

**Teens Halloween Dance & Costume Contest**  
 Friday, Oct 22; 7 - 11 pm NAS I Teen Center.  
 Permission slips and entrance fee due  
 Wednesday, October 20. \$2

**Racquetball Challenge**  
*Play starts Wednesday, Oct 20; NAS I Gym*  
 Heat up the evening with fun, lightening-paced matches! Sign up at either Fitness Center by Wednesday, October 13. Awards will be given to the top three finishers in each division. Men's and Women's Singles Categories A, B & C Leagues Open Doubles.

**Photo Safari**  
**Meetings.** Thursdays, Oct 21 & 28; 4:30 pm  
 Old Teen Center behind NAS I Gym  
**Trip.** Bivere & Maulazzo Lakes; Saturday, Oct 23; \$35, transportation included. Sign up by Thursday, October 21.  
**12-Week Photography Course.** Learn the art of photography with this extensive course. Classes will be held on NAS I. FMI and to sign up call ITT at X4396

**Info/Tickets/Tours**  
**Shoe Fair** Thursday, Oct 28 or Friday, Oct 29; \$10, or 2 for \$14.  
**Agrigento & Wine Tasting at Le Botti di Antistene** Saturday, Oct 30; \$28 + •15 for wine tasting and light lunch.  
**Taormina City & Ottobratta in Zafferana**  
 Sunday, Oct 31; \$18 + euro for lunch and fees.

**MWR is looking for:**  
**Bartenders at the Clubs: Flex positions; pay \$7.90 per hour.**  
**Concessionaires and cashiers at NAS I Theater: Flex positions; pay \$7.00 per hour.**  
**Stop by the Library on NAS I or MWR Admin Building on NAS II to apply.**

**Adventures Unlimited:** Marzamemi Fishing Trip - Oct 16; \$75, includes a seafood lunch.

## Fall Weekend Packages

Destinations: London, Paris, Amsterdam, Vienna and more starting at 370 euro (based on 2 travelers). Includes roundtrip flight from Catania to your favorite European city, 2 nights in a 2/3 star hotel (centrally situated) with breakfast. Stop by Leisure Travel for complete list of cities and prices.

## Movie Schedule

**Oct. 8 through Oct. 14**

Movie Hotline X4242 Theater X4216  
*Due to the mail situation, some movie(s) may not be playing on their scheduled dates.*

**Friday, October 8**  
 3 pm Thunderbirds (PG) 95 min  
 6 pm Without a Paddle (PG13) 99 min-SP  
 8:30 pm Ladder 49 (PG13) 115 min-SP  
 11 pm Exorcist: The Beginning (R) 114 min-SP

**Saturday, October 9**  
 1 pm Princess Diaries 2: The Royal Engagement (G) 113 min  
 3 pm The Village (PG13) 108 min  
 6 pm Little Black Book (PG13) 107 min  
 8:30 pm Open Water (R) 79 min-SP  
 11 pm Alien VS Predator (PG13) 101 min

**Sunday, October 10**  
 1 pm Sky Captain and the World of Tomorrow (PG) 107 min  
 3:30 pm Ladder 49 (PG13) 115 min  
 6 pm Exorcist: The Beginning (R) 114 min

**Monday, October 11**  
 1 pm Thunderbirds (PG) 95 min-LS  
 3:30 pm Without a Paddle (PG13) 99 min  
 6 pm Open Water (R) 79 min

**Tuesday, October 12**  
**THEATER IS CLOSED ON TUESDAYS**

**Wednesday, October 13**  
 3 pm Princess Diaries 2: The Royal Engagement (G) 113 min  
 6 pm Ladder 49 (PG13) 115 min  
 9 pm Exorcist: The Beginning (R) 114 min

**Thursday, October 14**  
 6 pm Sky Captain and the World of Tomorrow (PG) 107 min  
 8:30 pm Little Black Book (PG13) 107 min  
*Note: Concession closes 30 min after last movie begins.*  
**Halloween Party - Saturday, October 30.** Free candy for all movie patrons. Prizes for best costumes (free movie passes, DVDs, and more)! Come ready for a spooky night.



**DN Beverly Sage, formerly of the NAS Sigonella Dental Clinic on NAS I, was selected as the first "Blue to Green" participant in the European theater. Sage was enlisted into the Army in Heidelberg, Germany, on Oct. 5.**

**Blue to green from page 1**

number one question was, 'I am a dental technician and I know about the program. I want to stay a dental technician is that possible?' He said 'no problem.' You will come here as a dental specialist."

Sage also didn't want to leave the armed services and this program will allow her to continue her career. "I'm not ready to get out of the military because my plan is to maintain it as a career," Sage said. "I love the military. I just like their style and their ways. It's time to be a soldier." Sage added that she would have

Before leaving for Germany, Sage was "jumping out of her seat" excited to get going, but she will be missed. "I think the saddest part is actually seeing her leave," said DT2 Michelle Nelson. "She makes a lot of people laugh. She works well with her doctor. She's a great person."

continued on with any service, be it Navy, Air Force, Marines, Coast Guard or Army.

After Sage is enlisted into the Army, she will go through the WTC. "It's four weeks long and basically it entails them transitioning into the Army as far as the physical fitness test, weapons qualifications and familiarization with army regulations, how to wear the Army uniform ... the basic stuff done in a condensed course," Curtis said. The WTC is held in Fort Knox, Ky.

"She's a squared away Sailor and advancement just didn't work out for her," said HMI Jason Rogers, Naval Hospital Sigonella command career counselor. "She's lost the Navy at this point. So are we as a nation going to say 'best of luck to you, hope things work out for you' or are we going to keep her and use her assets in another arena. We're all basically one big team here."

Since Sage is the first in Europe to make the transition, there will be some growing pains as more Airmen and Sailors take advantage of the program. "[We're] using her as a guinea pig," said Rogers. "Once we get her through the pipeline and get her done, I've got at least one more, maybe two, waiting in the wings."

Curtis stressed that those wanting to go "Blue to Green" will have a smooth transition. "There's not going to be a break in service whatsoever," Curtis said. "That's the biggest benefit of the program. It allows the Sailors or the Airmen to transition smoothly into the Army with no break in service while maintaining all benefits, plus receiving a few extras. They're going to be doing the same job just wearing a different uniform." Curtis added some servicemembers, depending on the job they do, could be entitled to enlistment bonuses and some will have the opportunity to pick what Army base they go to.



**Anderson from page 3**

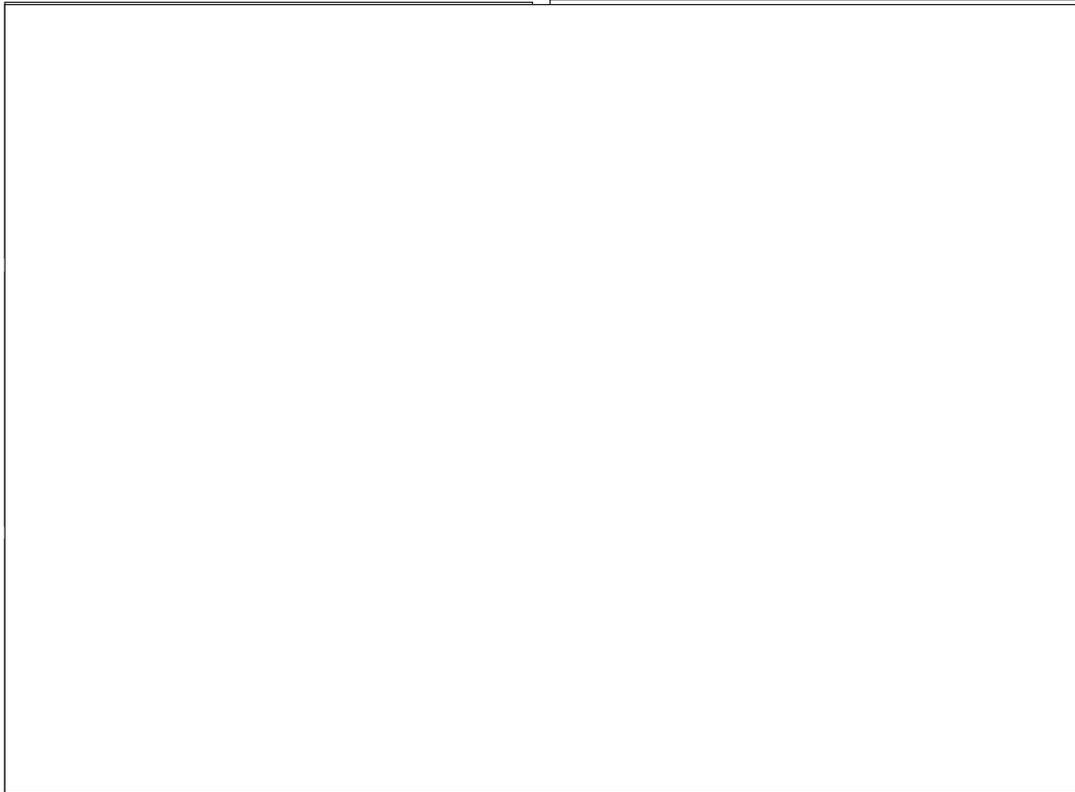
Reagan's Executive Officer, Capt. Andr s Brugal, greeted Anderson on the quarterdeck. He also escorted her up to the flight deck to meet the crew. Sailors crowded around Anderson's table to get autographs for themselves, and for their family members and friends.

"I got a picture for my brother," said Information Technology Specialist 3rd class Jessica Munoz, of Combat Systems Department. "He's stationed over in Iraq right

now, and I think he'll really like the picture."

Many Sailors were surprised that Pamela Anderson would come on board," said Dixon. "It's awesome for the command to have big-name celebrities coming to see the ship and its crew."

Sailors enjoyed and appreciated Anderson's visit, as well. "I think it's great that Pamela took time out of her busy day to come see our ship," said Munoz. "It was a morale boost for the whole crew."





# SPORTS

## Navy boots AF out of trophy bid

By Tech. Sgt. James A. Rush,  
U.S. Air Force Academy Public Affairs

**U.S. AIR FORCE ACADEMY, Colo. (AFP)** — Air Force Academy's chances to regain the Commander-in-Chief's Trophy got booted by the "worst kicker in college football" Sept. 30 when a Navy field goal handed the Falcons a 24-21 loss here.

During the game, ESPN commentators referred to Midshipman place-kicker Geoff Blumenfeld's 0-4 track record on three-pointers this year, but Blumenfeld had the last word, however, when he booted a 30-yard shot with four seconds left to give Navy the win.

Air Force gave Blumenfeld lots of time to think about the play, twice calling timeout just as he lined up to kick. But the tactic failed, and the senior split the uprights, leaped over an Air Force defender and pumped his fist as he ran toward the sideline.

Both teams are known for their rushing attacks which rank among the nation's best each year. Despite this, the game came down to key passing plays by the Falcons' Shaun Carney and Navy's Aaron Polanco.

Carney, after being replaced by backup Adam Fitch in the third quarter, came back to engineer a game-tying drive on three passes. The freshman signal caller split two defenders to find J.P. Waller on a 38-yard pass and followed with a 10-yarder to Alec Messerall. Now at the Navy 19, Carney hit Darnell Stephens for a touchdown on the next play. The quarterback tied the game at 14 running in for the two-point conversion with 7 minutes, 50 seconds left in the fourth quarter.

Although Air Force's defense struggled in the first half, it had solved the problem of stopping Navy's rushing attack. The Falcons allowed only 22 yards and no first downs through about 25 minutes of the second half.

Facing third down deep in Falcon territory, Navy turned to Polanco's arm for the help. The senior stepped back to pass, rolled to his right to escape the Air Force rush and threw a 66-yard strike to Marco Nelson. Soon after, fullback Kyle Eckel breached the end zone on a 3-yard touchdown run giving Navy a 21-14 lead at the 4:15



Navy kicker Geoff Blumenfeld gives Air Force the boot kicking a field goal with four seconds left in the game Sept. 30. The three-pointer gave the Midshipmen a 24-21 win over Air Force.

point.

Air Force's response was swift. Led again by Carney's passing, the Falcons tied the game on his 12-yard pass to Waller, followed by a point-after kick with 2:21 left. Waller (102) and Messerall (103) each finished the game with more than 100 yards receiving.

Polanco gave the Midshipmen a 14-6 lead after two quarters. The quarterback attacked with both arm and legs notching a 13-yard touchdown pass and an 18-yard scoring run.

Air Force kicker Mike Greenway was good for two

short field goals early in the game. Both opportunities came after Navy stopped Falcon drives deep into the red zone.

The victory eliminates Air Force from CINC Trophy competition. Even with an Air Force win over Army, coupled with a Navy loss to West Point, Navy would keep the trophy.

Navy (5-0) looks to win the trophy outright by beating Army on Dec. 4.

Air Force (2-3) is mired in its worst start since 1994 when it began 0-3.

## The Lane

### 3-on-3 Tourney

Test your offense and defense on the court. The tournament takes place on Nov. 20 from 10 a.m. to 4 p.m. at the NAS I Gym. Awards to be given to top three finishers. A maximum of four players are allowed on each team. Sign up by Nov. 8 at either Fitness Center.

### Thanksgiving Swim-it-Off

Takes place Nov. 29 at the NAS II Swimming Pool. Swim off your turkey and the rest of your Thanksgiving dinner. Prizes for most laps in one hour. Call 624-5335 for more information.

### Raquetball Challenge

Play starts Oct. 18 at 11 a.m. and 11:45 a.m. Sign up at either Fitness Center by Oct. 13. Heat up your game with fun. Awards will be given to the top three finishers in each league. Call 624-5238 for more information.

### Signonella Fright Factor

Oct. 29 at 4 p.m. at Autumn Fest. Test your will and stomach for big prizes. Sign up your two-person team at either the Autumn Fest meeting or the main stage the day of the event. Call 624-4301 for more information.



# Kansas City Chiefs cheerleaders visit Sigonella

Story and photos by  
JO2 Steve Weaver  
Staff Writer



Members of the National Football League (NFL) Kansas City Chiefs cheerleaders pose for a photo with Marine Cpl. Andy Almaguer of VMGR 352 while Cpl. Daniel Farthing of VMGR 352 snaps a photo while the squad participated in a tour of Naval Air Station Sigonella.

For many, the oncoming of fall signifies the oncoming of the great old gridiron game ... football. From the Rams to the Bills to my favorite, the Browns, football is a favorite sport of many here at Naval Air Station Sigonella.

Some members of the Chiefs recently paid a visit to NASSIG No, not those gruff old Navy chiefs, but members of the Kansas City Chiefs cheerleading squad.

Sigonella was the last stop for the ladies on a weeklong Armed Forces Entertainment tour through bases in Italy. On Sept. 27 they arrived in Naples, then went to Gaeta and visited Sailors with the USS La Salle. From there they spread cheer to the air base in Aviano, then visited La Maddalena before ending up at NASSIG.

You may be thinking, "shouldn't they be cheering for the Chiefs instead of coming here?"

"The NFL cheerleaders only cheer at home games," said Chiefs Cheerleader Jackie Schmitz, who is from Nebraska and has been with the Chiefs for three years. "And [last weekend] we had a Monday night football game, but that's away. So we won't miss any games. We definitely would not be able to come if we missed games, we'd get in trouble."

The cheerleaders visited Sailors with NASSIG's Fire Department, cheering on one of the department's trucks as it demonstrated its fire-fighting capabilities. They then cheered on members of Helicopter Combat Support Squadron Four (HC-4), even posing for photos next to a Sea Dragon, an MH-53E Sea Dragon helicopter.

Members of Patrol Squadron Sixteen (VP-16), the "War Eagles," showed the ladies the inside of a P-3 Orion aircraft. Then it was on to Public Works to visit with the hard working Seabees who responded with a "hoorah."

The leaders of the Kansas City cheer were happy to meet and talk with the Sailors. "It is an amazing experience," Schmitz said. "It's great to get to know people who are serving our country and allowing us to have what we have. It's our small way of paying back so we feel really honored. It's just neat to hear everyone's stories."

"It's very good that the cheerleaders came out to boost the morale a



The National Football League (NFL) Kansas City Chiefs cheerleaders watch as a Naval Air Station Sigonella Fire Department fire truck demonstrates its fire fighting capabilities while the squad participated in a tour of Naval Air Station Sigonella.



Above: Annie and Shanna demonstrate their cheerleading capabilities at the Variety Show on Monday night.

Right: A very special guest came out for the Variety Show ... Elvis.



little bit," said AZI (AW) Daniel Rodriguez of VP-16. "Especially with the football season coming out, everyone's kind of looking forward to it ... even though the games come out pretty late at night [here]." One note, Rodriguez is a Miami Dolphins fan. I'm sorry.

With football and cheering aside, the ladies had a mission and a message to bring. "The biggest message we're trying to bring is a piece of home," Schmitz said. "Even though we can't meet every person in the military, we want to let them know that everyone back in the states thinks of them everyday and know matter what [they're] position is toward the war and the conflicts that are going on, we want them to know that we support our military and we have them in our hearts and we are grateful for their sacrifice."

After visiting with the Sailors, those who wanted to see the talented side of the squad went to the stage in front of Jox Sports Bar on Monday night to see a different kind of show. "It's a variety show," Schmitz said. "It's something a little different. People are expecting us to do cheerleading dances and cheer, but we try to do is bring more than just cheerleading to the troops. We do a two-hour show and we have some celebrity appearances ... Tina Turner, Michael Jackson ... some different acting, there's singing and of course dances and tons of audience involvement. It's all for them, we don't want to focus on us."

One popular part of the show was a country music dance segment where guys with cowboy hats, and some without, appeared from the crowd to dance with the ladies.

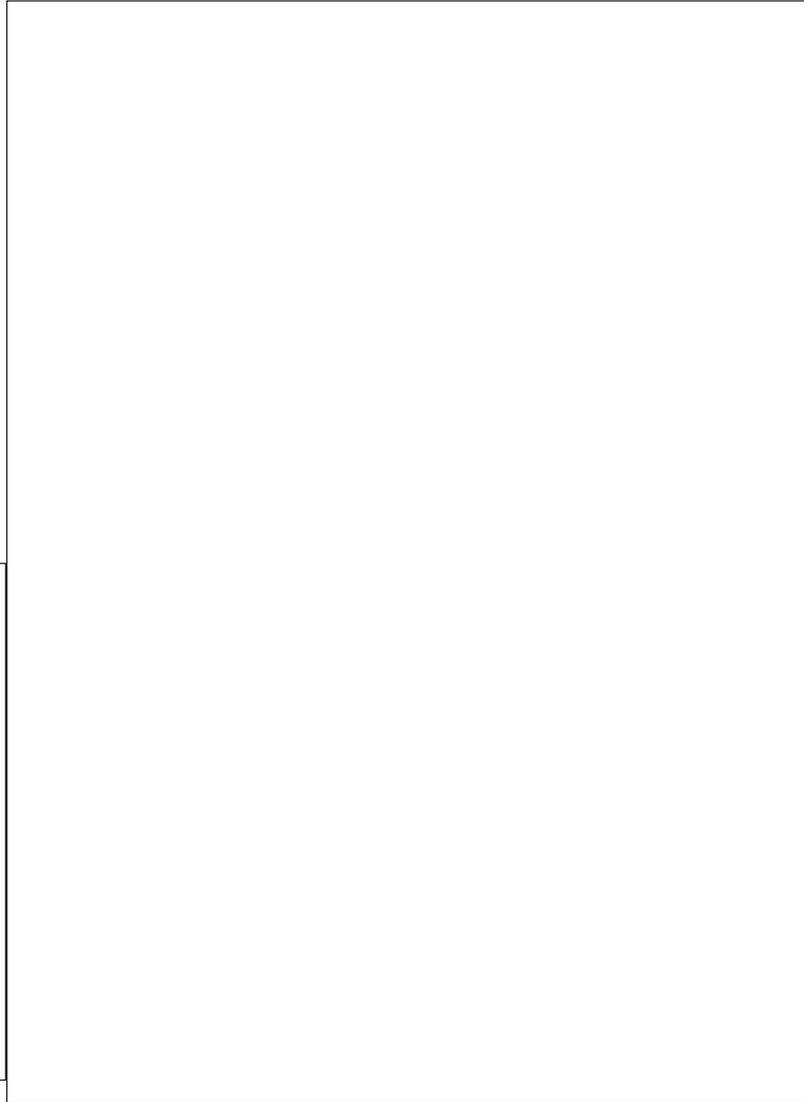
For many of the ladies, this was their first trip overseas. "Sicily is beautiful and it's just been an amazing experience," Schmitz said. "Many of us have never been overseas. I can't think of a better way for my first trip overseas than to be with the military."

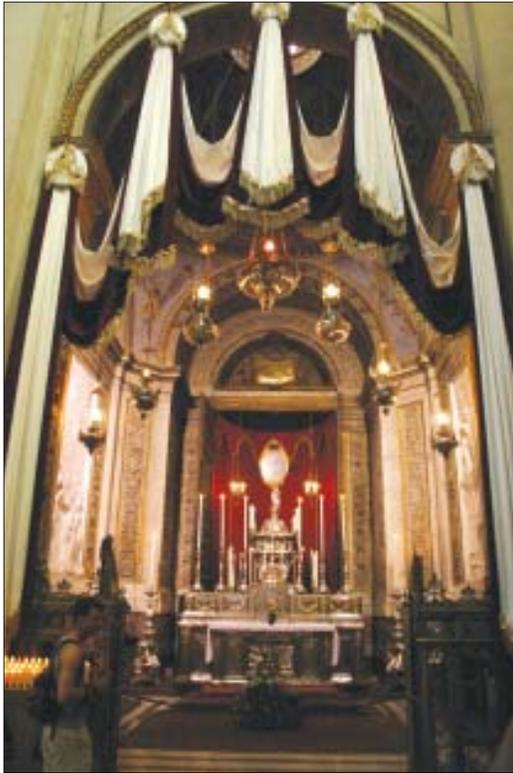


Shanna dances with a Sailor at the 2004 Variety Show put on by the cheerleaders. The squad visited NAS Sigonella as part of a Armed Forces Entertainment tour of bases in Italy.



Laura and Annie of the Kansas City Chief Cheerleaders say, "Oh my gosh!" during their Variety Show on Monday night.





The beautiful view inside of the Palermo Cathedral of the Santa Rosalia shrine.

# I see dead people!

## A trip through Palermo and Mondello Beach

Story and photos by Rachel Morken and Nicole Hamaker

Staff Writers

It was a Saturday, 6:45 a.m. and there was no caffeine in sight. They started to drive up one by one, bleary-eyed, half-asleep, but filled with excitement all the same. What was it that could bring this group of 40 people together at such an early hour in the NEX parking lot on NAS? Well of course, it could be nothing other than another fun-packed day tour offered by Sigonella's own Information, Tours and Travel (ITT).

As expected, the bus arrived right on time, and the excitement and anticipation in the group was becoming more and more apparent as everyone prepared to board. But to our dismay, the passengers that were already onboard began to disembark. What was happening? We soon learned that the bus had some maintenance issues and we would be waiting for a new one. We were afraid that there would be quite a delay but in two shakes of a geep's tail, a new bus arrived from Motta with Alfio behind the wheel and our journey began with Alfina Rapisarda, our tour guide, riding shotgun.

After one cappuccino stop and two short hours on the bus, we arrived in Palermo where we picked up our local guide, Antonio Melodia, who hopped on board to entertain us with his historical knowledge about the city, along with a few jokes, while we continued to our first destination, Monreale. When we arrived, we had two options to get into the city center: climb ninety-two steps or take a taxi. Perhaps it had something to do with the cappuccino, but our energetic group decided that the stairs were the way to go. We climbed the tree-lined, winding steps that were filled with souvenir vendors and made our way into the city that is known for its majestic church.

As we stood outside looking at the rather plain exterior, we never could have pictured the dazzling, glittering, golden mosaics that were awaiting us inside. The inside of this famous church is adorned with two tons of gold and its mosaics show many different biblical themes. Once inside, we were allowed to sit down and bask in the warm golden glow while our tour guide gave us a rich, detailed history of the church.

The next stop on our exciting tour was the catacombs at the Capuchin Monastery, an experience not for the faint of heart. The catacombs contain over eight thousand corpses, most of which are on display and literally hanging on the walls. Beginning in 1599, the catacombs became the final resting place for the Capuccini monks. The monks used a unique process to preserve the bodies that involved at least eight months of drying. Although the catacombs were originally intended only for the monks, wealthy citizens who could pay the enormous cost were eventually able to have themselves put to rest in their finest attire. The catacombs are also the home of little Rosalia who is fondly referred to as 'Sleeping Beauty' by the townspeople. She died in the year 1920 at the tender age of two and was preserved using a special method, allowing her to look like she is eternally napping. This was done so that her father, an Italian General who was away when she died, could see his beloved daughter one last time after returning from deployment.

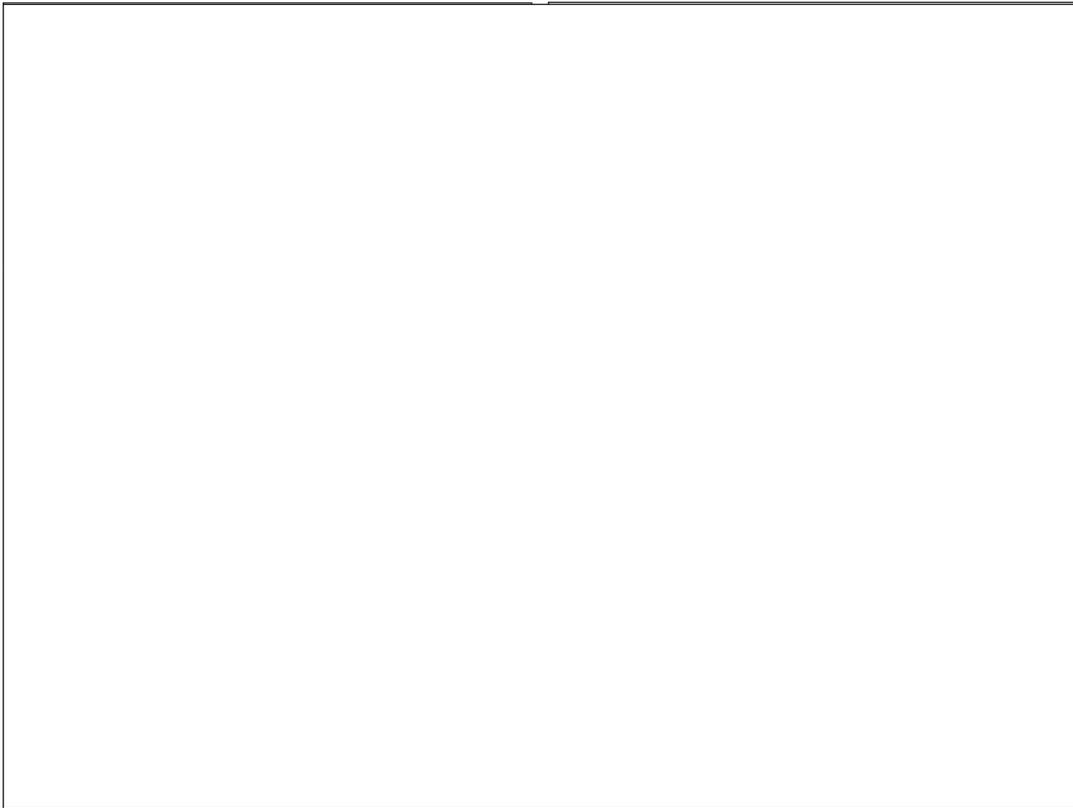
Our third stop was Palermo's spectacular grand Cathedral. The outside of this massive church was much more impressive than the church in Monreale but the interior, although filled with beautiful art, could not quite compare to the golden mosaics. The Cathedral is important because it houses the Royal and Imperial tombs and also the remains of Santa Rosalia, the patron saint of Palermo.

The final stop on our tour de Palermo was Mondello beach, a district of Palermo on the Western side of Mount Pellegrino. The catacombs had made us hungry, so first we stopped for food. The beachfront street was lined with a plethora of enticing restaurants and it was hard to choose between them. We were impressed when we witnessed a server quickly dice up some baby octopus for the men in Speedos, waiting at the bar, and decided that is where we had to eat! There was no menu and we had a choice of seafood or seafood, so we chose seafood. It was delicious! After we got our fill of mussels we took a walk along the beach, where we found some Italians getting jiggy with it - line dance style. Dude, it was like the most totally radical '80's beach party, ever! We were having a wonderful time watching the scantily clad Italians reenact dirty dancing when we realized it was time to get on the bus and head back for Sigonella.





Above: A local restaurant worker cuts fresh baby octopus for eager customers.  
Above right: Mondello Beach is rocking and rolling as locals participate in a beach party.  
Right: The Palermo Cathedral is one of the most recognizable landmarks in the capital of Sicily.  
Far right: An example of the beautiful golden mosaics inside the Monreale Cathedral.





# Hispanic Heritage Month

By JOSN Talley Reeve

To honor the role of Hispanics in the military, and to revel in their diversity, the dates between Sept. 15 and Oct. 15 are set aside as Hispanic Heritage Month. The dates are historically famous because it celebrates the independence of several Latin American countries including: Mexico, Costa Rica, El Salvador, Honduras, Nicaragua, and Chile. To observe these historic days Navy commands across the European theater are again marking their calendars with events celebrating their culture and history.

The Navy Bureau of Personnel said, "Hispanics have played an effective role in today's Navy, and we capitalize on the strength of our diversity. They have enjoyed a rich military heritage in the defense of this nation, and we are proud to say that today's force continues to follow in the historic footsteps of their ancestors."

Draftsman 2nd Class Leonardo Carrillo, a proud Hispanic American stationed with Commander Naval Forces Europe said, "It's a time for us to show our culture. I've noticed a lot of people have questions about where our native clothes, foods and music originate. It's a great chance for people to be educated about our history and grow a little more."

Local U.S. Navy commands in Italy have planned a few events for everyone to enjoy.

Naval Support Activity Gaeta is celebrating Hispanic Heritage month by hosting a nighttime festival at the Flamingo Hotel, complete with food-tasting, dancing and plenty of fun Oct. 8. For more information contact NSA Gaeta at DSN: 627-7677 and COMM: 39-0771-709-620.

Naval Air Station Sigonella continues its events with food and musical performances. On Oct. 8 and 15, special luncheons will be held, and people are encouraged to bring their own favorite Hispanic dishes to share with everyone. NAS Sigonella can be reached at DSN 624-5440/2498/ COMM: 39-045-86-5440.

The Capodichino Library in Naples is holding a Hispanic Heritage quiz and prizes are available to winners. During the month the library has displays and reading lists of famous and influential Hispanic authors.

If in other areas contact your base public affairs office and ask about events that are taking place in the future.

Naples:

The Capodichino Library is featuring a booklist of Hispanic authors and is offering prizes for quizzes about Hispanic heritage and history. Plus the library is offering prizes to participants, and winners, in their quiz games.

Gaeta:

Oct. 08, 7:30 p.m. -Flamingo Hotel: Food tasting, dancing, and plenty of fun

NAS Sigonella:

Oct. 08, 11:00 a.m. - 1:00 p.m. -Luncheon

Oct. 15, 6:30 p.m. -Fashion Show, essay contest and potluck meal

NAS Rota:

Oct. 01, 11:00 a.m. - 1:00 p.m. -Hispanic-Heritage Lunch

Oct. 02, 7:30 p.m. -The Rota hospital Booster Club is hosting a Latin salsa night at Reflections restaurant.

For the entire Hispanic-Heritage month period the Rota library is featuring books by Hispanic authors.

Souda Bay:

Oct. 01, 11:00 a.m. - 1:00 p.m. -A special Hispanic luncheon will be presented in the base galley.

London:

Oct. 01, 11:00 a.m. - 1:00 p.m. -Fajitas and beans Luncheon

**You Drink,  
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# Harvesting the grapes, making the wine

By Maureen McClain

Fall is coming, and you know what that means. It is time to start clipping and pressing the grapes of Sicily's abundant vineyards.

On Saturday, Sept. 18, NAS Sigonella's ITT sponsored a trip to the Barone Bonajuto Vineyard where the tour group participated in cutting the grapes and observing the old-fashioned methods of pressing before enjoying a Sicilian-style barbecue with wine, coffee and "dolce."

Three generations of barons were present and the middle generation baron, Salvatore Bonajuto, and his wife, Marina, are now the dominant figures of the household along with their son Antonio. Salvatore is a landscape architect and an agronomist, a scientist of soils and plants. He descends from an ancient Spanish family who arrived in Sicily in the 1300s "in retinue of Queen Blanche of Navarre," according to the website for the family business, a bed and breakfast nearby (see address at end of story).

The family lives and works at the estate with the bed and breakfast, Azienda Trinita where there is a sizeable vineyard that the bulk of the wine harvest comes from. The estate where we clipped the grapes and ate lunch was the Bonajuto family's smaller vineyard and unoccupied villa. It was here that officers of the Italian Military took shelter during the bombings of World War II.

Scattered around the property we were visiting, WWII bunkers that once held young soldiers who put their faith in these structures to save their lives, now stand dilapidated from the passing of time with only spiders and their webs claiming residence. But the memories still stand for the oldest baron, also named Antonio, who was in his mid-twenties during the war.

Upon arrival, Nobleman Salvatore gave us a tour of the "typical Sicilian" villa. The first room we walked through had a vaulted ceiling and old wooden casks that once held the fermenting wine were still lined up from years past. The leather sacks that were used to move the must, the grape juice before it is fermented into wine, from the fermentation room, "palmento," to the chestnut barrels still hang from the ceiling.

The next room's white walls bear the writings of 100-year-old bookkeeping that was kept when the villa was in the olive oil business during the late 1800s and early 1900s. Further down into the house was the kitchen, which has been renovated throughout the years to cater to the needs of the estate at that time. In addition to the present vineyard and the bomb shelters and olive tree orchard leftover from the past, the citrus industry is also part of the estate's history. To this day, there are rows of bright green citrus trees encompassing the remarkable villa.

After the tour of the estate, we were put to work. With knives, we cut through the stiff mesh wrapped around the grapes protecting them from birds and then cut the grapes from the vine. Afterward, we collected them into buckets to bring to another villa

for the pressing. It made many of us realize that grape cutting can be a laborious process and it gave us a newfound respect for those who cut grapes from acres and acres of vines every year.

The vineyard we were cutting from was quite small in comparison and with about two dozen people working together, it didn't take long to cut all of the grapes. A few of us, with encouragement from one of the villa's employees, tried one or two of our freshly picked grapes. I was rather surprised at how wonderful these grapes, which almost looked like blueberries, tasted because I've heard that those used for wine usually aren't palatable. These were delectable. This whetted our palates for what was next to come.

Before we left the villa to go to the property where the pressing would take place, the family provided us with a picnic lunch of grilled Sicilian sausages, tomatoes, bread, marinated peppers and wine from the family's personal stock. Also having prickly pear-bearing cacti on their property, one of the employees showed us how to peel and cut them and most everyone was brave enough to try this notoriously prickly fruit. Once you get past the seeds, the fruit is rich in color and the flavor is really quite good.

After lunch they served coffee and cookies while we drank in the beautiful scenery of vineyards and orchards stretching out before us. The villa's large, tiled-covered patio was the perfect place for such a meal.

Salvatore told us that all of the grapes on this estate are nero d'avola, which makes a full-bodied red wine, but the family also sells a rosato and a white. He began bottling his D.O.C. "Etna Rosso" in 2000, he informed us, and he uses all nerello mascalese grapes. The wine is dedicated to his son, Antonio, the youngest generation of barons and his picture is found on the bottle's label underneath the title, "Barone Antonio."

On full stomachs and with bottles of newly purchased wine in hand, we headed to our last stop of the day. Just a few minutes up the road, we came to another Bonajuto family-owned villa to learn about the pressing process. Because the day's harvest was so small, they were able to press the entire yield using an old-fashioned crank system.

The pressing mechanism had two crank wheels into which the grapes and stems were sent through a couple of times until there was a significant amount of juice in the buckets. Salvatore showed us how to mix the water, yeast, and sugar together and then when to add it to the grapes for the fermenting process to begin.

He told us that this phase in the winemaking process would take two to four days until the ever-changing grapes moved to the next phase. Depending on how rushed he will be, Salvatore said that the wine should be ready for bottling by mid-spring.

Other than a grape press, this property is home to citrus trees, chickens and papyrus plants. Before we loaded up the bus to head back, Alfina Parks, the



Photo by JQ2 Steve Weaver

ITT tourgoers get the chance to see wine in the making in the Barone Bonajuto vineyard.

tour guide from ITT, gave us a quick history lesson on the existence of papyrus on the eastern side of Sicily. Unfortunately, the papyrus paper on the island is browner than that of Egypt due to a particular mineral in the water supply here; but it is still usable and it is one more item of cultural interest in this area.

This concluded our tour and as we walked away, Salvatore and his family graciously thanked us for

coming and welcomed us all back to his residence and vineyard, Azienda Trinita farmhouse, for "the big harvest," on Saturday, October 9.

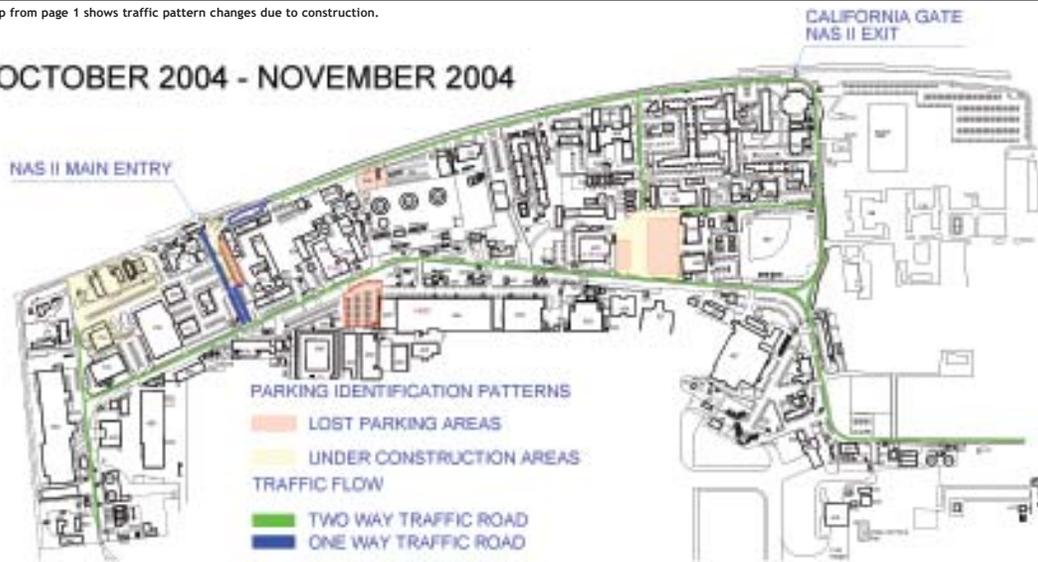
To inquire about the Oct. 9 trip, call the ITT office at 86 4777. Payment for the trip must be received by ITT no later than 5:30 p.m. on Friday, Oct. 8. The first trip received a lot of positive feedback and so this one may fill up fast!



Tourgoers try their hand at picking grapes right out of the vineyard.

Map from page 1 shows traffic pattern changes due to construction.

### OCTOBER 2004 - NOVEMBER 2004





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## Filing a vehicle claim

By **Barbara Perotti Casagrande,**  
**NLSO EURSWA**

The Naval Legal Service Office (NLSO) provides the following information to help U.S. service members and DoD civilians know how and when to file a claim.

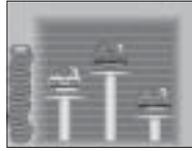
Private vehicles are not covered simply because you are stationed overseas. However, you may file a Personnel Claims Act (PCA) claims for vehicle loss of damage that occurred while your vehicle was being shipped under orders, while located at your authorized quarters, or onboard a military installation. If your car is stolen from your authorized quarters (either in government housing or out on the Italian economy) and NLSO determines that the theft was not due in any part to your own negligence, you may file a claim. NLSO Claims Office will investigate and consider all the surrounding circumstances and decide each case on its own merits.

When NLSO adjudicates your PCA claim for your stolen property, you should keep in mind that there is one important difference between NLSO and private insurance. Private insurance will often pay the full replacement cost of stolen property. PCA pays the fair market value of the missing items.

You may also claim loss if your property is damaged or destroyed due to flood, hurricane, and other exceptional circumstances, except vandalism

which is covered in extremely rare circumstances.

If your car is stolen somewhere other than your authorized quarters or because you were negligent in any way (doors unlocked, windows open, etc.) you are not eligible for payment.



In case of theft from inside your car, you may file a claim if the theft occurred at your authorized quarters on a military installation and is not due to your own negligence. Evidence of forced entry into the vehicle is required before a claim is payable. NLSO Claims will only pay for items that would "normally" be left in a car.

A Military Claims Act (MCA) claims arises out of a traffic accident between a U.S. citizen and a service member or member of the civilian component who at the time of the accident was "within the scope of his/her federal employment". So, if you have an accident with a U.S. Government vehicle while you are driving your vehicle you may file a claim with NLSO Claims.

MCA claims may reimburse a reasonable amount for rental car expenses necessitated by an accident rendering a private vehicle inoperable. Rental car expenses will be awarded only when alternate transportation is not available and in most cases no more than 14 days of rental car will be awarded.

If you need to file a claim or ask questions on claims, please call the NLSO Claims Office at DSN 624-6327 or 5258.

## Navy Ball information

What's held every year and is a Navy tradition? You got it the Navy Birthday Ball. It's not too late to get your tickets for this year's Naval Air Station Sigonella Navy Ball held at the Sheraton in Catania. The guest speaker this year is astronaut Gregory Johnson, who is a Captain in the U.S. Naval Reserves. See your command Navy Ball representative.

### Menu

- Welcome cocktail (nut and olives included on the tables)
- Sparkling Wine and Orange Juice
- Aubergine pie on puff pastry
- Handmade pasta rolls filled with ricotta cheese and spinach in a béchamel sauce
- Riso mantecato Calatina
- Baked Beef with curry flavored with vegetables au gratin
- Baked potatoes
- Cake with LOGO
- American Coffee
- Mineral Water
- Sicilian Red Wine, Sparking Wine for speech
- \*\*\*Vegetarian dishes available upon request\*\*\*

### Childcare

The NAS 1 Child Development Center will provide childcare for children ages 6 weeks up to ten years for the Navy Ball on Saturday, 16 October 2004 from 1600-2400. Cost for these childcare services will be \$2.75 per hour per child. RESERVATIONS FOR NAVY BALL CHILDCARE ARE REQUIRED BY 13 OCTOBER 2004. **PROOF OF NAVY BALL ATTENDANCE (by presenting your Navy Ball ticket) WILL BE REQUIRED TO SECURE CHILDCARE RESERVATIONS AND PRIOR TO LEAVING CHILDREN THE NIGHT OF THE EVENT.** For more information please call the CDC at 624-3736.

## Naval Legal Services Office eager to help you

By **JO2 Jennifer Franco**  
*Staff Writer*

From time to time, Sailors and their dependents may find a need for legal assistance. For legal matters ranging from general legal advice to pre-trial agreements, the Naval Air Station Sigonella (NASSIG) Naval Legal Services Office (NLSO) can help.

NLSO "assists Sailors and Sailor's families with personal legal problems," Lt. Cmdr. David Berger said. There are no costs to service members or their dependents for these services and in some cases walk-in appointments are available. "It's best to call for an appointment if someone wants to see an attorney," Berger said. "Walk-in's are typically reserved for [services such as] power of attorney."

Services offered by NLSO include affidavits, claims, wills, divorces, passports, and naturalization applications. The office can also provide referrals to other legal resources such as English-speaking Italian lawyers and attorneys at the Trial Service Office. Attorneys at NLSO can also assist with educating Sailors on how to best utilize their chain-of-command. "Sometimes it just takes someone not involved [within the chain-of-command] to explain how the military works," Berger said.

The NLSO is committed to providing the best free legal assistance available to Sailors and their dependents. "The most important service we offer is providing licensed attorney's, standing by ready to help," said Berger.

If you require the services of a licensed attorney, please feel free to contact the NLSO at 624-5258.

**Have a safe Columbus Day weekend!**  
**From your friends at the Signature.**



*The Signature*  
**Anyone interested in sending ads via email should leave a phone number and point of contact name at sigsignature@yahoo.com. Ads run for two weeks and are run on a space available basis and ~~must~~ be sponsored by active duty military members, family members or Italian National/American base employees.**  
**Ads must be 40 words or less.**  
**The Signature no longer accepts ads that bring profit to a business or individual, such as maid, babysitting services or home rentals. If someone would like these types of services in The Signature they can call Jerry Boritzki @ 095-307-412 to pay for an advertisement.**

**Paid Ads**

**1973 Fiat 500.** Red color, great condition. Asking Euro 2,000. Call 338-7675206 or 095-7130141.

Wanting to take a vacation but you have no place to leave your pet? Book your Pet-Sitter today. Call 347-7911051.

1 APT in detached villa, located in Arcile. An exclusive private village near Brucoli. Ideal for singles or couples. 2BDR with AC-Sat-TV Patiso - garden. American couple living in the same villa. Land-lord fluent in English. Price set by the housing office. Call 335-402208 or 348-3958228.

Aci area, outstanding villas, great view of sea and Etna, three floors, garage, yard/terrace. Call 392-5027045.

**Automotive**

**2001 Harley Wide Glide** for sale. Kept in perfect shape, must see. Comes with a lot of spare parts. Asking \$14,000. Call or leave a message. Daniel 328-8464723.

**1991 Ford Escort** station wagon in good condition. Power windows, sunroof, AM/FM radio, roof-rack, new

battery. Had only one previous owner, car was AFI plated in June. PCSing in Oct. NEED TO SELL ASAP!! Asking for \$1,700 O.B.O. For more information call 340-1099266 or 333-6088823 or work 624-2239/5261.

2001 Suzuki Marauder, US SPEC, only 4,900 miles, windshield, saddlebags, sissy bar, custom Cobra exhaust, passenger seat, lotsa chrome, cover, looks/sounds like HD, perfect condition, Asking \$4250 will negotiate. MUST SELL! Call Wk: x3960 Hm x1283 (before 9 p.m. M-F) or Cell: 333-4231015.

**1990 BMW 316i**, excellent condition and reliable transportation, 5-speed manual transmission, new tires, safety inspected in July 2004. No A/C, no Radio, AFI plates. Available October. Asking \$1,800 Call: 347-6818669 or 624-0288 (night).

**1990 Alfa Romeo American 75** turbo with race package for \$3800 O.B.O. If interested please call Larry on cell 333-501-4491 or x0679.

**1992 Renault Clio**, metallic grey color, 5 doors, electric windows, radio, catalytic converter, inspection passed for 2 years, no a/c. Asking \$2000 O.B.O. Call 339-6385088.

**1994 Alfa Romeo 155**, 1.7 liter, \$1,000 km, black, A/C, alloy wheels, rear spoiler, alarm system, power everything, great running car. Must see! Asking \$3900. Call 340-6003960.

**1994 Lancia Dedra** Station Wagon, winter green, clean and well cared for. Safety inspected in August. Brand new tires and muffler. Runs strong and is very reliable. Roof rack and quality CD/radio. Asking \$3,000 negotiable. Call Chuck at x9201.

**1992 Alfa Romeo T-Spark**, black, 4-door, 5-speed, 1.8 liter, 184,000 km, power steering, power locks & windows w/ tinting, alarm, AM/FM/CD, cover plates. Good condition and reliable. Asking \$2,000 or best offer. Call Scott at 624-9284 (wk) or 340-9016043 (cell).

**1993 Ford Aerostar** Van. Seats 7. Automatic, runs good, looks OK. Safety inspection good. Asking \$1,700 O.B.O. Call Mike x5441 (work), x0346 (home).

**1998 Alfa Romeo 156**. Beautiful white, 1.8 liter Twin Spark, 4-wheel disc brake, auto climate control, CD with 6 speaker system, removable front face, new tires and brakes, only 38,000 miles, power d/l/b/s and windows, very well maintained. Asking \$9,500. Call 340-6742549.

**2001 Alfa Romeo 156**, 1.8 Twin Spark, brand new, 25K miles, full optional, leather interior, wide tires and 16" alloy wheels, A/C, radio W/cd/mp3 player, power windows, etc. Asking Euro 14,000. Please call 347-3384939.

**1989 Mercedes Benz 190**, uses regular gasoline, 2000 cc, 150,000 km, 4 door, power steering, alarm, manual transmission, A/C, power windows, good condition. Asking \$2,000. Call Marco at 338-8907210.

**1995 BMW 525 TDS**, very good condition. Checking out soon, asking \$5000. Call 339-8192710.

**1966 Fiat 500**, new tires, sunroof, maintenance up to date, excellent condition only 1500 km, ask 3,200 Euro. Call Giuseppe 624-6895.

**1995 Chevrolet Lumina**, automatic, cold A/C, new brakes, tires, struts, battery, alternator, AM/FM, 12 CD, extra parts, very good condition, original owner. Asking \$3000. Contact Wayne at x6905 or x1286. Leave message.

**1997 Volvo 850** cc 2000, metallic green, optional: A/C, airbags, laterals, abs, central lock system, alarm. Asking Euro 3500. Call Carmelo at 349-2936727 or email divescily@yahoo.com

**1997 Lancia Delta** 1.8, fuel inj., dark metallic blue, 4 dr, power windows/steering/locks, A/C, leather interior, new tires, stereo, aluminum rims, 42,000 orig. miles. Garage kept. Asking \$3900. Not AFI. Call 340-9808927.

**1995 Fiat Panda**. Red, 89,000 km, 5-speed, 2 door, new muffler, 4 new tires, new front shocks, good reliable car, great for small roads, no air conditioner, call Jose or Isela at 624-1268 or 340-6611626, 339-2215391.

**1995 Honda Steed** (Shadow) motorcycle 400cc. Teal green. Moving must sell 700.00 OBO. Call 624-1264.

**1993 Plymouth Voyager** minivan. Runs great, A/C, radio with tape player. Seats 7, lots of room inside. Hunter green w/ grey interior. Asking \$3,800 O.B.O. Call ATC Stark 333-8936339.

**Ducati 600 Monster V-Twin** 600cc, carbon fiber performance exhaust, jet kit with K&N air filter, new tires. \$2,000. Call Mike at 624-4189 (work) or 335-8304961 (cell).

**1988 Chevy Van**. Great for hauling people and/or furniture. Seats 8+. Rebuilt motor with warranty. Asking \$1600. Daytime 624-5164. After 5pm 095-306145.

**1992 Renault Clio** 1.2cc, great city car, easy to park and maneuver. One owner, 5 door, 5 speed manual, engine in excellent condition, paint and body in good shape, power locks and windows. Asking 1250 euro. Call Margherita at 624-9251 (on base) or 095-869251 (off base), 095-7442567 (evening) or 347-6021230 (cell).

**1989 Mercedes Benz**, black, 4 door, sun roof, runs great, good condition. Asking \$2000 O.B.O. Call Greg x6566 or 339-8845503. Will be ready to sell in December.

**1995 Jeep Cherokee** 4WD, A/C, well maintained, regular maintenance! Asking \$5000. Call 308468 or 340-5370412.

**Pets**

Free to good home black/white female cat 1 1/2 yrs old. Very friendly and loveable, declawed and spayed, needs to be kept inside. Call Jason or Christina 095-7912726 or 333-5735448.

Free to great home. 12, cuddly 1/2 German Rottweiler, 1/2 pit-bull puppies. 6 boys and 6 girls. Parents are available to see how docile these breeds can be. Born Sept. 1 and will be ready in about two weeks. Would like to select homes immediately. Call Cheri 333-7894981.

Free to good home! 12-week-old tan puppy, very cute!



## Send II Mercato advertisements to sigosignature@yahoo.com

Not sure of breed. Very small with big ears. Cannot have pets in current home. Please call 095-308719.

Free to good home: 2 one year old mix breed female dogs. Current shots, have chips and been spayed. Very lovable and playful. Would like to keep them together. Please call Sandra at 340-7613018 or 624-3601.

Two female cats need immediate home. Both indoor kept and spayed. Shots up to date. Will pay for chip. PCSing. Please call 308468 or 340-5370412.

### For Sale

Ashley dining room table with 6 chairs for \$75.00. Light hardwood table border with inlaid white tile (60 in. L x 36 in. W). Chairs are white and natural wood in color. Call 624-2821 or x1207.

Hi-Tech year round motorcycle apparel for sale. Black German made Motoport Challenger AX (100% waterproof/windproof/breathable with Aerotex membrane) riding jacket and pants made from Taslan nylon with removable thermolite lining, body guard dual density armor and Scotchlite reflective piping (jacket never worn). Asking \$200. Call 624-2821 or x1207.

Vanson perforated leather riding jacket (size 44) Black and gray with body armor and Scotchlite reflective piping and patches. Jacket is in immaculate condition. Asking \$200.00. Call 624-2821 or x1207.

Klipsch KSW-12 subwoofer, like new, 200V only, \$150; Little Tikes motorized sports car, like new, \$60; Onkyo Receiver, perfect condition, \$150. Prices negotiable. Please call 624-0338.

Two tall 5-shelf bookcases, like new \$20 each, 2 big wardrobes from Walmart, like new, paid \$100 each will sell for \$50 each. One tall 4 shelf book case \$15. 220 volt american coffee maker \$10. 220 volt toaster brand new \$10. Everything must go by OCT 7th!!! Moving back to the states. Please call 095-7131152 or 340-5432667 or 347-9455179.

4 New Ultralite Aluminum wheels and tires for Mini Cooper. 13x7 deep dish, split rim style, with 4 Yokohama 175/50-13 tires. Lug nuts and center caps included. Wheels and tires are mounted and balanced, ready to install. For more info, contact Todd at x6459 or 333-4046137.

220v dishwasher, \$225, excellent condition, only used 18 mos., orig. paid 400 euro. Accordion fold door \$30 fits 32" x 84.5" opening, dark brown, new, includes framing. 220v Fax machine \$25, used. Call

624-1349 or 338-7315228.

PS2 with 1 controller, USB keyboard, DVD remote, Gameshark, and 11 Games. \$200 Call Jon at 333-6524852 or x0254.

Used Sofa and Love Seat. Black/Gold Stripe pattern fabric. Great starter furniture. Make me an offer. Call Jon at 333-6524852 or x0254.

Graco baby saucer seat, \$12; baby jumper seat (hanging), \$15; stair stepper, hydraulic, \$25; Ab Roller w/video, \$20. Call 347-2419882.

Sony notebook PC: 2.80Ghz Pentium 4 processor, 40GB hard drive, 15" TFT Display, 512MB RAM, 64MB Video Card, CD-RW/DVD Combo Drive. \$1000, will take \$500 now and \$500 next payday. Call 340-9296907.

AFN decoder for sale. Asking \$400. Please call Nancy at 339-5223166.

Beautiful oak and smoke glass dining room table and 6 chairs for sale. Contemporary design. Asking \$600. Please call Nancy at 339-5223166.

PCS Sale. Dresser with mirror, \$40; 220v toaster, \$5; 220v hair dryer, \$5; 220v hair straightener, \$5; 220v power strips (2), \$5 each; Nokia cell phone/charger, \$50; misc. kitchen supplies, \$5; 220v electric sander, \$15; 220v electric drill, \$15. Call Lewis at 339-761-7038.

For sale: men's BDU's, new and used, size medium, half price of new, \$10 used. Also, Air Force Blues and Stripes. Call 335-8314765.

One year old sofa, Kroeher brand, 2 tone color, Paid \$250, sell for \$400. Black entertainment stereo cabinet with 4 shelves \$35, ab workout \$15, thigh workout \$12, step aerobic workout \$5. Call 624-0230 or 340-4951774.

White baby crib with mattress and also twin stroller for sale. Best offer. Call Angelo 328-8328657.

PCS move. AFN decoder for sale, \$400. Call 095-866866.

New roll around air conditioner/heater 220V, \$500; Graco stroller + car seat, \$90; Chicco playpen, \$35; bicycle, \$30; never used Glitter ride-on, \$35; exercise bicycle, \$90; Sony 200 disk CD player, \$90; highchair Fottapedretti, \$80; diaper genie, \$10; Shearling fur ram coat, \$400.00; Pioneer receiver, \$800; Klipsch KLF 30 home speakers, \$800. Call x1353.

Motorola hand held walkie talkies. Great to use on base, housing units, cars, camping, or out an about. Features: Recharge

Batteries. Still in original sealed plastic packaging. Never opened. Many features. Sold in pairs \$70.00 for set. Call 624 3231 cell 335-7739696.

Have one extra large animal kennel used one time to transport a dog via airlines. Asking \$45.00 for it. Please call Maria on cell phone 338-6579093.

Sofa with queen size hide-a-bed for sale, in good condition! Asking \$200. Also, selling a recliner for \$100 in okay condition. Call 624-1277.

Satellite dish for out in town, \$60; dining room table and 4 chairs, southwestern look, beige, \$40; matching sofa & loveseat, \$60; sofa & chair, black vinyl, \$50 for both. Call Isela 624-1268 or 340-6611626.

Queen size mattress for sale, 2 years old. Asking \$100 O.B.O. Call 095-398073 or 339-8322638.

Talbot's size 4 tea-length black short sleeve dress, \$25. May also fit a size 6. Motherhood Maternity size 6 navy blue short sleeve tea-length dress, \$20. Both have been dry-cleaned. Great for the Navy Ball. Ladies shoes: Size 8M black satin, \$10. Size 8-1/2M navy blue pumps, worn once, \$10. Please call Andrea at 624-1489.

Bosch chest freezer. Excellent condition. Asking \$200. Please call Nancy at 339-5223166.

Whirlpool full size refrigerator. One year old. Bought at NEX for \$579. Asking \$400.00 Please call Nancy at 339-5223166.

Computer desk/armoire with Cherry finish \$250. Original price \$550. Sauder room item-2749. Daytime 624-5164. After 5pm 095-306145.

Extra large Italian dog crate/kennel on wheels, \$80. Call x6866

AFN decoder for sale, \$400. Call x6866.

### Wanted

Wanted: Little Tikes outside playgrounds for small back yards in Mimco. Please call Ali or Brent at 624-0645 after 6:30 p.m.

Looking for a second car. Would like automatic, 4 door, used, mid-size U.S. auto, preferably between 1995 and 1998. No station wagon. Call 091-438081.

Wanted: Jeep CJ or YJ, running or not. Or other older 4x4 like a Toyota Landcruiser or Land Rover. Have Cash for the right 4x4. Please call Gregg at 335-8279077.

Wanted: kayaks and patio furniture. Contact Janet at 624-3268.

Looking to buy an ARTH 100 textbook "ART: BRIEF HISTORY" (W/CD ROM) 2ND/04PAP. Please call 624-1277.

Looking for an American housekeeper to come once a week. Friendly, trusting, reliable. I live between NAS I and NAS II. Please call Jamie 340-4659498. Serious inquiries only.

### Yard Sale

BBQ grill, movies, plants, and lots of other stuff. Saturday October 9<sup>th</sup>, 9 a.m. - 1 p.m. 2108 B Mariani Housing.

### Lost and Found

Lost gold loop earring. Very sentimental. If you find it please call 333-2548916 or 339-6243428.

### HRO Ads

**Protocol Officer, GS-0301-09**, Office of the Commanding Officer, Protocol Office, Sigonella. Announcement number SIG04-029103(R). Open Until Filled.

**\* New 2004 Announcement\* Education Aid/ Technician, GS-1702-03/04**, MWR Department, Child Development Center NAS Sigonella. Announcement number SIG04-EDTECH. Open Continuous.

**\* New 2004 Announcement\* Recreation Aid, GS-189-03**, MWR Department, Recreation Services Division, Youth Activities Branch, Various Locations, NAS Sigonella. Announcement number SIG04-RECAID. Open Continuous.

**Supervisory Recreation Specialist, GS-0188-07**, MWR Department, Recreation Division, Sports and Athletics Branch, NAS Sigonella. Announcement number SIG04-028531 (RR). Open Until Filled.

**Lead Recreation Assistant, GS-189-04/05**, MWR Department, Community Activities Branch, Take 5 Recreation Center, Sigonella. Announcement number SIG04-032228 (R ). Open Until Filled.

**Auto Hobby Shop Manager, GS-1101-07**, MWR Department, Recreation Services Division, Auto Skills Clinic Branch, Sigonella. Announcement number SIG04-032261 (R ). Open Until Filled.

**Recreation Assistant, GS-0189-04/05**, MWR Department, Recreation Division, Auto Skills Clinic Br., Sigonella. Announcement number SIG04-032262 (R ). Open Until Filled.

